



**NEWS**  
**Latest Crime Report**  
SEE PAGE 10



**NEWS**  
**Soroptimist donation**  
SEE PAGE 2



**NEWS**  
**Sprouts opening in Cerritos**  
SEE PAGE 4



**HEALTH**  
**Have you heard of TMAO?**  
SEE PAGE 7

## Downey's Dia de los Muertos Festival returns Sunday to Downey Theatre

**DOWNEY** – Thousands of people are expected to attend the fourth annual Downey Dia de los Muertos Art Festival, to be held this Sunday, Oct. 30, from 11 a.m. to 8 p.m. at the Downey Theatre.

The festival opens with a welcome by Downey civic leaders, immediately followed by a performance of Aztec dancers that weave throughout the venue.

The entertainment lineup includes film, ballet folklorico, music (romantica, mariachi, cumbia, latin jazz, mambo and more), urban art, fine art, "make and take" calaveras (sugar skulls) and papel picado (tissue paper cut outs), costume contest, face painting, plus food trucks, shopping, altar displays and more.

Dia de los Muertos, literally "Day of the Dead," is an annual Mexican tradition that honors and celebrates deceased family and friends. A combination of Aztec and Catholic customs, Dia de los Muertos is both festive and solemn.

Common symbols of this tradition are skeletons in outlandish dress and decorated sugar skulls. In cemeteries and in private homes, altars/ofrendas are created for the deceased: photos, favorite foods, pictures of things they liked to do, candles, marigolds.

New at the festival this year is a costume contest with multiple categories and prizes. The judges seek originality, presentation and makeup.

Also new this year is a community stage, the festival's third entertainment location along with the intimate Zocalo Stage, with its live music, and the 738-seat theater, which hosts continuous, professional ballet folklorico performances all day.

Film screenings include the traditional noon showing of "Macario," an Academy Award nominee for best foreign film from the golden age of Mexican cinema. Also showing is "Book of Life," the 2014 imaginative animated and charming Day of the Dead modern day fable. It received a Golden Globe nomination for Best Animated Feature Film.

Also in the theatre, in the main lobby, are displays of decorative altars, made by ASPIRE students. ASPIRE is an afterschool enrichment program funded by a state grant and administered by the City of Downey and Downey Unified School District.

The balcony lobby's fine art exhibit includes painting, collage, and mixed media coordinated by Carolina Del Toro of the Downey Arts Coalition.

A new sculpture by Martin Sanchez, created specifically for Downey, and a parade of 10

catrinas, six foot tall gaily dressed paper mache skeletons, are the highlights of "Urban Art Alley." The popular trunk altars" are also returning.

For the fourth year, Aurora Chavez, a papel picado master artisan, who studied with the famed L.A. native and grande dame of Mexican folk art, Olga Furginson, will demonstrate traditional, hand cut tissue paper; nearby sisters Helen Nieto, Barbara Valenzuela-Almaraz and Frances Valenzuela will oversee the calaveras decorations. These women worked closely with Angela Villalba, the doyenne of the American calaveras industry.

Grounds entertainment include face painters, a community mural, balloon artist, and other surprises.

Food trucks offer a wide variety of cuisine, from Argentinian to Mexican to American waffles and pizza with nearby tables with umbrellas for picnicking.

There's a shopping corridor with over 30 vendors selling Dia de los Muertos themed merchandise, and a "commercial zone" with a dozen small, local businesses presenting their wares.

The festival is a presentation of the City of Downey and the Downey Theatre.

### DIA DE LOS MUERTOS ENTERTAINMENT SCHEDULE

#### MAIN STAGE

- 11 a.m.: Grupo Folklorico Mexcaltitan
- 11:30: Tradicion Dance Company
- 12: Grandeza Mexicana
- 12:30: Resurreccion Mexican Folk
  - 1: "Macario" film screening
  - 3: Grandeza Mexicana
- 3:30: Resurreccion Mexican Folk
- 4: "Book of Life" film screening
- 6: Mixteco East L.A.
- 6:30: Tradicion Dance Company
- 7: Mixteco East L.A.
- 7:30: Ballet CoCo

#### COMMUNITY STAGE:

- 11 a.m.: Danza Azteca Tonatiuh
- 12: Paso de Oro
- 1: Steps of Gold Dance Studio
- 1:30: Resurreccion Mexican Folk
- 2: Ballet Folklorico Xochipitzahuatl
- 2:30: Art Dance Academy
- 3: Costume Contest
- 4: BF Fuego En La Sangre de California
- 4:30: Grandeza Mexicana
- 5: ZaZa Dancers
- 5:30: Tlalliyolo
- 6: Spotlight Dance Studio
- 6:30: Ballet CoCo
- 7: Paramount Dance Company

#### IN THE ZOCALO:

- 11 a.m.: Tonatiuh Danza Azteca
- 12: Mariachi Sensazion de Mexico
- 3: Conganas
- 6: Pachuco Jose y los Diamantes

#### OUTSIDE THE LIBRARY:

- 3 p.m.: Israel Cabanas "El Charro Noble"

### Weekend at a Glance

Friday 77°

Saturday 78°

Sunday 69°

69°

### THINGS TO DO



**Dia de los Muertos**  
Sunday - Downey Theatre, 11 am to 8 pm

Live performances, vendors, food trucks, costume contest, film screenings and more.



**Friday Night Laughs**

Friday - Godtti Nightclub in Downey, 8 pm

Live comedy featuring Bill Riedmann, Vic Diaz and Jessica Wellington. \$15, two drink minimum



**Festival Supreme**

Saturday - Shrine Expo Hall, 3 pm

Music and comedy festival featuring "Weird Al" Yankovic, Mayra Rudolph, Patton Oswalt and more.



**Halloween Capers**

Saturday - Uptown Whittier, 3-6 pm

Family event with trick-or-treating, face painting, kiddie rides, costume contests and more.



**Fall Festival**

Saturday - Center Street Promenade in Anaheim, 11 am to 5 pm

Carnival games, food, costume contests and Halloween parade starting at 6 pm



**Legally Blonde the Musical**

Saturday - Whittier Center Theatre, 2 pm and 7 pm

Tickets \$23 at the door.

## Teenage tutors preferred over teachers at Downey High Writing Center



and still provide students with thoughtful, personal feedback?

Downey High School has found one answer to this question; they let students do a lot of this work.

Nearly all universities utilize writing centers on their campuses to help support student writers through their college years. Downey Unified has embraced collaboration in the classrooms, moving away from teacher-directed time in favor of student-directed conversation, yet high school writing centers are still a rarity.

However, Downey High School English teacher Kelly Crespo and her English Department colleagues, have found out that strategic planning, several willing volunteers and an empty classroom after school are enough to make some incredibly valuable conversations happen. Conversations that are capable of helping teachers in their movements to add volume and rigor to curriculum and conversations that are also individualized, allowing teachers to differentiate for virtually every kind of student.

In late 2012, Crespo and fellow English teachers Josette Bean and Tina Carlson set out to build a makeshift Writing Center, wherein they proposed to take the English 10 intervention funding and redirect it toward building a program would allow them to serve all students more effectively. To that end, they

proposed the Downey High School Writing Center.

With the support of Downey High School Principal Tom Houts, along with other administrators, they were able to hire two college tutors and then sought out juniors and seniors enrolled in AP Literature and honors classes. With fellow teachers beginning to offer some extra credit and/or participation points, they were able to build a staff of about 17 tutors with each tutor serving an hour and a half after school each week.

In 2013, they were then able to open the Writing Center to the English 10 students when second semester began. Even though many of the teachers encourage students to come by before school, snack, lunch, after school to seek extra help, teacher authority (regardless of their enthusiasm to help) can create an unintentionally stressful atmosphere.

A peer, however, will likely always beat teachers at being young, relatable, and, therefore, more approachable.

Teachers at Downey High School integrate the Writing Center in various ways in their classrooms; yet, regardless of the way in which a teacher chooses to encourage or require writing center attendance, students with all different strengths and weaknesses visit the Writing Center each day to talk through their writing.

Visiting the Writing Center after school means entering the conversation of about 10 pairs of tutors and tutees—some English learners, some special education students, some honors students, and some fall into those in-between categories. Nonetheless, the conversation can meet these students where they are in ways a teacher in a classroom of thirty-plus students cannot.

As they approach their eighth semester of service, the Writing Center's staff has grown to 56 tutors including four paid college tutors, and they are now proud to be the "model program" at Downey High School. They have also expanded the Writing Center to serve freshmen, sophomores and juniors, and also have grown the community of teacher supervisors from the original three to eight teachers.

"There is something to starting and ending my day in the center; hearing my own students and those that I don't know talk about their writing, problem-solving, revising, navigating a prompt, doing work of real writers," expressed Crespo. "It's a space that makes sense, we can't talk to our students as often as a team of young tutors can.

"Moreover, although not all of our tutors can point out every comma splice or fragment, they can get our students to talk about their writing in ways we simply cannot."

■ **EDUCATION:** Started in 2013, the Writing Center at Downey High utilizes students for personalized tutoring.

**DOWNEY** – It's Thursday afternoon and a line of students extends out of a classroom door at Downey High School.

About 10 of these older students navigate through the crowd to enter the classroom first, storing their lacrosse sticks, track duffle bags, and AP Biology textbooks to find a seat and settle themselves in for an hour and a half of writers talking with other writers. This is Downey High School's Writing Center, a program that has gone through three years of relocation, revision and refining.

At the conclusion of second semester in 2013, the Writing

Center was proud to have completed nearly 500 writing tutorials. Now, as the new school year begins, the writing center has calculated the completion of over 1,600 tutorials last year with projections exceeding 1,700 tutorials for this school year.

It was asserted at a California Association of Teachers of English (CATE) conference titled, Teaching Practices and Instructional Strategies That Position Students Closer to Reading and Writing Excellence, "the only way for students to get over their fears of writing and to build real confidence and real skill is to write more than four major essays every year."

Students need to write informally every day and formally nearly every week. Then the question arose, how can teachers possibly manage this paper load

### TWEET OF THE WEEK

@coachlara45: Leg day! Working with 365 lbs. Not bad for an old guy!

Follow us! @DowneyPatriot

# News Briefs: Free haircuts for veterans, Christmas Tree Brunch

**DOWNEY** – The Friends of the Downey City Library will be hosting its annual Open House and Holiday Marketplace Saturday, Nov. 5, from 10 a.m. to 3 p.m. in the Downey City Library Cormack Room.

All proceeds go to support library programs.

The Friends will be selling an assortment of handmade crafts, holiday decorations, stocking stuffers, holiday craft and cook books, as well as quality recycled gifts and treasures.

There will also be a one-day only raffle and silent bid auction on a number of donations from local businesses. They include tickets to the Aquarium of the Pacific, the Lakers, the Downey Civic Theatre, the Cinemark Movie Theatre, the USS Iowa Tour, the Pasadena Playhouse, Medieval Times and the Long

Beach Dinner Detective.

Gift cards and other items were given by Lazy Dog, Sizzler, Burger City Grill, Gaucho Grill, Olive Garden, Hometown Hardware, Elephant Bar, Benihana's, McDonald's, Café Opa, Marketplace Grill, Massage Envy, In-N-Out, LA Fitness, Bed-Bath and Beyond, Chili's, Great Clips Hair, Coco's Dickey's Barbecue Pit, Round Table and Starbucks.

In addition, Starbucks will be providing coffee to attendees.

**DRUG TAKE-BACK:** A prescription drug take-back event at the Downey Police Department last week resulted in the collection of over 443 lbs. of expired, unused and unwanted prescription medication.

The drugs were turned over

to the DEA for disposal.

**HAIRCUTS FOR VETS:** Great Clips, a new hair salon at the Promenade, is offering free haircuts to U.S. military veterans and active military personnel on Veterans Day, Nov. 11.

Non-veterans who get their hair cut Nov. 11 receive a coupon for a free haircut that can be given to a veteran.

Great Clips is located in suite 120, near Benihana.

**CHRISTMAS BRUNCH:** Assistance League of Downey will be having its annual Christmas Tree Brunch on Sunday, Nov. 20, at 10 a.m.

Tickets will be available at Second Tyme Around Thrift Shop at 11026 Downey Avenue daily between 10 a.m. and 4 p.m.

The luncheon price is \$50 for lunch with a silent auction, music and chances to win decorated Christmas trees.

**OBITUARY:** Michael "Mickey" Mercurio, born Sept. 15, 1924 to parents Mateo and Pauline Mercurio in Bloomfield, New Jersey, died peacefully Oct. 22.

He is survived by a sister, Dolly (Marion) Robey; children Michael Joseph and Ann Marie Mercurio; and numerous nieces and nephews.

An avid hunter and fisherman, he moved from his self-built home in Los Angeles to another self-built home in Downey. He was a cabinet-maker and installer for more than 40 years until he retired to care for his wife, Grace, who died in 1997.

He was predeceased by brothers Charlie and Anthony, and sister Lucille (Zumstien).

Service details are pending. Per his wishes, donations to Habitat for Humanity are preferred in lieu of flowers.

**DIA DE LOS MUERTOS:** St. John Bosco High School will host its fourth annual Dia de los Muertos night Wednesday, Nov. 2, from 5:30-8 p.m. in the campus quad.

The free event is held to remember deceased loved ones.

There will be student-created altar displays, food vendors, art exhibits, live music and a prayer service.

**PROPS 51 and 55:** Downey's board of education voted unanimously last month to pass resolutions in support of California propositions 51 and 55.

A "yes" vote on Prop 51 supports the state issuing \$9 billion in bonds to fund improvement and construction of



Soroptimist International of Downey recently hosted a speaker from PIH Health for Breast Cancer Awareness Month.

During the meeting, Soroptimist made a \$850 donation to the hospital to purchase wigs for women undergoing cancer treatment. Much of the donation money was raised at Downey's International Food Festival last month.

From left: Soroptimist member Adria Jimenez, Yvonne Munoz of PIH, and Soroptimist member Mia Vasquez.

school facilities for K-12 schools and community colleges.

A "yes" vote on Prop 55 supports extending the personal income tax increases on incomes over \$250,000 approved in 2012 for 12 years in order to fund education and healthcare.

Proposition 51 will provide resources for renovation and upgrade of existing classrooms, construction of new classrooms to accommodate growth and for Career Technical Education facilities to provide job training to meet the trained work force needs for California employers.

According to the California School Boards Association, 13,000 middle class jobs are created for each \$1 billion in school facility infrastructure investment.

"That's why my colleagues and I are supporting Proposition 51 because we have seen how school districts and the state

work together to change learning conditions for children who rely on public education to make their dreams come true," said DUSD board member Donald LaPlante.

"Prop 51 will help us make important steps to ensure that all children have a chance to learn in facilities that reflect how much we value their potential and how much we respect their aspirations."

"These propositions will urge legislation to work with the public education community to identify stable, long-term, adequate funding solutions for all public schools," added board president D. Mark Morris.

"Downey Unified's Board of Education supports the passage of these propositions because it provides needed revenue to public schools and will specifically benefit the Downey Unified School District."

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FOR DOWNEY CITY COUNCIL  
DISTRICT 1

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**RICK RODRIGUEZ**  
DOWNEY CITY COUNCIL

Downey City Council District 3	Rick Rodriguez	Other Candidates
Downey Chamber of Commerce President	YES	?
Gangs Out Of Downey President	YES	?
Supported by Downey Mayor Alex Saab	YES	?
Supported by 6 Former Downey Mayors	YES	?
Supported by 5 Downey Unified School District Board Members	YES	?
NOT a Sacramento Politician	YES	?

www.RickRodriguezDowney.com  
Paid for by Rick Rodriguez for Downey City Council 2016 / Committee ID: 1382688

On Nov. 8th  
Re-elect

Carmen AVALOS

CERRITOS COLLEGE BOARD

VOTE FOR **HECTOR LUJAN**

NOV 8

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DOWNEY DISTRICT #1

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# 'Escape from Space' Preview: Downey, We Have a Problem

■ **HALLOWEEN:** Downey space center hosting Halloween-themed events this weekend.

By Alex Dominguez  
Contributor

**DOWNEY** – Mission control will rely on the citizens of Downey to safely return their shuttle back to earth, all as a part of the Columbia Memorial Space Center's first ever Spooky Science Escape Room Experience.

This is the first time ever that CMSC is incorporating an escape room activity into its annual Halloween-themed Spooky Science event.

The experience, officially entitled Escape from Space, will task participants with a safe return to Earth after something

on their shuttle goes horribly wrong after lift-off. The escape room experience will last approximately 45 minutes, and will be held in the space museum's Challenger Center, which is usually devoted to class and group activities.

CMSC Director Ben Dickow says that on a scale from one to 10, with one being the easiest, the difficulty level is about a seven.

The entire experience will incorporate several STEM elements including math, biology, chemistry, and geography. However, Dickow says that Escape from Space is not necessarily meant to be educational.

"There's a ton of critical thinking that happens to figure

out this stuff, which includes some bio, chemistry...but everybody is thinking 'We have to save the ship!' It's the perfect thing for us," said Dickow. "I don't wanna tell people it's educational, but it's on message. But also being a part of the Halloween thing there's a little bit of danger, stuff like that. It's pretty cool."

The escape room and all the puzzles involved with it were designed by a volunteer friend of the Space Center named Chi Ni.

"He runs after school science programming," said Dickow. "He's like a super ace with puzzles; he can solve a Rubik's cube in a ridiculously short amount of time...he designed all of the puzzles and all of the tasks, then our staff put together the narrative and blended it together with the challenger center."

According to Dickow, the escape room concept – which was originally only planned for this week's festivities – has potential to carry on past Halloween and throughout the year.

Other attractions at this weekend's event will include a costume contest, multiple spooky science demos, and a creepy cardboard crawl through maze for young children.

Spooky Science will take place this Friday and Saturday from 5-9 p.m. Admission is \$5, however Escape from Space is free for attendees.

## Fundraiser for John Zander



John Zander, Downey's favorite photographer and one of the city's most selfless citizens, suffered a stroke Oct. 20. He was hospitalized at Kaiser Permanente and is now home recuperating.

Unfortunately, the stroke severely impacted John's vision and he is unable to work. Friends and family are raising money to allow John to focus on his recovery without the added burden of wondering how he will put food on the table.

On Tuesday, Nov. 1, when you present this flyer the new Green Olive restaurant at the Promenade will donate 15% of all sales from 3 p.m. to closing to John and his family.

When: Tuesday, Nov. 1  
Time: 3 p.m. to closing  
Where: Green Olive at the Promenade  
Questions: Eric Pierce, (562) 216-3642



Warren High student Jailene Lemus organized a voter registration drive on campus last week, registering or pre-registering 100 students during their lunch breaks.

Jailene said her main goal was to locally influence the young voter turnout, which she claims was at 8 percent in the 2014 elections.

Jailene is pictured with Mayor Alex Saab and Downey city clerk Adria Jimenez.

Assemblymember Cristina Garcia also attended the voter registration drive.



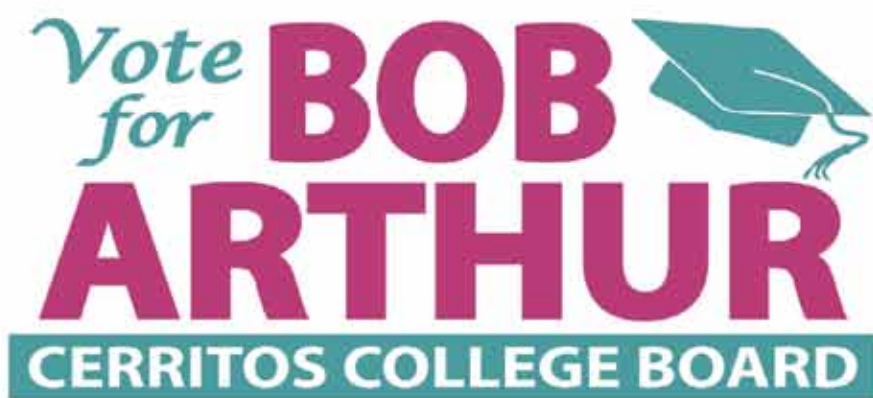
# Need a Yard Sign?



Text your address to (562) 659-5957 or email [saab4downey@gmail.com](mailto:saab4downey@gmail.com)

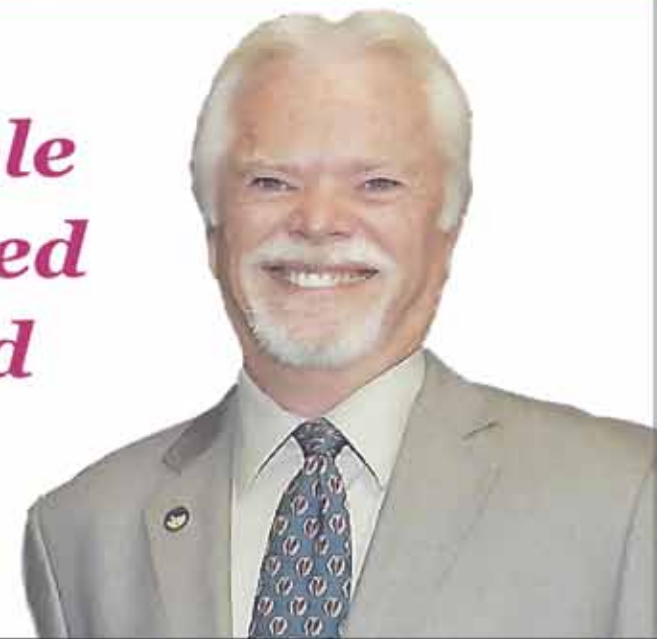
Paid for by Saab for Downey City Council 2016 ID#1347427

# Robert "Bob" Arthur



[www.bobarthurforcerritoscollege.com](http://www.bobarthurforcerritoscollege.com)  
Paid for by Robert Arthur for Cerritos College 2016 Area 1 / Committee ID: 951324

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**CCFF, AFT Union Local 6215**  
Endorsement for AREA 1 Trustee

# Martha Camacho-Rodriguez

# VOTE

# COMPASSION DETERMINATION EXPERTISE

# FRESH LEADERSHIP

Bell Gardens • Downey • Norwalk • South Gate

Cerritos  
College  
Board of  
Trustees  
Area 1

As a mother and special education teacher for more than 20 years, **Martha Camacho-Rodriguez** understands the difference that education makes and is dedicated to ensuring that it becomes even more accessible and affordable for all of our families.

[www.ccffcerritos.org](http://www.ccffcerritos.org)



**VOTE EARLY.  
VOTE MARTHA.**

Paid for by the Cerritos College Faculty Federation



Students in the Fine Arts department at Our Lady of Perpetual Help School honored the OLPH Women's Guild for their continued support of the school's programs. President Paula Mayfield accepted the plaque from the students and Principal Theresa Voeltz at the Women's Guild Luncheon, Oct. 19.

From left to right: Belen Yudess, 8th grade; Krystal Nuyen, 8th grade, Alex Ruiz, 8th grade, Sophi Ruocco, 3rd grade; Paula Mayfield, Guild president, Julieta Usquiano, 3rd grade; Eliza Contreras, 8th grade and Theresa Voeltz, principal.

**Business Spotlight:**



**JERVIS & ASSOCIATES**

As third-generation owners of Century 21 Jervis & Associates, The Jervis Family hosted a 75th company anniversary celebration on Friday evening, Oct. 7th in their office. Founded in 1941 by Mr. Harold Jervis, Sr.,

affiliate that has been associated with their real estate brokerages since 1941, as without their trust, support and referrals, such success would have never been possible. The Jervis' look forward to continuing to serve



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**Phone:** Office: (562) 862-2226  
**E-mail:** jervisinfo@century21.com



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**Cerritos in negotiations to bring in Sprouts**

**CERRITOS** – The City of Cerritos is in final negotiations to bring Sprouts Farmers Market to the Lincoln Station shopping center located near the southeast corner of South Street and Pioneer Boulevard.

The new grocery store will take the place of the Sports Authority previously located in that center.

The addition of Sprouts will be complemented by architectural upgrades and landscaping updates made to the Lincoln Station shopping center, Cerritos officials said. The store is expected to open in the summer of 2017.

"I am thrilled to announce that the city is in negotiations to bring Sprouts to Cerritos," said Mayor George Ray. "Sprouts will be a wonderful addition to our community, and the accompanying upgrades planned at Lincoln Station will help to revitalize the shopping center."

Sprouts grocery stores offer a variety of natural, organic and gluten-free items. There are approximately 240 Sprouts stores located in 13 states throughout the country.

**Stay Gallery celebrates 4 years**

**DOWNEY** – On behalf of Downey Art Vibe (operators of Stay Gallery), our board of directors, staff, and volunteers, we would like to thank our community for believing in, and supporting, what many considered a crazy idea: to open up a non-profit art gallery in the City of Downey.

Thanks to our community's support, involvement, and generosity, we have been fueled to continue to evolve and bring creativity to our city. We simply could not have done this without you.

A very special thank you to the City of Downey, Downey Unified School District, and Dr. Mary R. Stauffer for helping us construct a creative space for everyone to enjoy.

Going forward, we are excited to continue to inspire students, artists, community members, and entrepreneurs who are beginning to see the importance of 'creativity' within the city's development. However, we rely on donations to remain active and innovative through fresh projects and programming.

Join us for another Certified Local exhibit on Friday, Oct, 28, from 8 to 11 p.m., as we celebrate our 4 year anniversary. We will have drinks, music, art, and more.

All ages welcome, free and open to the public. Donations made at the door benefit the Stay Young Initiative.

**Valentin Flores, executive director of Stay Gallery**

**MEGA BLAST**  
 A Community Event for Families

Oct 31  
 6-8PM

Candy Family Fun Feed

10900 La Reina Ave. in Downey, CA  
 Corner of 4th & La Reina  
 Sponsored by Downey First Christian Church

**NEIGHBORHOOD HALLOWEEN FUNFEST**

HALLOWEEN NIGHT  
 OCTOBER 31ST, 6:00 – 8:00 PM

Come and join us for free games, popcorn, hot dogs and lots of candy!

FOR MORE INFO, CALL  
 562-923-1215

WHERE  
 Messiah Lutheran Church  
 10711 Paramount Blvd. Downey, CA

SEE YOU THERE!



**Trunk or Treat**

October 31 • 6:30-8:30pm

Trunks Food Jumpers Treats Puppet Show

**FREE COMMUNITY EVENT**

First Baptist Church of Downey  
 8399 2nd Street Downey, CA 90241  
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CITY OF DOWNEY PARKS & RECREATION DEPARTMENT

**FREE PUMPKIN PATCH**

ANNUAL HALLOWEEN PROGRAM

CO-SPONSORED BY DOWNEY OPTIMIST & SOROPTIMIST INTERNATIONAL

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 APOLLO PARK • 12544 RIVES AVE.

SPOOKY WALK  
 GLOW WALK  
 PET COSTUME PARADE 7:45 PM  
 BALLOON ANIMAL ARTIST

CARNIVAL GAMES  
 PHOTO BOOTH

COSTUME CONTEST:

2 YRS & UNDER	5:30 PM
3-5 YRS	6:00 PM
5-6 YRS	6:30 PM
7-8 YRS	6:45 PM
9-10 YRS	7:00 PM
11-13 YRS	7:15 PM
14 YRS	7:30 PM

• FREE POPCORN!  
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 • FREE HOT DOGS!  
 • FREE DRINKS!

discoverDowney

\*\* Reminder\*\* All dogs must be on a leash. Bring your own Halloween treat bags. Don't forget your camera! For more information, please contact the Barbara J. Riley Community & Senior Center at (562)904-7223

## Downey City Council: These are the people I'd vote for

By Eric Pierce

In our humble city of 111,000 residents, we rely on a five-member City Council to govern our community. They approve contracts, appoint commissioners, make policy decisions, and oversee a municipal budget that totaled \$159.9 million in the 2014-15 fiscal year.

But perhaps more importantly, the City Council guides the city towards a path of progress or regression. The revitalization of Downtown Downey, the development of the Promenade shopping center, and the initiative to create new housing (usually in the form of three-story townhomes) are examples of the City Council setting the tone for what it wants Downey to become.

This is why your vote for Downey City Council is so important; Downey's future is at stake.

The good news is that just about anyone can run for City Council, provided you're over 18, are a legal resident, and meet the basic residency requirements.

The bad news is that just about anyone can run for City Council, even those with self-serving agendas or who are otherwise deaf to the needs and desires of constituents.

City Council seats aren't meant to be filled by professional politicians. In Downey at least, election to City Council has traditionally served as the ultimate form of community service, fulfilled by residents who care for their community and are generous with their expertise towards the development of our city.

Three City Council seats are up for grabs on Nov. 8: District 3 (northwest Downey), District 1 (southeast Downey) and District 5 (the entire city of Downey).

It's critical that Downey voters study the nine candidates running for City Council. Study their backgrounds, investigate their sources of funding, consider their abilities, and ask yourself whose intentions are most pure.

This is exactly what I did, and after careful thought and consideration, these are my picks for Downey City Council.

**DISTRICT 3:** District 3's current councilman is Roger Brossmer, who has served Downey admirably for eight years and is now termed out of office. A skilled negotiator, Brossmer leaves behind a legacy of common sense politics that served his constituents very well.

Seeking to replace him are four candidates: Friné Medrano, Art Montoya, Louis Morales and Rick Rodriguez.

If I lived in District 3, my vote would go to Rick Rodriguez.

At age 55 and semi-retired, we can be assured Rodriguez isn't using the City Council as a stepping stone to higher political office (the same cannot be said about his opponents). He has served as president of the Downey Chamber of Commerce and Gangs Out of Downey, and even a cursory glance through the Downey Patriot's

archives show Rodriguez has been heavily involved in community service for at least the past decade.

He's not afraid to speak candidly on local controversial issues, such as Measure S (he supports it) and additional section 8 housing in Downey (he's against it). At the political debate hosted by the Downey Patriot two weeks ago, Rodriguez gave clear and specific answers, so even if you disagree with him on policy issues, there's no misunderstanding his positions.

His biggest threat in this race is Friné Medrano, whose campaign is being heavily funded by Sacramento politicians, including state senators Kevin De Leon (her boss), Ricardo Lara and Tony Mendoza.

Medrano's alliance with outside career politicians is a liability, not an asset, and should be concerning to any Downey resident that values local control of their city.

Also concerning is Medrano's resume, which is startling in its lack of community involvement. In a city as volunteer-centric as Downey, Medrano has shown exactly zero desire to give back to her community.

One more thing: Medrano's claim that she is "the only candidate for Downey City Council in District 3 that graduated from our local schools" is either a blatant lie or gross oversight. Either way it's incorrect: Art Montoya attended Rio Hondo Elementary, Griffiths Middle and Warren High School.

Speaking of Montoya, he brought youth, passion and fresh ideas to his campaign, and you'll be hard-pressed to find a person of greater character. (Full disclosure: Montoya was a photography intern at the Downey Patriot while in high school, and I was his supervisor.)

But with youth comes inexperience, and Montoya could benefit from a few more years of work and volunteerism to really familiarize himself with Downey's issues. He would even be a solid addition to Downey's Planning Commission.

The final candidate is Louis Morales, who is highly experienced in the inner workings of city government, having served as a Downey planning commissioner the last eight years.

But it's concerning that Morales accepted campaign contributions from Club DB Lounge, Mariscos Choix and La Barca, three businesses that each have had business before the Planning Commission.

In summary, when Rick Rodriguez speaks on local issues, he knows what he's talking about. His experience, passion and problem-solving abilities make him a natural fit for City Council.

**DISTRICT 1:** If the Downey Patriot was a gossip magazine, oh the stories it could tell about District 1 councilman Luis Marquez. Instead, let us celebrate the existence of term limits and turn our attention to a successor.

Three candidates are seeking to replace Marquez: Blanca Pacheco, Hector

Lujan and Alma Marquez. (She is the wife of Luis Marquez.)

If I had a vote in District 1, I'd cast my ballot for Blanca Pacheco.

You can't go wrong with either Pacheco or Lujan; both are honest, ethical residents that can be trusted to represent the best interest of Downey residents.

But Pacheco gets the nod for having a stronger Downey resume. Her position as a Downey Chamber of Commerce board member gives her unique insight into the needs of Downey businesses and she also serves on the less glamorous but equally important Downey Public Works Commission, dealing with local infrastructure issues.

An attorney by trade, Pacheco has proven to be a smart and effective leader.

Alma Marquez is also smart and personable, but because she's such a relatively obscure candidate, it's unknown if she fully grasps the issues facing Downey today, let alone if she possesses a plan to address those issues.

Her campaign finances are suspect as well, as she collected thousands of dollars from local car dealerships, including \$3,000 from Penske Toyota and its managers. She even accepted money from the Taxpayers for Rod Wright Legal Defense Fund, money that was used to defend the former state senator who resigned in 2014 after an eight-count felony indictment.

But Alma's biggest liability above all else is her husband, who embarrassed Downey with his transgressions that now have him facing a paternity lawsuit.

In summary, Hector Lujan is an outstanding resident and a tremendous advocate for youth, but at this time Blanca Pacheco is the best choice to represent District 1 on the City Council.

**DISTRICT 5:** When Alex Saab was elected to the City Council four years ago, he set an all-time record for votes collected by a Downey candidate.

It's safe to say Downey voters put their trust in Saab, and he delivered.

Saab has been a tireless public servant, representing Downey with class, smarts and a propensity for common sense. He's shown a willingness to listen to different viewpoints while not compromising on his core values.

In short, Downey couldn't ask for a better representative on the City Council.

His opponent, Art Gonzalez, is a real estate agent and relatively new to the city, having moved to Downey five years ago. He is a neighborhood watch captain, an admirable indication that he cares about his community.

But that's all we know of Gonzalez. He has done zero campaigning, has published no campaign literature, and has no goals or aspirations for Downey that we're aware of. Why he's running for City Council is a mystery.

In the city-wide District 5 I do get a vote and it's going to Alex Saab. This one is a no-brainer.

## Mario Guerra: This is how I'm voting

By Mario Guerra

Many of you have asked me how I'm voting on certain propositions and The Patriot asked me to share my thoughts. There is a lot of information to digest but I strongly encourage everyone to at least read the analysis pages of the huge voter information guide sent out by our state. It gives you a recap of who is behind each proposition, their arguments for and rebuttals against.

It's interesting (for a political junkie maybe) to see what the arguments are that some want us to believe. And yes, it can be hard to get to the truth at times.

But we know that TV ads can be misleading, so please do your own research. This is just too important and we will be paying for our actions (literally and figuratively) in this election for many years to come. Besides the Presidential and Senate races we have 1,000 other elections in California. It is important for me to reflect what my basic values, principals and beliefs are before I vote.

My core beliefs are: I consider myself a moderate. I am for local control and less government. I believe the more money we give the government and politicians, the more they will spend. I am for fewer taxes and consider myself to be fiscally responsible. I believe government needs to provide a safety net for those who cannot take care of themselves. I think the most important responsibility of government is to protect our citizens.

I believe teachers can have a tremendous impact on our youth and education should always be a top priority. I believe schools should be palaces of learning and safety. I believe in incentives versus punishment. I want our government to stay out of our bedrooms, churches and bank accounts. I want everyone to pay their fair share of taxes but do not want anyone singled out or discriminated against. I believe our government needs to have fiscal constraints.

I expect accountability, transparency and promises made by our elected officials to be kept. I expect a fair playing field and opportunities for everyone and the ability to be rewarded for hard work and extra effort.

My general consensus is to think twice about increasing taxes. Knowing a little more than some about government, I do know that the more money we give elected officials to spend, the more they will spend. I ask myself: do we need additional taxes added to our property tax bills or increases in sales taxes like Measure M does in LA County? Is this something we must have or is it wishful thinking? (Want versus need).

I encourage everyone to look at their homeowners' tax bill to see how many things we are paying for based on decisions of the past 10-20 years. There have certainly been several measures passed that were worth the expense, but there are

definitely others that we regret. So starting with that premise, this is how I am going to vote on most of the propositions:

**Measure M - NO: (Infrastructure and Traffic Improvement)** It pushes improvements on the I-5, I-605 and 710 freeways back 40 years. The \$121 billion dollar tax increase doubles the current transportation sales tax (Measure R) the voters passed in 2008 and has no expiration date. It's been called a "blank check" for the Metropolitan Transportation Authority with no accountability.

Our local cities have strongly opposed this measure and so do I. From Downey's standpoint, they have stopped the construction of the 5 freeway extension in Downey which just means more traffic for us for the next 20 years.

**Proposition 51 - NO: (School Bonds, Funding for K-12 Schools and Community College Facilities)** Jerry Brown is the most prominent opponent of this measure because he believes it will hurt the school districts that need the help the most. He calls the measure a "blunderbuss effort".

**Proposition 52 - YES: (State Fees on Hospitals, Federal Medi-Cal Matching Funds)** This is an extension of something that seems to be working.

**Proposition 53 - YES: (Revenue Bonds)** Again, don't be misled. The commercials you see on TV are not factual and very misleading. Voter approval from this measure does NOT impact emergency situations and school bonds which are paid back from future tax receipts and general bonds. This refers only to revenue bonds, which are paid back from future user fees from those who use the specific project.

The two and most likely projects that would ever come before the voters are funding for the high speed train and water tunnels proposed by Governor Brown. I think in cases where someone wants to finance a very large state project, voter approval is a pretty good idea. They should make the case to us voters on things over \$ 2 billion.

**Proposition 54 - YES: (Legislature Transparency Act)** Starts the process of transparency. Great proposition that helps us know exactly what is being voted on 72 hours before our legislators vote. It also allows us to see all public hearings online.

**Proposition 55 - NO: (Tax Extension of Temporary Tax Passed in 2012)** We need to keep our word, a temporary tax should be temporary. This is an extension of Prop 30 that we passed in 2012. A promise should be kept. Even Governor Brown, who pushed for Prop 30 back then, is silent on this one because he personally made that commitment to the California voters. It passed back then because the State was in a financial crisis. Today we are doing better financially as a state and we need to keep the integrity of what we voters authorized.

**Proposition 56 - NO: (Cigarette Tax)** It is a regressive tax that disproportionately impacts lower income Californians. Very little of the new tax will be used for actual smoking abatement programs.

**Proposition 57 - NO: (Criminal Sentences)** Allows early release of prisoners for certain non-violent crimes. As usual, the devil is in the details. What constitutes a non-violent felony is left to the parole board to decide. There is a reason every major law enforcement organization in the state is opposing this measure and we should too. We cannot afford more prisoners on our streets without reforms.

**Proposition 58 - NO: (English Language Education)** Put on the ballot by the Legislature, it repeals 1998 voter-approved law to promote English language education in our schools.

**Proposition 59 - NO: (California Overturn of Citizens United Act Advisory Question)** It is silly for us to be voting on something that means absolutely nothing, does nothing and cannot change a thing. This is basically a publicly funded opinion

poll to see whether we want to pursue overturning a Supreme Court decision. We cannot allow legislators to abuse the power of propositions to gauge what to do next. It is expensive and sets a bad precedence.

**Proposition 60 - NO: (Condoms in Adult Films)** This is opposed by both state parties (Democrats and Republicans). Some opponents argue that it allows residents to sue anyone with a financial interest in the production of an adult film. Los Angeles County already passed the requirement to wear condoms in 2012 that does not have the language used in this measure.

**Proposition 61 - NO: (State Prescription Drug Purchases, Pricing Standards)** Would probably increase prices, not reduce them, for many medicines needed. It sounds good in theory but is not feasible. It only affects state run plans and could actually increase cost for most other Californians.

**Proposition 62 - YES: (Repeals Death Penalty)** This is where my faith and values have the biggest impact on my decisions. While I certainly have empathy and pain for those families of victims of those serving on death row, we cannot and should not be the judge of life and death. I know the arguments and I am not unsympathetic to the discussions, and know that I would want extreme action taken against anyone who hurt my family. But we as a country should not be taking a life. Even one that has killed someone else. I am very pro law enforcement and I believe in punishment but I cannot vote to continue state sanctioned executions.

**Proposition 63 - NO: (Firearms and Ammunition Sales)** The Senate passed similar laws just a few months ago. This law was put on by Lt. Governor Newson and has become a political battle within his own party as to who takes the credit for it.

**Proposition 64 - NO: (Marijuana Legalization)** I wrote an op-ed article last month about this measure. It is a badly written law that has caused much concern. For example, TV smoking ads would be allowed after a 41 year absence. There is no regulation to the edibles that target our kids. Law enforcement is very concerned that there is no basis to what constitutes an impaired driver. Too many questions and not enough answers.

**Proposition 65 - YES: (Plastic Bags)** The revenue a grocer charges for paper bags would not go directly back to the grocery store chain. If there is a charge for paper bags then it should go to an environmental cause and not to the grocers.

**Proposition 66 - NO: (Reforms Death Penalty)** See my comments on Prop 62 above.

**Proposition 67 - NO: (Referendum of plastic bag ban)**

I hope this helps and I hope that you will vote, regardless of our differences. Voting is the best way to truly celebrate the amazing freedoms and liberties this great country represents.

## Letter to the Editor:

### Missing pants

Dear Editor:

If you are a client of Model Cleaners in Downey and picked up dry cleaning this week, can you please check to see if you have a pair of navy blue pants that got mixed with your clothes by accident?

Please call Jennifer at (562) 904-3668.

Jennifer DeKay  
Downey

**The Downey Patriot** STAFF

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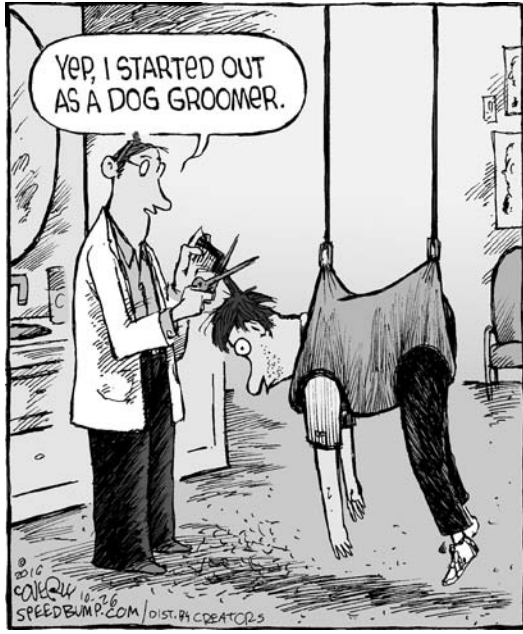
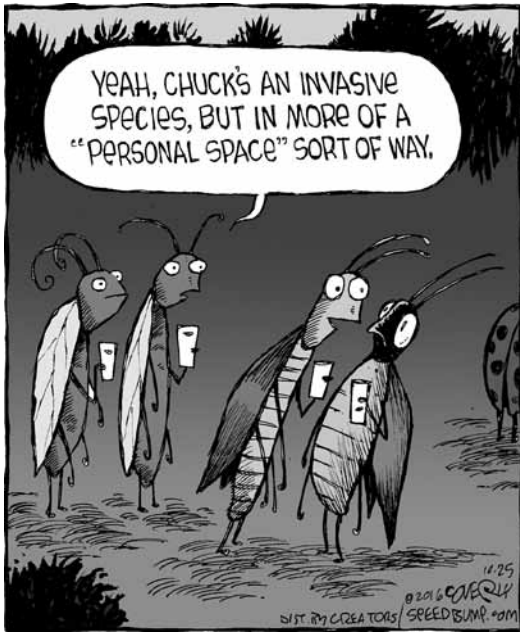
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## SPEED BUMP



## DAVE COVERLY



# Downey Community Calendar

### EVENTS FOR OCTOBER

Sunday, Oct. 30: Dia de los Muertos Festival, Downey Theatre, 11 a.m. to 8 p.m.  
 Monday, Oct. 31: Halloween Pumpkin Patch, Apollo Park, 5 p.m.

### CITY MEETINGS

1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.  
 1st Tue., 4:00pm.: Recreation and Community Services Commission, Council Chamber, City Hall.  
 1st Tue., 6:00pm: Emergency Preparedness Committee, at Fire Station No. 1, 12222 Paramount Blvd.  
 2nd & 4th Tue., 6:30pm: City Council, Council Chamber.  
 3rd Tue., 6:30pm: Library Advisory Board, at Downey City Library.  
 4th Mon., 5 pm: Green Task Force, at City Hall.

### Regularly Scheduled Meetings

#### MONDAYS

7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.  
 2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 304-3439.  
 3rd Mon., 11:30 am: Downey Newcomers Club, call Nancy 806-1782.  
 4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

#### TUESDAYS

9:30 am: Downey Seniors Club, at Apollo Park, call Irene Vallini at 328-7039.  
 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.  
 12 pm: Rotary Club, at Rio Hondo Events Center, call Russell Skersick 929-3710.  
 6 pm: Toastmasters Club 587, at First Baptist Church, contact Salvador Cervantes: tmsalcpuede@gmail.com.  
 7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.  
 7 pm: Healing Room and Prayer, at Desert Reign Church 11610 Lakewood Blvd, call 861-6011.  
 7:30 pm: Downey Master Chorale, at Cornerstone Church, contact info@downeymasterchorale.org.  
 1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.  
 2nd Tues., 3:30 pm: Keep Downey Beautiful, at City Hall, call 905-7103.  
 2nd and 4th Tues., 6 pm: Sertoma Club, at Rio Hondo Event Center, call 927-6438.  
 2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.  
 3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.  
 3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.  
 Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

#### WEDNESDAYS

7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.  
 1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.  
 7 pm: Out Post 132 Royal Rangers, at Desert Reign Church, call 928-8000.  
 1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.  
 1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Bobbi Bruce 440-5416.  
 1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.  
 2nd Wed., 11:30 am: Christian Women's Club, at Los Amigos Country Club, call Helen 864-7319.  
 2nd Wed., 7:30 pm: Downey Model A Club, at Gallatin School Cafeteria, call 928-4132.  
 3rd Wed.: Downey Dog Obedience Club, at Apollo Park, call Gina 869-5213 or Valerie 420-2972.  
 3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call (310) 604-0725.  
 3rd Wed., 10 am: OLPH Women's Guild, at OLPH School Auditorium, contact Armida Lugo, (562) 715-6142.  
 3rd Wed., 6 pm: American Business Women's Association, Rio Hondo Country Club, call Barbara 863-2192.  
 4th Wed., 12:00 pm: Retired Federal Employees, at Barbara J Riley Center, call 943-5513.  
 4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.  
 Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

#### THURSDAYS

7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.  
 7:30 am.: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.  
 9:30 am: Take off Pounds Sensibly, at Barabara Riley Senior Center, call (800) 932-8677.  
 12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.  
 12 pm: Optimist Club of Downey, at Rio Hondo Events Center.  
 6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.  
 7 pm: Troop 351, Boy Scouts of America, at First Baptist Church, call 776-3388.  
 1st Thurs., 12:00 pm: Downey Christian & Professional Luncheon, Sizzler's Restaurant, call James 310-1335.  
 1st Thurs., 7:30 pm.: The Downey Amateur Radio Club, at First Baptist Church room 120.  
 2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.  
 2nd & 4th Thurs., 6 pm: Lions Club, at Coco's, call Lenora (310) 283-9825.  
 3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.  
 3rd Thurs., 6 pm: Downey CIPAC, at Sizzler's Restaurant, call Rich Tuttle 413-6045.  
 4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.  
 4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

#### FRIDAYS

7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.  
 3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

#### SATURDAYS

9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.  
 4th Sat., 12:00 pm: Downey Arts Coalition, email contact@downeyarts.org.

### On This Day...

**October 27, 1904:** The first rapid transit subway, the IRT, opened in New York City.  
**2002:** Dallas Cowboys running back Emmitt Smith broke the NFL career rushing yardage record of 16,726 held by Walter Payton.  
**2004:** The Boston Red Sox won their first World Series since 1918, beating the St. Louis Cardinals 3-0 in Game 4.  
**BIRTHDAYS:** Basketball coach Rick Carlisle (57), actress Marla Maples (53), blogger Matt Drudge (50), TV personality Kelly Osbourne (32) and former Lakers center Andrew Bynum (29).

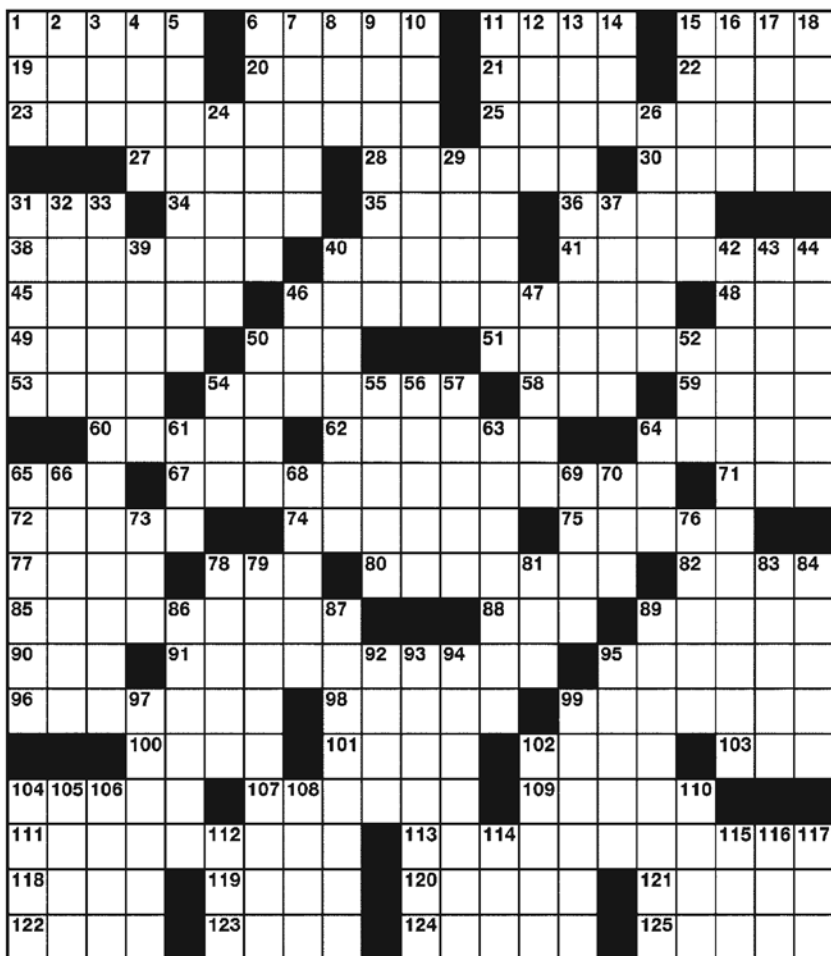
### THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)  
**HUMORESQUE: With some musical plays**  
 by Charles Deber

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|------------------------------------------|------------------------------------------------|---------------------------------------|
| <b>ACROSS</b>                            | 75 "Be quiet!"                                 | 7 Accustom (to)                       |
| 1 Feign feelings                         | 77 CPR class venue                             | 8 Free (of)                           |
| 6 <i>La Traviata</i> composer            | 78 Ending for "most" words                     | 9 Schoolyard comeback                 |
| 11 Brewer's buy                          | 80 Shades seen at sunset                       | 10 Load, as an app                    |
| 15 Bryn ___ College                      | 82 Future dr.'s exam                           | 11 1810s First Family                 |
| 19 47th Vice President                   | 85 Of projectile motion                        | 12 Sir ___ Guinness                   |
| 20 Omelet ingredient                     | 88 Apr. addressee                              | 13 Governmental games                 |
| 21 Succulent plant                       | 89 Invitation heading                          | 14 10K souvenir                       |
| 22 Ending for buck                       | 90 Hydrocarbon ending                          | 15 Montréal mornings                  |
| 23 Playing Chopin pieces poorly          | 91 Single portion of an anthem                 | 16 Yankee retiree nickname            |
| 25 Sensors, essentially                  | 95 Source of steam                             | 17 Had on                             |
| 27 Largest glandular organ               | 96 Comparatively cool                          | 18 <i>Friends</i> guy                 |
| 28 Unwilling to bend                     | 98 In the course of                            | 24 Escape successfully                |
| 30 Helpful group                         | 99 Asset excess                                | 26 Legendary flier                    |
| 31 Canine sound                          | 100 Editor's directive                         | 29 <i>The Godfather</i> composer Nino |
| 34 Nearly unobtainable                   | 101 Kate, in <i>Titanic</i>                    | 31 Simultaneously                     |
| 35 Town near Santa Fe                    | 102 Ice Age novelist                           | 32 Send elsewhere                     |
| 36 Be deserving of                       | 103 Unseal, in Shakespeare                     | 33 What typos on scores should do     |
| 38 Starfish habitats                     | 104 Northwest capital                          | 37 Frozen foods, e.g.                 |
| 40 Very, to 6 Across                     | 107 Less imaginative                           | 39 Lightweight wood                   |
| 41 Carpentry tools                       | 109 Tight spots                                | 40 Written letter                     |
| 45 Recently                              | 111 Evaluation standard                        | 42 Overly bright strings              |
| 46 "Is that stringed clatter necessary?" | 113 "I didn't play 'Moonlight' that terribly!" | 43 Picnic fare                        |
| 48 What ice cream might top              | 118 Play parts                                 | 44 Meals with matzoh                  |
| 49 Pop singer Furtado                    | 119 Flaubert heroine                           | 47 Be a debtor of                     |
| 50 Gentlemen                             | 120 Supercharged engine                        | 50 Emcee                              |
| 51 Got too hot                           | 121 Come out with                              | 52 MPG monitor                        |
| 53 Cupid alias                           | 122 Prayer pronoun                             | 54 Bird's bill: Fr.                   |
| 54 Ballpark accommodation                | 123 Flight formations                          | 55 <i>First calendar</i> month        |
| 58 Compass reading                       | 124 124 Across winner                          | 56 Son of Jacob                       |
| 59 Maine's state tree                    | Hammerstein                                    | 57 Pop singer ___ Marie               |
| 60 Confronts                             | 125 Farfalle or fusilli                        | 61 Reluctant to give details          |
| 62 Entomology specimen                   |                                                | 63 Straining to see                   |
| 64 One on a track                        | <b>DOWN</b>                                    | 64 LBJ successor                      |
| 65 UK flyers                             | 1 Subside                                      | 65 Foster Grant rival                 |
| 67 B-to-B bravery                        | 2 Farrow of film                               | 66 Upscale designer                   |
| 71 Med. show sets                        | 3 Bizarre                                      | 68 Sean of <i>Lord of the Rings</i>   |
| 72 Mideast region, poetically            | 4 Blue shade                                   |                                       |
| 74 Williams at Wimbledon                 | 5 Full measure                                 |                                       |
|                                          | 6 Electorate                                   |                                       |

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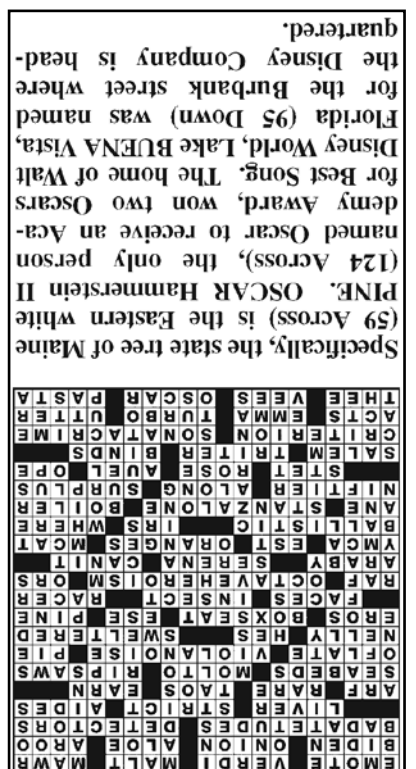
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|--------------------------------|----------------------------|---------------------------|
| 69 Puts frosting on            | 86 Self-conscious question | 104 "Outta here!"         |
| 70 Swedish-based airline       | 87 Russian empresses       | 105 Dramatic entryway     |
| 73 Bank-acct. stat             | 89 Soccer prize            | 106 Diet brand descriptor |
| 76 Groovy acknowledgment       | 92 Plenty                  | 108 Vatican surrounder    |
| 78 Big name in mascara         | 93 Is vanquished by        | 110 Mexican mlle.         |
| 79 Invitation info             | 94 Burdensome              | 112 Increase, with "up"   |
| 81 Test for some Ph.D. seekers | 95 Lake ___ Vista, FL      | 114 Atomic energy org.    |
| 83 Have risen for the day      | 97 African fly             | 115 Neuter possessive     |
| 84 Far from windy              | 99 Gentleman caller        | 116 Shook hands with      |
|                                | 102 Addis ___, Ethiopia    | 117 The end of an ___     |

Reach Stan Newman at P.O. Box 69, Massapequa Park, NY 11762, or at www.StanXwords.com

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**You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.**



## Paging Dr. Frischer...

By Dr. Alan Frischer



Now here is something useful: a new lab test to predict your risk of a heart attack. Thanks to the work at the Cleveland Heart Clinic, TMAO has been discovered. What is it? How does it help?

TMAO (trimethylamine N-oxide) is a compound produced by the liver after intestinal bacteria digest certain nutrients. It affects how cholesterol accumulates in tissues, particularly the artery wall. High levels of TMAO indicate an increased risk for developing atherosclerosis, which can lead to heart attack, stroke, and death.

What are these gut bacteria, and why are they important? On the internal lining of our digestive tract are trillions of microorganisms. The bulk of these microorganisms are critically important bacteria. Each of us has a unique composition of these gut bacteria. Among their many jobs are to produce essential vitamins and to help us digest food. They also form a barrier between the contents of the intestines and the blood

stream, continuously combating invasive and disease-causing bacteria.

Our diet influences our gut microbe composition. Red meat, eggs, and high-fat dairy are high in phosphatidylcholine, choline, or L-carnitine, which provide the material needed for gut bacteria to start producing TMAO. In contrast, vegans and vegetarians produce very little TMAO.

The reason to check TMAO levels is to determine whether your diet is working for you, and whether more aggressive preventive efforts may be needed. To lower your TMAO level and encourage a healthier makeup of gut bacteria:

- Consume more green leafy vegetables and fiber.
- Avoid foods rich in TMAO precursors such as whole milk, eggs, fatty yogurt, cream cheese, ice cream, butter, and red meat like beef, pork, ham, lamb and veal.
- Consider taking probiotics regularly.
- Avoid dietary supplements or energy drinks that contain phosphatidylcholine/choline or L-carnitine.

Be on the alert for more information regarding TMAO blood tests. At present, this lab test can be obtained only from the Cleveland Heart Clinic and in a few practices across the United States. It is not yet available at our local standard labs.

**Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.**

## Alternative Medicine: Feel the freedom with forgiveness

By Marcela Arrieta

Did any of you notice that my article was missing from the last Health & Wellness section? Life happens and we must flow like water, constantly adjusting.

Did the absence of the article somehow hinder your day or week? I didn't think so. So why is it so darn difficult to let go of drama and practice forgiveness? Why do we hold on to grudges as if it were the end of the world? It doesn't make any logical sense.

Achieving a certain level of forgiveness positively impacts our health and overall wellbeing. But practicing it can be a little tough for many of us. Do you want to know what prevents us from practicing forgiveness? Ourselves! Yeah, that person that stares right back at you in the mirror. It looks just like you; makes the same facial expressions and more often than not, won't look you straight in the eye. It (you) knows you're doing wrong. Creepy but true.

Day in and day out you reminisce of people and situations that did you wrong. You hold on to those instances of moments past for the rest of your life, single-handedly pointing the finger at them for ruining your life. Yet deep inside we yearn to be free, to let it all go and move on. But how can we forgive someone who's hurt us so much, or how can we forgive ourselves for what we have or haven't done?

We begin by acknowledging, accepting and coming to an understanding that growth is a process in which we all make lots and lots and lots, did I say lots, of mistakes. I can't emphasize enough the "we", not the "you" or the "they", but the "we".

Practicing forgiveness is not to condone. For many of us growing up, forgiveness meant accepting the actions regardless, kind of like giving a free pass to do it again. Here's the thing: We

have no control over the action of other people. We may feel they are erring but they may feel otherwise. We can argue all day, everyday for the rest of our lives with them about why they are the issue and why we are the angels yet nothing is resolved. Sound familiar?

Every person and their mind are as unique as a fingerprint. A passage to note: "Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." Matthew 18: 21-22 NIV.

Every person has their own perception of things. In this fashion this doesn't make anyone right or wrong. Focus solely on you because trying to justify or change others will be a waste of your precious time.

Simply, if an environment is toxic, you have the sole responsibility to change it. There is no in-between. But the mind has ways to counteract this strength by concocting false stories of why everyone is at fault except us. It's called "lack of ownership". Ask yourself this: "Do I really want to continue living with the past holding me down?" "Is it time to release the past, live in the now and create the future?" I hope your answer was an ecstatic yes.

By practicing forgiveness you are allowing yourself to release the ball and chain. No longer consumed by trying to justify the action or to forget, remember every person is their own world. It simply sets you free.

I recommend you record the following exercise on your phone to play back. This allows you to simply relax and enjoy.

Visualize the person or people you'd like to practice forgiveness with including yourself. Sit in a comfortable place. Close your

eyes, inhale and exhale. Silently repeat:

"Namasté, Namasté, Namasté. The spiritual being within me acknowledges there is a spiritual being within you. (This part is important when you forgive. The realization here is that we are all spiritual beings who are in the process of evolving). Namasté, the I AM within me acknowledges the I AM presence within you. The child of God within me honors the child of God within you. Namasté. (Visualize his/her body disappearing and all you see is brilliant light for you are addressing at the soul level) Namasté. The divinity in me salutes the divinity in you. Atma, Namasté. We are all children of God. We are all in the process of evolving. Evolution involves time, process, and lots of mistakes.

I had my share of mistakes and learned from them. So can you. I wish you the same. God's peace and love be with me. God's peace and love be with you. You

are completely forgiven." Repeat verse 3x

"May you be blessed with inner peace, inner healing. May you be blessed with spiritual transformation & spiritual maturity. God's blessing be with you. May you spiritually grow and evolve. Namasté. You are completely forgiven. Go in peace. I completely release you. So be it."

Open your eyes, how do you feel?

Note: Repeat this exercise preferably for 7- days. It's the energetic way of releasing and letting go.

Have a question regarding this article or maybe you'd like to suggest a topic? Write to me at: m.arrieta@yahoo.com. Next article we will talk about the energetic anatomy of the body known as the aura and chakras.

**Marcela A. Arrieta is an alternative modality practitioner with over five years of experience in this field. She is also an entrepreneur who resides in Downey.**

# SPORTS BRIEFS: Downey rallies to beat Warren in rivalry game

■ **SPORTS:** Vikings score touchdown in final 15 seconds to hold off Bears comeback.

By Mark Fetter  
Contributor

**DOWNEY** – The Downey High School football team defeated cross-town rival Warren at Downey last Friday night, 42-35.

With the win, the Vikings improved to 7-1 overall and 3-0 in S.G.V.L. play while the Bears are now 0-7-1 overall and 0-3 in S.G.V.L. play.

Downey will host Gahr later tonight. The Gladiators come into tonight's game with an overall record of 7-1 and a S.G.V.L. record of 2-1. Gahr was defeated by Paramount at Gahr 27-7 last Friday night.

In the Downey/Warren game, Downey scored two touchdowns in the first quarter and led 14-0 at the end of the first quarter. Both teams scored a touchdown and converted the extra point in the second quarter. Downey led 21-7 going into the locker rooms at halftime.

Warren outscored Downey in the third quarter 7-6 but still

trailed 27-14 at the end of the third quarter. The Bears scored three quick touchdowns, with each PAT good, in the fourth quarter and led 35-27 with five minutes to play. Downey answered back with a touchdown and two-point conversion to tie the game at 35. The Viking defense held the Bear offense and scored the final touchdown and PAT with 15 seconds left on the clock to seal the game.

Downey quarterback Trevor Hill completed 17/25 pass attempts for 219 yards with one touchdown and no interceptions. The Viking ground game totaled 317 yards on 47 carries and five touchdowns. Hill carried the ball 10 times for 91 yards and two touchdowns. Emari Demercado carried the ball 21 times for 161 yards with two touchdowns and Baraq Ross carried the ball 13 times for 61 yards with one touchdown.

Downey's receiving corps caught 18 passes for 230 yards and one touchdown. Christopher Atkins had six catches for 52 yards, Tony Ramirez had two catches for 51 yards with one touchdown and Nicholas Whitney had one catch for 37 yards with one touchdown.

The Downey defense was led

by Josh Cooper's 12 solo and three assisted tackles, Daniel Chavez's four solo and seven assisted tackles, Brennan Fields' six solo and four assisted tackles, Eli Garcia's four solo and six assisted tackles and Malcolm Perry's two solo and eight assisted tackles.

Coach Williams, his staff and players are looking forward to playing a much improved Gahr team at Downey later today.

■ The Downey Calvary Chapel football team was defeated by Chadwick of Rancho Palos Verdes at Chadwick, 43-0, last Saturday afternoon. With the loss, the Grizzlies fell to 5-4 overall and 3-1 in 8-Man Freelance League play.

Before the defeat at Chadwick, the Grizzlies were on a modest two game win streak. DCC defeated Lucerne Valley at Lucerne Valley 22-6 on October 8th and defeated Flintridge Prep of La Canada at Flintridge Prep 38-37 on October 15th.

Coach Mike Nuno and his staff are proud of this year's team. The DCC roster this season consisted of only 16 players. Of those 16 roster players, four were freshmen, five were sophomores, four were juniors and only three were seniors.

Coach Nuno and DCC should take pride in the fact that they had a winning record with only three seniors and seven total upper

classmen. The game against Chadwick was the last regular season game of the season for the Grizzlies.

DCC junior quarterback Jacob Escalante completed 23/76 pass attempts this season for 273 with four touchdowns and five interceptions. The Grizzlies ground game was led by Escalante's 76 rushes for 554 yards and nine touchdowns. Senior Tony Rangel had 96 rush attempts for 608 yards and eight touchdowns and senior Alejandro Valdez had 48 rush attempts for 238 yards and eight touchdowns, respectively.

The DCC receiving corps were led by Tony Rangel's seven catches for 91 yards and sophomore Andrew Rangel's six catches for 61 yards.

The DCC defense was led by a trio of sophomores. Andrew Rangel had 32 solo and 31 assisted tackles, Carlos Fuentes had 44 solo and 15 assisted tackles and Robert Carretta had 33 solo and 20 assisted tackles.

■ The Warren High School girls' cross country team placed 12th in Race 64 at the Mt. SAC Invitational last Saturday.

The Mt. SAC Invitational is a huge running event which features some of the best cross country teams in the area as well as the state. In fact, it is billed as

the "world's largest cross country competition."

The Lady Bears finished Race 64 with 270 points. The Race 64 winner was Torrey Pines. Torrey Pines finished with 91 points, West Ranch finished in second place with 122 points and Vacaville finished in third place (on criteria) with 122 points, respectively. In cross country, the lowest score wins because it is based on a runner's order of finish.

Steele Canyon placed 4th with 142 points, Redondo placed 5th with 145 points, Chino Hills placed 6th with 155 points, Rancho Cucamonga placed 7th with 160 points, Newbury Park placed 8th with 227 points, Glendora placed 9th with 230 points, Palisades placed 10th with 231 points and California placed 11th with 240 points.

Warren senior Trinity Gomez placed 6th with a time of 18:54, senior Carlota Conant placed 26th with a time of 19:32, senior Blanca Robles placed 80th with a time of 20:41, senior Rosie Santana placed 83rd with a time of 20:48, freshman Nadine Gomez placed 84th with a time of 20:54, freshman Leeann Gonzalez placed 89th with a time of 21:01 and freshman Jazlyn Arevalo placed 102nd with a time of 21:25. Warren finished in a team time of 1:40:49.

■ The Downey High School

girls' tennis team are the 2016 San Gabriel Valley League champions. The Lady Vikings finished San Gabriel Valley League play with a league record of 11-1.

The Lady Vikings defeated cross-town rival Warren at Downey 10-8 in their first round meeting on September 23rd, defeated Warren at Warren in their second round meeting 9-9 (on criteria) on October 6th and (suffered their only league defeat of the season against Warren 10-8 at Downey on October 18th. Warren finished league play in second place with an overall record of 14-4 and a league record of 10-2.

The Downey/Warren tennis matches were all exciting and some highly competitive tennis was played on both sides. Downey earned the top league entry for postseason play and Warren claimed the number two league entry.

The Lady Vikings were led in singles play by Leila Hatier, Connie Paik and Maile Chew-Fernandez. The Lady Vikings were led in doubles play competition by Lizbeth Hernandez and Adriana Baltazar, Michelle Kim and Cathy Yun and Vivian Quiroz and Akhila Nallamilli. Other Lady Vikings contributing to the league championship season were Rebecca Medina, Daisy Ramirez and Alyssa Escarega.

Coach Diego and her staff are extremely proud of this year's team and their entire tennis program. The Downey junior varsity team also claimed a S.G.V.L. championship.

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## SHARED STORIES: NO STOPPING A DETERMINED DRIVER

Statistic show that a fair number of young people today are not as anxious to drive as teenagers were many decades ago. Janice Collins learned to drive on the back roads of Colorado, and even a rollover accident didn't deter her or her friend. Shared Stories is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns.

By Janice Collins

I've been in two car accidents that were the rollover kind. The first was when my girlfriend Delores and I were travelling near her home on sandy country roads in Colorado.

She hit a rut in the road near a large ditch, causing the car to swerve.

We rolled over and the car landed on the embankment. I was not trapped, just tossed around in the car, and I lost my glasses and shoes.

When I couldn't see her, I crawled out of the window on my side and went around the car trying to find her. Her head was sticking out from under the car which was upside down and covering her body.

She was conscious, and asked me not to leave her because it was such a terrifying thing to have happened. Since I could not help her, I left, telling her that I was going for help.

I ran faster than I had ever run before, shoeless and without glasses, to the nearest farm house to make phone calls.

When I got to a house with a fenced yard, the dogs didn't accept me. So I hollered for help. The people heard me and made phone calls, and then took me back to the site.

An ambulance came for Delores and the parents of both of us also came. Fortunately, Delores was in a small depression under the car, and it must have been made when we hit the embankment and rolled over.

She was only bruised, no broken bones or concussion. I was taken to the doctor's just to be checked. We were both about seventeen and the accident didn't deter us from driving. Our parents were calm and didn't want us to feel any worse than we already did.

My second rollover accident involved my car. My husband was taking us to Denver to visit my father who had ulcer surgery.

We hit a slick spot in the paved road, after a rain storm. We slid and rolled the car. The car was totaled.

My husband's finger was badly cut, and he held it in place while we tried to stop the bleeding. We were fortunate that a passerby stopped to take us to the Denver hospital so he could get stitches.

My husband was a very brave person to have handled the situation so well. He was more worried about me instead of himself.

Once again, the accident didn't stop us from driving.

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**CRIME REPORT**

**FRIDAY, OCT. 14:**

At 9:45 p.m., officers were dispatched to the area of Stewart & Gray Road and Old River School Road regarding a possible assault. The reporting party said she had been travelling westbound on Stewart & Gray Road when she heard a single gunshot and saw a vehicle speed off westbound Stewart & Gray Road. The victim pulled over and noticed a single gunshot hole in her rear driver side door. Detectives are investigating.

**SATURDAY, OCT. 15**

At 1:15 p.m., officers were dispatched to an assault/road rage in the area of Gardendale Street and Brock Avenue. The male suspect confronted a 59-year-old Downey resident with a baseball bat when both men exited their vehicles. The suspect struck the victim with the bat. The victim and suspect both returned to their vehicles and drove away. Detectives are investigating.

**SUNDAY, OCT. 16**

At 1:20 a.m., officers were dispatched to Club DB Lounge after a man leaving the club became involved in a fight. The suspect kicked the victim in the head and fled in a vehicle. The victim was transported to a local hospital and was listed in stable condition. Detectives are investigating.

At 2:45 a.m. officers responded to an alarm call at business located in the 8000 block of Imperial Hwy. Officers observed a mini-van speed off from the location "blacked out." They attempted to stop the vehicle, however, the suspects fled. Officers followed the vehicle and observed it crash on the 710 freeway. One suspect was immediately taken into custody and another is still outstanding. Miscellaneous burglary tools were located in the van, which had been stolen out of LAPD Wilshire Division. Detectives are investigating.

# The Tell-Tale Heart

by Edgar Allan Poe

TRUE! --nervous --very, very dreadfully nervous I had been and am; but why will you say that I am mad? The disease had sharpened my senses --not destroyed --not dulled them. Above all was the sense of hearing acute. I heard all things in the heaven and in the earth. I heard many things in hell. How, then, am I mad? Hearken! and observe how healthily --how calmly I can tell you the whole story.

It is impossible to say how first the idea entered my brain; but once conceived, it haunted me day and night. Object there was none. Passion there was none. I loved the old man. He had never wronged me. He had never given me insult. For his gold I had no desire. I think it was his eye! yes, it was this! He had the eye of a vulture --a pale blue eye, with a film over it. Whenever it fell upon me, my blood ran cold; and so by degrees --very gradually --I made up my mind to take the life of the old man, and thus rid myself of the eye forever.

Now this is the point. You fancy me mad. Madmen know nothing. But you should have seen me. You should have seen how wisely I proceeded --with what caution --with what foresight --with what dissimulation I went to work! I was never kinder to the old man than during the whole week before I killed him. And every night, about midnight, I turned the latch of his door and opened it --oh so gently! And then, when I had made an opening sufficient for my head, I put in a dark lantern, all closed, closed, that no light shone out, and then I thrust in my head. Oh, you would have laughed to see how cunningly I thrust it in! I moved it slowly --very, very slowly, so that I might not disturb the old man's sleep. It took me an hour to place my whole head within the opening so far that I could see him as he lay upon his bed. Ha! would a madman have been so wise as this, And then, when my head was well in the room, I undid the lantern cautiously--oh, so cautiously --cautiously (for the hinges creaked) --I undid it just so much that a single thin ray fell upon the vulture eye. And this I did for seven long nights --every night just at midnight --but I found the eye always closed; and so it was impossible to do the work; for it was not the old man who vexed me, but his Evil Eye.

And every morning, when the day broke, I went boldly into the chamber, and spoke courageously to him, calling him by name in a hearty tone, and inquiring how he has passed the night. So you see he would have been a very profound old man, indeed, to suspect that every night, just at twelve, I looked in upon him while he slept.

Upon the eighth night I was more than usually cautious in opening

the door. A watch's minute hand moves more quickly than did mine. Never before that night had I felt the extent of my own powers --of my sagacity. I could scarcely contain my feelings of triumph. To think that there I was, opening the door, little by little, and he not even to dream of my secret deeds or thoughts. I fairly chuckled at the idea; and perhaps he heard me; for he moved on the bed suddenly, as if startled. Now you may think that I drew back --but no. His room was as black as pitch with the thick darkness, (for the shutters were close fastened, through fear of robbers,) and so I knew that he could not see the opening of the door, and I kept pushing it on steadily, steadily.

I had my head in, and was about to open the lantern, when my thumb slipped upon the tin fastening, and the old man sprang up in bed, crying out --"Who's there?"

I kept quite still and said nothing. For a whole hour I did not move a muscle, and in the meantime I did not hear him lie down. He was still sitting up in the bed listening; --just as I have done, night after night, hearkening to the death watches in the wall.

Presently I heard a slight groan, and I knew it was the groan of mortal terror. It was not a groan of pain or of grief --oh, no! --it was the low stifled sound that arises from the bottom of the soul when overcharged with awe. I knew the sound well. Many a night, just at midnight, when all the world slept, it has welled up from my own bosom, deepening, with its dreadful echo, the terrors that distracted me. I say I knew it well. I knew what the old man felt, and pitied him, although I chuckled at heart. I knew that he had been lying awake ever since the first slight noise, when he had turned in the bed. His fears had been ever since growing upon him. He had been trying to fancy them causeless, but could not. He had been saying to himself --"It is nothing but the wind in the chimney --it is only a mouse crossing the floor," or "It is merely a cricket which has made a single chirp." Yes, he had been trying to comfort himself with these suppositions: but he had found all in vain.

All in vain; because Death, in approaching him had stalked with his black shadow before him, and enveloped the victim. And it was the mournful influence of the unperceived shadow that caused him to feel --although he neither saw nor heard --to feel the presence of my head within the room.

When I had waited a long time, very patiently, without hearing him lie down, I resolved to open a little --a very, very little crevice in the lantern. So I opened it --you cannot imagine how stealthily, stealthily --until, at length a simple dim ray, like the thread of the spider, shot from out the crevice and fell full upon the vulture eye.

It was open --wide, wide open --and I grew furious as I gazed upon it. I saw it with perfect distinctness --all a dull blue, with a hideous veil over it that chilled the very marrow in my bones; but I could see nothing else of the old man's face or person: for I had directed the ray as if by instinct, precisely upon the damned spot.

Continued on page 11

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# The Tell-Tale Heart

by Edgar Allan Poe

Continued from page 10

And have I not told you that what you mistake for madness is but over-acuteness of the sense? --now, I say, there came to my ears a low, dull, quick sound, such as a watch makes when enveloped in cotton. I knew that sound well, too. It was the beating of the old man's heart. It increased my fury, as the beating of a drum stimulates the soldier into courage.

But even yet I refrained and kept still. I scarcely breathed. I held the lantern motionless. I tried how steadily I could maintain the ray upon the eave. Meantime the hellish tattoo of the heart increased. It grew quicker and quicker, and louder and louder every instant. The old man's terror must have been extreme! It grew louder, I say, louder every moment! --do you mark me well I have told you that I am nervous: so I am. And now at the dead hour of the night, amid the dreadful silence of that old house, so strange a noise as this excited me to uncontrollable terror. Yet, for some minutes longer I refrained and stood still. But the beating grew louder, louder! I thought the heart must burst. And now a new anxiety seized me --the sound would be heard by a neighbour! The old man's hour had come! With a loud yell, I threw open the lantern and leaped into the room. He shrieked once --once only. In an instant I dragged him to the floor, and pulled the heavy bed over him. I then smiled gaily, to find the deed so far done.

But, for many minutes, the heart beat on with a muffled sound. This, however, did not vex me; it would not be heard through the wall. At length it ceased. The old man was dead. I removed the bed and examined the corpse. Yes, he was stone, stone dead. I placed my hand upon the heart and held it there many minutes. There was no pulsation. He was stone dead. His eye would trouble me no more.

If still you think me mad, you will think so no longer when I describe the wise precautions I took for the concealment of the body. The night waned, and I worked hastily, but in silence. First of all I dismembered the corpse. I cut off the head and the arms and the legs.

I then took up three planks from the flooring of the chamber, and deposited all between the scantlings. I then replaced the boards so cleverly, so cunningly, that no human eye --not even his --could have detected any thing wrong. There was nothing to wash out --no stain of any kind --no blood-spot whatever. I had been too wary for that. A tub had caught all --ha! ha!

When I had made an end of these labors, it was four o'clock --still dark as midnight. As the bell sounded the hour, there came a knocking at the street door. I went down to open it with a light heart, --for what had I now to fear? There entered three men, who

introduced themselves, with perfect suavity, as officers of the police. A shriek had been heard by a neighbour during the night; suspicion of foul play had been aroused; information had been lodged at the police office, and they (the officers) had been deputed to search the premises.

I smiled, --for what had I to fear? I bade the gentlemen welcome. The shriek, I said, was my own in a dream. The old man, I mentioned, was absent in the country. I took my visitors all over the house. I bade them search --search well. I led them, at length, to his chamber. I showed them his treasures, secure, undisturbed. In the enthusiasm of my confidence, I brought chairs into the room, and desired them here to rest from their fatigues, while I myself, in the wild audacity of my perfect triumph, placed my own seat upon the very spot beneath which reposed the corpse of the victim.

The officers were satisfied. My manner had convinced them. I was singularly at ease. They sat, and while I answered cheerily, they chatted of familiar things. But, ere long, I felt myself getting pale and wished them gone. My head ached, and I fancied a ringing in my ears: but still they sat and still chatted. The ringing became more distinct: --It continued and became more distinct: I talked more freely to get rid of the feeling: but it continued and gained definiteness --until, at length, I found that the noise was not within my ears.

No doubt I now grew very pale; --but I talked more fluently, and with a heightened voice. Yet the sound increased --and what could I do? It was a low, dull, quick sound --much such a sound as a watch makes when enveloped in cotton. I gasped for breath --and yet the officers heard it not. I talked more quickly --more vehemently; but the noise steadily increased. I arose and argued about trifles, in a high key and with violent gesticulations; but the noise steadily increased. Why would they not be gone? I paced the floor to and fro with heavy strides, as if excited to fury by the observations of the men --but the noise steadily increased. Oh God! what could I do? I foamed --I raved --I swore! I swung the chair upon which I had been sitting, and grated it upon the boards, but the noise arose over all and continually increased. It grew louder --louder --louder! And still the men chatted pleasantly, and smiled. Was it possible they heard not? Almighty God! --no, no! They heard! --they suspected! --they knew! --they were making a mockery of my horror! --this I thought, and this I think. But anything was better than this agony! Anything was more tolerable than this derision! I could bear those hypocritical smiles no longer! I felt that I must scream or die! and now --again! --hark! louder! louder! louder! louder!

"Villains!" I shrieked, "dissemble no more! I admit the deed! --tear up the planks! here, here! --It is the beating of his hideous heart!"

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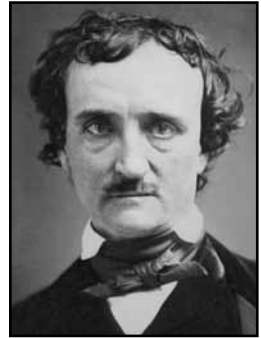
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# Strangers in the Night: A Halloween Story

By Rosalie Sciortino

Martha was neither liked nor respected. She lived alone. No one came to call. She didn't care.

"I'm not evil. I'm not evil," she repeated to herself as she prepared to drive to her mountain cabin. At the last moment she dropped a flashlight into her bag.

The cabin had been rented to Fred and his wife for several years. They were gentle, honest folk who wished to spend their last years amid the natural beauty of the mountains. Now they had been unable to pay the rent for two months and despite their plea for consideration, they were brutally ousted from the cabin last week by three strong men Martha employed.

Now, although the night was stormy and road conditions unfavorable, Martha sped onward determined to reach the cabin before midnight. She passed several isolated cabins where pumpkins glowed on porches and dried corn stalks stood ghostlike against the dark walls. It occurred to her that yes, this was Halloween night -- a night of goblins and trolls.

The road narrowed as she approached the rain-soaked cabin. The cold darkness hung like a wet shroud, concealing everything. She parked in the driveway and ran up the three steps to the porch. The door opened with a loud lament. She nervously felt for the light switch. "Damn. No electricity!" She reached into her bag for the flashlight and fumbled her way into the kitchen for a candle and matches. Suddenly she had an unsettling feeling that this trip had been a mistake.

The sound of scurrying feet toward her caused her to back up to the wall in alarm. Through the flickering candlelight she made out a dozen small, black, glistening creatures. Their oozing eyes and gaping mouths were hideously menacing.

Before she could run, before she could even think, they had clambered up and enveloped her body, digging their fangs deep into her flesh. Screaming in agony, she dropped the burning candle and slumped helplessly to the floor. The cabin exploded into flames.

Her charred body was discovered amidst the ashes. Strangely, only one thing escaped the flames -- a large metal sign her henchmen had posted on the front outside wall which read, "DANGER. KEEP OUT!"

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## Linda Snipes mourned

**DOWNEY** – Linda Loranger Snipes passed away suddenly on Oct. 25 in South Gate.

She was born and raised in Burbank and worked as a registered nurse for Los Angeles County before working at Rancho Los Amigos Rehabilitation Center in Downey for many years.



She is survived by her daughter Lisa (Joelle) and her son Daniel.

Linda was predeceased in by her parents.

# POETRY MATTERS

One Life is Spent

One life is spent, the other spends us.

Rarely, they touch -  
like a cat for the first time meeting itself in a mirror.

In the world, mirrors are few.  
The slightest wind dissolves them.

In a life, the moments of recognition are few.

Consciousness does not hate or love,  
it neither grieves nor longs.  
Walking and breathing are not its nature.  
It is.

Yet something passes and ends,  
grows wet in rain and then dries.

and the small bowl of kibble  
empties into a delicate, spotted paw,  
a tail slightly kinked,  
a preference for one window sill  
over another.

--Jane Hirshfield

Hallowe'en and La Dia de Los Muertos are secular, not spiritual holidays. Yet many folks believe these are occasions when spirits pass freely from one world to another, just as there is an instant in some poems that Hirshfield calls the "window moment."

"Some poems have a way of, sometimes quite literally, looking out a window," Hirshfield explains. "They change their focus of direction, they change their attention. And by doing that, by glancing for a moment at something else, the field of the poem becomes larger. What's in the room with the poem is bigger."

Jane Hirshfield is one of our country's most celebrated poets. The Academy of American Poets bestowed her a fellowship for her "distinguished poetic achievement," an honor shared with Robert Frost and Ezra Pound. Poetry Matters is curated by Lorine Parks

# Former state senator Ron Calderon gets 3 1/2 years in prison for bribes

**MONTEBELLO** – Former state Senator Ron Calderon was sentenced last week to three and a half years in federal prison after pleading guilty to a federal corruption charge, admitting that he accepted tens of thousands of dollars in bribes in exchange for performing official acts as a legislator.

Calderon, 59, of Montebello, received the 42-month sentence last Friday afternoon from United States District Judge Christina A. Snyder, who also ordered the defendant to serve 150 hours of community service.

Calderon pleaded guilty in June to one count of mail fraud through the deprivation of honest services. In a plea agreement filed in this case, Calderon admitted accepting bribe payments from the owner of a Long Beach hospital who wanted a law to remain in effect so he could continue to reap tens of millions of dollars in illicit profits from a health care fraud scheme. Calderon also admitted taking bribes from undercover FBI agents who were posing as independent filmmakers who wanted changes to California's Film Tax Credit program.

Ron Calderon's brother, Tom Calderon, 62, also of Montebello, a former member of the California State Assembly who became a political consultant, was sentenced last month to 10 months in custody for his conviction on a money laundering charge for allowing bribe money earmarked for his brother to be funneled through his company.

"Former Senator [Ron] Calderon repeatedly violated the trust of the voters by taking nearly \$160,000 in bribes in exchange for abusing his position as an elected official," said United States Attorney Eileen M. Decker. "The Calderons are now being punished for their roles in a bribery scheme that involved multiple forms of payments, as well as the attempted concealment of the scheme through money laundering and lies made to residents of his district. Politicians who violate their oaths by selling their offices will be discovered and will be prosecuted."

"Mr. Calderon used the power of the state Senate to dole out favors in exchange for bribe payments and a flashy lifestyle, rather than governing honestly for the people of California," said Deirdre Fike, the Assistant Director in Charge of the FBI's Los Angeles Field Office. "I'm proud of the agents and prosecutors who made this case a success using innovative techniques to uncover a variety of schemes and abject corruption by a state official."

"At the heart of this case are two brothers – one a politician, the other the facilitator – who thought they were above the law and could exchange political favors for bribery payments," stated IRS Criminal Investigation's Acting Special Agent in Charge, Anthony J. Orlando. "Regardless of circumstances, no one is granted an exemption to commit crimes with impunity. As today's sentence shows, the government will hold accountable those who use fraud and deceit to line their pockets with money, especially when those individuals are serving the California public."



Calderon admitted participating in a bribery scheme involving two areas of legislation and the hiring of a staffer who was also an undercover FBI agent.

In the first part of the bribery scheme, Calderon took bribes from Michael Drobot, the former owner of Pacific Hospital in Long Beach, which was a major provider of spinal surgeries that were often paid by workers' compensation programs. The spinal surgeries are at the center of a massive healthcare fraud scheme that Drobot orchestrated and to which he previously pleaded guilty. Calderon was not charged in the health care fraud scheme that led to well over \$500 million in fraudulent billings. Drobot, who was described in court papers filed by prosecutors as "a greedy fraudster robbing taxpayer-funded federal programs," was a client of Tom Calderon's political consulting firm.

California law known as the "spinal pass-through" legislation allowed a hospital to pass on to insurance companies the full cost it had paid for medical hardware it used during spinal surgeries. As Drobot admitted in court, his hospital exploited this law, typically by using hardware that had been purchased at highly-inflated prices from companies that Drobot controlled and passing this cost along to insurance providers.

Drobot bribed Ron Calderon so that he would use his public office to preserve this law that helped Drobot maintain a long-running and lucrative healthcare fraud scheme, which included Calderon asking a fellow senator to introduce legislation favorable to Drobot and attempting to recruit other senators to support Drobot. The payments from Drobot came in the form of summer employment for Ron Calderon's son, who was hired as a summer file clerk at Pacific Hospital and received a total of \$30,000 over the course of three years, despite the son doing little actual work at the hospital.

Continued on page 16

# LEGAL NOTICES

## BULK SALES

### NOTICE TO CREDITORS OF BULK SALE (Sections 6104-6105 U.C.C.) Escrow No. 009070-SK

Notice is hereby given to creditors of the within named seller that a bulk sale is about to be made of the assets described below. The name(s) and business address(es) of the seller(s) are: NORWALK EXPRESS CAR WASH INC., 13216 ROSECRANS AVE, NORWALK, CA 90650. The location in California of the chief executive office of the seller is: SAME. As listed by the seller, all other business names and addresses used by the seller within three years before the date such list was sent or delivered to the buyer are: NONE. The name(s) and business address of the buyer are: HY CARWASH INC., 13218 ROSECRANS AVE, NORWALK, CA 90650. The assets to be sold are described in general as: FURNITURE, FIXTURES, EQUIPMENT, GOODWILL, TRADENAME, LEASEHOLD, IMPROVEMENT AND INTEREST, AND COVENANT NOT TO COMPETE and is located at: 13218 ROSECRANS AVE, NORWALK, CA 90650. The business name used by the seller(s) at that location is: TSUNAMI EXPRESS CAR WASH. The anticipated date of the bulk sale is: NOVEMBER 15, 2016 at the office of: UNITED ESCROW CO, 3600 WILSHIRE BLVD #913, LOS ANGELES, CA 90010. The bulk sale is subject to California Uniform Commercial Code Section 6106.2. If so subject the name and address of the person with whom claims may be filed is: UNITED ESCROW CO, 3600 WILSHIRE BLVD #913, LOS ANGELES, CA 90010 and the last day for filing claims shall be NOVEMBER 14, 2016, which is the business day before the sale date specified above. Dated: SEPTEMBER 6, 2016. S/ CARWASH INC., A CALIFORNIA CORPORATION, Buyer(s) LA1722211 DOWNEY PATRIOT 10/27/16

The Downey Patriot 10/27/16

## FICT. BUS NAME

### FICTITIOUS BUSINESS NAME STATEMENT File Number 2016254036

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) VICKI AND FRIENDS HAIR STYLING (2) VICKI AND FRIENDS SALON & BLOW DRY BAR, 5530 SOUTH ST, LAKEWOOD CA 90713, COUNTY OF LOS ANGELES, 5530 SOUTH ST., LAKEWOOD 90713. Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) VALERIE RODRIGUEZ RUIZ, 5481 PIONEER BLVD, WHITTIER CA 90601 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ VALERIE RODRIGUEZ RUIZ, OWNER This statement was filed with the County Clerk of Los Angeles on OCTOBER 18, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant

to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 10/27/16, 11/3/16, 11/10/16, 11/17/16

### FICTITIOUS BUSINESS NAME STATEMENT File Number 2016247107

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) CYBERKINS, 11029 REICHLING LANE, WHITTIER CA 90606, LA COUNTY. Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) STEVEN LAWRENCE PALACIOS, 11029 RIECHLING LANE, WHITTIER CA 90606 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 10/2016 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ STEVEN LAWRENCE PALACIOS, OWNER This statement was filed with the County Clerk of Los Angeles on OCTOBER 7, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 10/27/16, 11/3/16, 11/10/16, 11/17/16

### FICTITIOUS BUSINESS NAME STATEMENT File Number 2016254554

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ALBORADA REAL ESTATE, 6528 GREENLEAF AVE. 201 A, WHITTIER CA 90601, LA COUNTY, 6528 GREENLEAF AVE. 201 A, WHITTIER CA 90601. Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) FAVIOLA JAIME, 6528 GREENLEAF AVE. 201 A, WHITTIER CA 90201 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ FAVIOLA JAIME, OWNER This statement was filed with the County Clerk of Los Angeles on OCTOBER 18, 2016 NOTICE-In accordance with Subdivision

(a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 10/27/16, 11/3/16, 11/10/16, 11/17/16

### FICTITIOUS BUSINESS NAME STATEMENT File Number 2016247230

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) FIESTA MENUS, 11754 IDALENE STREET, SANTA FE SPRINGS CA 90670, COUNTY OF LOS ANGELES. Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) GABRIEL LOPEZ, 11754 IDALENE STREET, SANTA FE SPRINGS CA 90670 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 08/2016 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ GABRIEL LOPEZ, OWNER This statement was filed with the County Clerk of Los Angeles on OCTOBER 7, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 10/20/16, 10/27/16, 11/3/16, 11/10/16

### STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME File Number 2016235664

File Number 2016150459 DATE FILED: JUNE 15, 2016. NAME OF BUSINESS(ES): JOYFUL LIVING HOME CARE, INCORPORATED, JOYFUL LIVING HOME CARE, YORBA LINDA # 4, JOYFUL LIVING HOME CARE, DOWNEY # 1, JOYFUL LIVING HOME CARE , DOWNEY # 2, JOYFUL LIVING HOME CARE , DOWNEY # 3 STREET ADDRESS, CITY, STATE, ZIP CODE: 9821-B DOWNEY AVE, DOWNEY, CA 90240 REGISTERED OWNERS(S): (1) JOYFUL LIVING HOME CARE, INCORPORATED, 9821-B DOWNEY AVE, DOWNEY CA 90240

State of Incorporation: CA This business is conducted by a Corporation I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ JOYFUL LIVING HOME CARE, PRESIDENT This statement was filed with the County Clerk of LOS ANGELES on SEPTEMBER 23, 2016

The Downey Patriot 10/20/16, 10/28/16, 11/3/16, 11/10/16

### FICTITIOUS BUSINESS NAME STATEMENT File Number 2016250410

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) VIDA ESTATES AND FINANCIAL SERVICES, 11015 PARAMOUNT BLVD STE 7, DOWNEY CA 90241, LA COUNTY. Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) DAFNE FLORES SIERRA, 11015 PARAMOUNT BLVD STE 7, DOWNEY CA 90241 (2) VICTOR MANUEL FLORES AHUMADA, 11015 PARAMOUNT BLVD STE 7, DOWNEY CA 90241 State of Incorporation: (1) N/A This business is conducted by a General Partnership The registrant commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ DAFNE FLORES SIERRA, GENERAL PARTNER This statement was filed with the County Clerk of Los Angeles on OCTOBER 13, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 10/27/16, 11/3/16, 11/10/16, 11/17/16

### FICTITIOUS BUSINESS NAME STATEMENT File Number 2016259265

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) ELEMENT29, 8683 WASHINGTON BLVE, CULVER CITY CA 90232, LA COUNTY, 7119 SUNSET BLVD 194, LOS ANGELES CA 90046. Articles of Incorporation or Organization Number (if applicable): AI #ON: 201629310064 REGISTERED OWNERS(S): (1) UNCLE ZEV, LLC, 7119 SUNSET BLVD 194, LOS ANGELES CA 90046 State of Incorporation: (1) CA This business is conducted by a Limited Liability Company The registrant commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)

S/ UNCLE ZEV , LLC, OWNER, JEFFREY MEYER

This statement was filed with the County Clerk of Los Angeles on OCTOBER 24, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 10/27/16, 11/3/16, 11/10/16, 11/17/16

### FICTITIOUS BUSINESS NAME STATEMENT File Number 2016254961

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) CBE ROOF CONSULTING, 5716 PICKERING AVE., WHITTIER CA 90601, LA COUNTY. Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) COLIN B. EGBAKKEN, 5716 PICKERING AVE., WHITTIER CA 90601 State of Incorporation: (1) N/A This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on N/A I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ COLIN B. EGBAKKEN, OWNER This statement was filed with the County Clerk of Los Angeles on OCTOBER 18, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The Downey Patriot 10/27/16, 11/3/16, 11/10/16, 11/17/16

### FICTITIOUS BUSINESS NAME STATEMENT File Number 2016252924

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) EL GRAN CHAMAN, 7210 PACIFIC BLVD, LOS ANGELES CA 90255, COUNTY OF LOS ANGELES. Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S) : (1) DONNA ALARCON, 6059 MILES AVE HUNTINGTON PARK CA 90255 (2) JESUS C DOMINGUEZ LEON, 7210 PACIFIC BLVD, HUNTINGTON PARK CA 90255 State of Incorporation: (1) CA

The Downey Patriot 10/20/16, 10/27/16, 11/3/16, 11/10/16

### FICTITIOUS BUSINESS NAME STATEMENT File Number 2016247198

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) BIG LEAGUE FLOORING, 8537 CHESTER ST., PARAMOUNT CA 90723, LA COUNTY

This business is conducted by a General Partnership

The registrant commenced to transact business under the fictitious business name or names listed above on 03/2013 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ DONNA ALARCON, PARTNER This statement was filed with the County Clerk of Los Angeles on OCTOBER 17, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 10/27/16, 11/3/16, 11/10/16, 11/17/16

### FICTITIOUS BUSINESS NAME STATEMENT File Number 2016252695

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) EVA'S CLEANING SERVICES, 175 E 57TH ST APT 10, LONG BEACH CA 90805, LA COUNTY. Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) EVA RODRIGUEZ ALONSO, OWNER This statement was filed with the County Clerk of Los Angeles on OCTOBER 17, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Downey Patriot 10/20/16, 10/27/16, 11/3/16, 11/10/16

### FICTITIOUS BUSINESS NAME STATEMENT File Number 2016247198

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) BIG LEAGUE FLOORING, 8537 CHESTER ST., PARAMOUNT CA 90723, LA COUNTY



I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ EDUARDO CENTENO, OWNER  
 This statement was filed with the County Clerk of Los Angeles on OCTOBER 5, 2016 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

**The Downey Patriot**  
 10/20/16, 10/27/16, 11/3/16, 11/10/16

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2016238234**  
 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) SAY INSTALLATION AND REPAIR, 2340 THOMAS ST, LOS ANGELES CA 90031, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #0N: N/A REGISTERED OWNERS(S): (1) HUGO AJPACAJA SAY, 2340 THOMAS ST, LOS ANGELES CA 90031 (1) N/A  
 This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on 08/2016 I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) S/ HUGO AJPACAJA SAY, OWNER  
 This statement was filed with the County Clerk of Los Angeles on SEPTEMBER 26, 2016  
 NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

**The Downey Patriot**  
 10/20/16, 10/27/16, 11/3/16, 11/10/16

## GOVERNMENT

### CITY OF DOWNEY SUMMARY OF ORDINANCES INTRODUCED AND ADOPTED

On October 25, 2016, the City Council of the City of Downey introduced an ordinance rezoning the properties located at 9525-9601 Firestone Boulevard, 11016-11100 Pangborn Avenue, and 11017-11121 Newbury Avenue from Neighborhood Commercial and Parking Buffer to Multiple-Family Residential, excluding the parking buffer portion of 9601 Firestone Boulevard, which would rezone to Neighborhood Commercial.

On October 25, 2016, the City Council of the City of Downey adopted Ordinance No. 16-1359, rezoning the property at 7940 Telegraph Rd from General Commercial (C-2) and Parking Buffer (P-B) to R-3 (Multiple-Family Residential).

AYES: Council Members: Ashton, Brossmer, Marquez, Vasquez  
 NOES: Council Member: None  
 ABSENT: Council Member: None  
 ABSTAIN: Council Member: Mayor Saab.

On October 25, 2016, the City Council of the City of Downey adopted Ordinance No. 16-1360, approving A zone change (PLN-16-00018), thereby Rezoning the Southernly Sixty-Six (66') Feet of the Property Located at 9104 Stewart & Gray Rd From P-B (Parking Buffer) To R-3 (Multiple-Family Residential).

AYES: Council Members: Ashton, Brossmer, Marquez, Vasquez, Mayor Saab  
 NOES: Council Member: None  
 ABSENT: Council Member: None  
 ABSTAIN: Council Member: None.

Copies of the full texts of all ordinances are available in the City Clerk's Office.

Adria M. Jimenez, MMC, City Clerk  
 October 27, 2016

**The Downey Patriot**  
 10/27/16

**CITY OF DOWNEY  
 NOTICE CALLING FOR BIDS**  
**CAPITAL IMPROVEMENT PROJECT NO. 17-03  
 ANNUAL MISCELLANEOUS CONCRETE CONSTRUCTION AND REPAIR PROJECT, COUNCIL DISTRICT 4**

NOTICE IS HEREBY GIVEN that sealed bids will be received at the office of the City Clerk of the City of Downey until 11:00 AM on Thursday, November 10, 2016 which hour the proposed bids will be publicly opened and read in the City Hall at 11111 Brookshire Ave, Downey, California for **Capital Improvement Project No. 17-03 - Annual Miscellaneous Concrete Construction and Repair Project, Council District 4.**

The work to be performed under this Contract generally consists of construction and repair of miscellaneous concrete improvements at various locations. This includes removal and reconstruction of PCC curb, gutter, sidewalk, driveways, and curb ramps; construction of PCC sidewalk; removal and reconstruction of AC pavements; clearing, grading, excavation, and tree removal; backfilling, regrading, restoration of parkways and areas disturbed by the construction; reseeding and/or planting sod turf, and all appurtenant work thereto necessary for the proper construction of the contemplated improvements in accordance with Plans and Specifications entitled **Capital Improvement Project No. 17-03.**

Plans and Specifications for this project are on file in the office of the City Cashier at 11111 Brookshire Ave., Downey, California, where they may be examined and copies obtained at a cost of \$25.00 per set. The cost of said Plans and Specifications is non-refundable and purchased Plans and Specifications need not be returned. Plans and Specifications may be mailed for an additional charge of \$20 via On-Trac Overnight courier.

**BIDS MUST BE MADE ON THE PROPOSAL FORM INCLUDED IN THE PLANS AND SPECIFICATIONS FOR CAPITAL IMPROVEMENT PROJECT NO. 17-03.** Each bid shall be accompanied by cash, a certified

or cashier's check or by a corporate surety bond issued by a surety company, admitted to do business in the State of California on the form furnished by the City as guarantee that bidder will, if an award is made to him in accordance with the terms of his bid, promptly secure Workers' Compensation insurance, and liability insurance, execute a contract in the required form, and furnish satisfactory bonds for the faithful performance of the Contract ("Performance Bond") and for the payment of claims of materialmen and laborers thereunder ("Payment Bond"). Said cash, check or bidder's bond shall be in an amount of not less than ten percent (10%) of the amount of the bid. The Performance and Payment Bonds shall be not less than one hundred percent (100%) of the total amount of the bid price named in the contract. Only bonds issued by companies admitted to do business in the State of California will be accepted in accordance with the Code of Civil Procedure Section 995.311. Failure to submit acceptable Payment and Performance Bonds as required shall result in a rejection of the bid and a forfeiture of the proposal guarantee.

The Contractor shall abide by the provisions of the California Labor Code § 1770-1781, et seq. In accordance with the provisions of the California Labor Code § 1773, the general prevailing rates of per diem wages and holiday and overtime work in the locality in which the work is to be performed has been obtained from the Director of the Department of Industrial Relations, a copy of which is on file in the office of the City Clerk of the City of Downey and will be made available to any interested party upon request. The Contractor shall post a copy of the prevailing rate of per diem wages at the job site. The Contractor, and any Subcontractor under him, shall pay not less than the specified prevailing rates of wages to all workers employed in the execution of the contract.

All projects require the successful bidder to possess a valid State of California Contractor's License at the time of Contract Award, in accordance with Section 93303, and the Public Contract Code, Pursuant to Section 3300 of the Public Contract Code, the City has determined that the Contractor to whom the subject contract is awarded shall possess a valid State of California Contractor's License in the Classification of A, "General Engineering Contractor" or C-08, "Concrete Contractor".

In accordance with California Labor Code Section 1771.1, no Contractor or Subcontractor shall be qualified to (a) bid on or be listed in a bid proposal on or after March 1, 2015, or (b) engage in the performance of this Work after April 1, 2015, unless registered and qualified to perform the Work pursuant to Labor Code Section 1725.5.

Contractor's performance of the Work described in this Notice Inviting Bids is subject to compliance with the Code and enforcement by the California Department of Industrial Relations.

Each Contractor submitting a proposal or bid for his work shall complete and submit with the proposal all of the forms included therein, including the Bidder's Qualifications Statement, Designation of Subcontractors, the Non-Collusion Affidavit, the Pre-Bid Site Inspection Certification, and the Signature Page. Failure to include any of these documents with the proposal may disqualify the proposal.

The City of Downey reserves the right, after opening bids, to reject any or all bids, to waive any informality in any bid received, and to be the sole judge of the merits of the respective bids received. The award of the Contract, if it is awarded, will be to the lowest responsible Bidder whose bid complies with all the requirements prescribed.

Pursuant to California Public Contract Code § 22300, the Contractor at his sole cost and expense, may substitute authorized securities for any monies withheld by the City to ensure performance under the Contract.

All requests for information (RFI) shall be in written form and shall be directed to:

**Mr. Desi Gutierrez,**  
 Principal Engineer  
**E-Mail: dgutierr@downeyca.org**  
**Tel: (562) 622-3468**  
**Fax: (562) 904-7296**

No inquiries will be accepted later than five (5) business days prior to the opening date of this would not allow time to respond to all plan holders. Phone inquiries will not be accepted.

**NO LATE BIDS WILL BE ACCEPTED.**

CITY OF DOWNEY, CALIFORNIA  
 Adria M. Jimenez, MMC  
 City Clerk

**The Downey Patriot**  
 10/27/16, 11/3/16

## NOTICES

Public Meeting on PIH Health Hospital – Downey's Request For Modification of Condition VII

The California Attorney General will conduct a public meeting on Tuesday, November 15, 2016, beginning at 9:00 a.m., in Conference Room B at PIH Health Hospital - Downey (formerly known as Downey Regional Medical Center), located at 11500 Brookshire Avenue, Downey, CA 90241. The purpose of the public meeting is to receive comments on PIH Health Hospital – Downey's request to modify Condition VII of the Attorney General's Decision. The request seeks a reduction of PIH Health Hospital – Downey's obligation to provide a certain level of charity care under Condition VII based upon the impact of the implementation of the 2010 Federal Patient Protection and Affordable Care Act. A copy of the Attorney General's Decision dated April 15, 2013 and PIH Health Hospital - Downey's request for modification dated August 10, 2016 is posted on the Attorney General's website at <http://www.oag.ca.gov/charities/nonprofit/hosp>. Prior to the public meeting, a copy of the Attorney General's health care expert's report on the request for modification will be posted on the Attorney General's web site at <http://www.oag.ca.gov/charities/nonprofit/hosp>. A copy of all three documents is also available for public inspection at PIH Health Hospital – Downey's Administration Department, located at 11500 Brookshire Avenue, Downey, CA 90241.

Persons wishing to present their views orally at a public meeting may do so by submitting a sign-up sheet prior to the public meeting, sending an email to [wendi.horwitz@doj.ca.gov](mailto:wendi.horwitz@doj.ca.gov) by November 14, 2016, or calling (213) 897-2178 by November 14, 2016. Any individual with a disability seeking reasonable accommodations to attend or participate in the meeting or to obtain materials or information on the meeting in an alternative format should contact Wendi A. Horwitz at least five days before the public meeting.

Persons may and are encouraged to present their views in writing to the Department of Justice electronically via email to [wendi.horwitz@doj.ca.gov](mailto:wendi.horwitz@doj.ca.gov), via facsimile at (213) 897-7605, or by mailing a copy to Wendi A. Horwitz, Deputy Attorney General, 300 South Spring Street, Suite 1702, Los Angeles, CA 90013. The deadline for receipt of written comments is by noon on November 17, 2016.

**The Downey Patriot**  
 10/27/16

### SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE

**FOR CHANGE OF NAME**  
**CASE NUMBER: VS029503**  
**TO ALL INTERESTED PERSONS:**

Petitioner Gina Ann Munoz filed a petition with this court for a decree changing names as follows:  
 Present name (1) Gina Ann Munoz to Proposed name (1) Gina Ann Whiteshield THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

**NOTICE OF HEARING**  
**Date: December 14, 2016, Time: 1:30 pm,**  
**Department C, 3rd Floor**  
**The address of the court is 12720 Norwalk Blvd., Norwalk, California 90650**

A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **DOWNEY PATRIOT NEWSPAPER**  
 October 11, 2016  
 Margaret M. Bernal  
 Judge Of The Superior Court  
 Petitioner or Attorney, In Pro Per  
**Juana R Bribiesca**  
**11621 Garfield Ave**  
**South Gate, CA 90280**  
**(562) 531-2763**

**The Downey Patriot**  
 10/20/16, 10/27/16, 11/3/16, 11/10/16

### SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE

**FOR CHANGE OF NAME**  
**CASE NUMBER: VS029518**  
**TO ALL INTERESTED PERSONS:**

Petitioner Robert Lou Walking filed a petition with this court for a decree changing names as follows:  
 Present name (1) Robert Lou Walking Jr. to Proposed name (1) Robert Lou Thomson THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

**NOTICE OF HEARING**  
**Date: December 14, 2016, Time: 1:30 pm,**  
**Department C, 3rd Floor**  
**The address of the court is 12720 Norwalk Blvd., Norwalk, California 90650**

A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **DOWNEY PATRIOT**  
 October 13, 2016  
 Margaret M. Bernal  
 Judge Of The Superior Court  
 Petitioner or Attorney, In Pro Per  
**Robert Lou Walking Jr.**  
**14532 Woodruff Ave**  
**Bellflower, CA 90706**  
**(562) 644-5116**  
**rkrm1@hotmail.com**

**The Downey Patriot**  
 10/20/16, 10/27/16, 11/3/16, 11/10/16

### SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE

**FOR CHANGE OF NAME**  
**CASE NUMBER: VS029526**  
**TO ALL INTERESTED PERSONS:**

Petitioner Ericka del Carmen Mendez filed a petition with this court for a decree changing names as follows:  
 Present name (1) Erick Jose Figueroa Mendez to Proposed name (1) Erick Jose Mendez THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

**NOTICE OF HEARING**  
**Date: December 21, 2016, Time: 1:30 pm,**  
**Department C**  
**The address of the court is 12720 Norwalk Blvd., Norwalk, California 90650**

A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **DOWNEY PATRIOT**  
 October 17, 2016  
 Margaret M. Bernal  
 Judge Of The Superior Court  
 Petitioner or Attorney, In Pro Per  
**Ericka del Carmen Mendez**  
**7952 Stewart and Gray Rd, unit 1**  
**Downey, CA 90241**  
**(310) 272-0094**  
**Ekalamendez@icloud.com**

**The Downey Patriot**  
 10/20/16, 10/27/16, 11/3/16, 11/10/16

### SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE

**FOR CHANGE OF NAME**  
**CASE NUMBER: VS029548**  
**TO ALL INTERESTED PERSONS:**

Petitioner Yasin Mohammad filed a petition with this court for a decree changing names as follows:  
 Present name (1) Yasin Mohammad to Proposed name (1) Yasin Mohammad Almadani THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

**NOTICE OF HEARING**  
**Date: November 30, 2016, Time: 1:30 pm,**  
**Department C, 3rd Floor**  
**The address of the court is 12720 Norwalk Blvd., Norwalk, Ca 90650**

A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **DOWNEY PATRIOT**  
 October 20, 2016  
 Margaret M. Bernal  
 Judge Of The Superior Court  
 Petitioner or Attorney, In Pro Per  
**Yasin Mohammad**  
**12945 Dawn Drive**  
**Cerritos, CA 90703**  
**(510) 290-3821**  
**yasinmo@gmail.com**

**The Downey Patriot**  
 10/27/16, 11/3/16, 11/10/16, 11/17/16

### SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE

**FOR CHANGE OF NAME**  
**CASE NUMBER: VS029240**  
**TO ALL INTERESTED PERSONS:**

Petitioner Juana R Bribiesca filed a petition with this court for a decree changing names

as follows:  
 Present name (1) Juana R Bribiesca to Proposed name (1) Penny Raya THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

**NOTICE OF HEARING**  
**Date: November 30, 2016, Time: 1:30 pm,**  
**Department SE-C**  
**The address of the court is 12720 Norwalk Blvd., Norwalk, Ca 90650**

A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **DOWNEY PATRIOT**  
 October 19, 2016  
 Margaret M. Bernal  
 Judge Of The Superior Court  
 Petitioner or Attorney, In Pro Per  
**Juana R Bribiesca**  
**11621 Garfield Ave**  
**South Gate, CA 90280**  
**(562) 531-2763**

**The Downey Patriot**  
 10/27/16, 11/3/16, 11/10/16, 11/17/16

## PROBATE

**NOTICE OF PETITION TO ADMINISTER ESTATE OF ROBERTA ANN CENDEJAS aka ROBERTA A. CENDEJAS**  
**Casir No. 16S29051**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of ROBERTA ANN CENDEJAS aka ROBERTA A. CENDEJAS  
 A PETITION FOR PROBATE has been filed by Anthony L. Cendejas in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that Anthony L. Cendejas be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Nov. 18, 2016 at 8:30 AM in Dept. No. 9 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

**Attorney for petitioner:**  
**JENNIFER N. SAWDAY, ESQ. SBN 228320**  
**TREDWAY LUMSDAINE & DOYLE LLP**  
**3900 KILROY AIRPORT WAY**  
**STE 240**  
**LONG BEACH CA 90806-6817**  
**CN930227 CENDEJAS**

Oct 20, 27, Nov 3, 2016

**CN930227**  
**The Downey Patriot**  
 10/20/16, 10/27/16, 11/3/16

## TRUSTEE SALES

T.S. No. 026386-CA APN: 6249-027-027 NOTICE OF TRUSTEE'S SALE Pursuant to CA Civil Code 2923.3 IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/22/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER ON 11/10/2016 at 9:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 1/4/2006, as Instrument No. 06 0010490, of Official Records in the office of the County Recorder of Los Angeles County, State of CALIFORNIA executed by FELLY PEREZ, A SINGLE MAN, AND MARIANA P ZAVALA, A SINGLE WOMAN, BOTH AS JOINT TENANTS WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, THE SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: VINEYARD BALLROOM, DOUBLETREE HOTEL LOS ANGELES - NORWALK, 13111 SYCAMORE DRIVE, NORWALK, CA 90650 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE OR LESS DESCRIBED UNDER SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 11019 RIVES AVENUE DOWNEY, CALIFORNIA 90241 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$1,601,077.75 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. Dated: 10/4/2016 THE MORTGAGE LAW FIRM, PLC Adriana Rivas/Authorized Signatory 41689 ENTERPRISE CIRCLE NORTH, STE. 228, TEMECULA, CA 92590 (619) 465-8200 FOR TRUSTEE'S SALE INFORMATION PLEASE CALL 714-730-2727 The Mortgage Law Firm, PLC, may be attempting to collect a debt. Any information obtained may be used for that purpose. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924d of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may

call (800) 280-2832 or visit this Internet Web site WWW.AUCTION.COM, using the file number assigned to this case 026386-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (800) 280-2832 CLEAR RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117

**The Downey Patriot**  
 10/20/16, 10/27/16, 11/3/16

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 126573 Title No. 160110415 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED TO YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 05/28/2009. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 11/02/2016 at 11:00 AM, The Mortgage Law Firm, PLC, as duly appointed Trustee under and pursuant to Deed of Trust recorded 06/11/2009, as Instrument No. 20090878909, in book xx, page xx, of Official Records in the office of the County Recorder of Los Angeles County, State of California, executed by Rene Mojica, a Married Man as His Sole and Separate Property, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924(b), (payable at time of sale in lawful money of the United States), By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766. All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State, described as: FULLY DESCRIBED IN THE ABOVE DEED OF TRUST. APN 6229-012-010 The street address and other common designation, if any, of the real property described above is purported to be: 7229 Pellet Street, Downey, CA 90241 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$565,966.08 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written Notice of Default and Election to Sell. The undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. Dated: 10/4/2016 THE MORTGAGE LAW FIRM, PLC Adriana Rivas/Authorized Signatory 41689 ENTERPRISE CIRCLE NORTH, STE. 228, TEMECULA, CA 92590 (619) 465-8200 FOR TRUSTEE'S SALE INFORMATION PLEASE CALL 714-730-2727 The Mortgage Law Firm, PLC, may be attempting to collect a debt. Any information obtained may be used for that purpose. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand

## CLASSIFIEDS

**EMPLOYMENT**

**DEMOLITION WORKER**  
5 yr exp on Bobcat, torching, boom lift. Salary starts at \$17/hr  
Call Mary (909) 618-7757

**NOW HIRING HOUSEKEEPERS**  
Must have car, drivers license & some experience.  
(562) 565-3970

**PRESCHOOL AID-DOWNEY**  
Must have 6 ECE units  
5 days a wk, hrs 8am-1pm  
Fax (562) 861-9523 or CPuppe@stmarksdowney.org  
**NO CALLS PLEASE**

**FOR RENT**

**OFFICE BLDG FOR RENT**  
1040 SQ FT - 3 Offices + large reception area. Close to downtown - 1/2 Block from Main Post Office.  
\$1,700/mo. on annual lease  
(562) 972-5080

**DWY APT FOR RENT**  
1 BR 1 BA \$1000 + dep  
(562) 881-5635

**DWY 3 BR CONDO**  
1 1/2 BA, 2 story, central air, balcony, 2 car gar, newer constr., \$1900/mo + dep.  
12433 Benedict  
(562) 861-2046  
(562) 644-8968

**FOR SALE**

**MISC. OFFICE EQUIPT. FOR SALE**  
Copier, desk, file cabinets, etc.  
Bev @ (562) 244-2341

**HELP WANTED**

**HELP WANTED**  
Experience with Video Rental Store Clerk and Sales Rep needed ASAP, Temp P/T \$10/hr. Email resume to huqa12@yahoo.com

**SERVICES**

**PLANS, PERMITS CONSTRUCTION**  
Project Design, New Construction, Remodeling & Additions  
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Call Jeff (562) 869-1421

**SERVICES**

**FULL SERVICE PLUMBING**  
Licensed, bonded & insured, 24/7, senior discount  
McKinnon & Sons  
Plumbing of Downey  
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for all your home improvements & repairs. All labor and material guaranteed.  
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Desktop & Notebook Repair. Senior computer help & printer setup. Virus Removal  
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**JAMISON HEATING AND COOLING**  
Furnace tune up & system diagnostic \$49 Lic 1015395  
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**FINE ROOFING, INC.**  
Roof Repair & Leaks  
Free Estimate•Quality Service Senior Discount. Lic 976823  
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**APPLIANCE REPAIR**  
Domestic washer, dryer, stoves, ovens, refrigerators, dishwashers, A/C, heaters.  
All major brands.  
Joaquin (562) 866-4291  
(310) 251-3018

**SERVICES**

**ALL ELECTRICAL AND PLUMBING WORK**  
Lic 965519 & Bonded  
Jobs start at \$35, free estimate  
Call Erik (323) 228-4500

**YARD SALE**

**3 FAMILY ESTATE SALE**  
Furn, antiques, vintage, books, & designer clothes.  
Saturday only Nov. 5th 9-3  
8449 Suva St., Dwy 90240

Call Linda Larson to include your ad in The Downey Patriot Classified Section  
Deadline is Wednesday at 11:00 am  
(562) 904-3668

notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 730-2727 for information regarding the trustee's sale or visit this Internet Web site - www.servicelinkASAP.com - for information regarding the sale of this property, using the file number assigned to this case: 126573. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. A-FN4594501 10/13/2016, 10/20/2016, 10/27/2016

The Downey Patriot  
10/13/16, 10/20/16, 10/27/16

NOTICE OF TRUSTEE'S SALE T.S. No. 15-32186-PM-CA Title No. 150321819-CA-VOI A.P.N. 6367-011-005 ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY IS APPLICABLE TO THE NOTICE PROVIDED TO THE TRUSTOR ONLY PURSUANT TO CIVIL CODE 2923.3 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 02/26/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, (cashier's check) must be made payable to National Default Servicing Corporation, drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state; will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Ricardo Soto, a single man Duly Appointed Trustee: National Default Servicing Corporation Recorded 03/06/2007 as Instrument No. 20070485658 (or Book, Page) of the Official Records of Los Angeles County, California. Date of Sale: 11/02/2016 at 11:00 AM Place of Sale: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766 Estimated amount of unpaid balance and other charges: \$622,634.98 Street Address or other common designation of real property: 8009 Brookgreen Road, Downey, CA 90240 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The requirements of California Civil Code Section 2923.5(b)/2923.55(c) were fulfilled when the Notice of Default was recorded. NOTICE TO POTENTIAL

BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 or visit this Internet Web site www.ndscorp.com/sales, using the file number assigned to this case 15-32186-PM-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/06/2016 National Default Servicing Corporation c/o Tiffany and Bosco, P.A., its agent, 1230 Columbia Street, Suite 680 San Diego, CA 92101 Toll Free Phone: 888-264-4010 Sales Line 714-730-2727; Sales Website: www.ndscorp.com/sales Zahara Joyner, Trustee Sales Representative A-4594744 10/13/2016, 10/20/2016, 10/27/2016

The Downey Patriot  
10/13/16, 10/20/16, 10/27/16

T.S. No. 043209-CA APN: 6361-006-021 NOTICE OF TRUSTEE'S SALE Pursuant to CA Civil Code 2923.3 IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 6/8/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 11/23/2016 at 10:30 AM, COURTNEY RECON CORP., as its appointed trustee under and pursuant to Deed of Trust recorded 6/18/2007, as Instrument No. 20071459817, of Official Records in the office of the County Recorder of Los Angeles County, State of CALIFORNIA executed by: SERGIO TORRES, A SINGLE MAN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: BEHIND THE FOUNTAIN LOCATED IN CIVIC CENTER PLAZA, 400 CIVIC CENTER PLAZA, POMONA, CA 91766 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 9315 LA REINA AVENUE DOWNEY, CA 90240-2381 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances,

including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$847,043.16 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 043209-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117

The Downey Patriot  
10/27/16, 11/3/16, 11/10/16

NOTICE OF TRUSTEE'S SALE Trustee's Sale No. CA-BVS-15016677 NOTE: PURSUANT TO 2923.3(C) THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. [PURSUANT TO CIVIL CODE SECTION 2923.3(a), THE SUMMARY OF INFORMATION REFERRED TO ABOVE IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR.] YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/12/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may

call 714-730-2727 or visit this Internet Web site www.lpsasap.com, using the file number assigned to this case . CA-BVS-15016677. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. On November 2, 2016, at 11:00 AM, BY THE FOUNTAIN LOCATED AT, 400 CIVIC CENTER PLAZA, in the City of POMONA, County of LOS ANGELES, State of CALIFORNIA, PEAK FORECLOSURE SERVICES, INC., a California corporation, as duly appointed Trustee under that certain Deed of Trust executed by ARTHUR C. SANVICTORES AND TERESITA C. SANVICTORES, HUSBAND AND WIFE AS JOINT TENANTS, as Truators, recorded on 1/19/2007, as Instrument No. 20070109195, of Official Records in the office of the Recorder of LOS ANGELES County, State of CALIFORNIA, under the power of sale therein contained, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed

trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Property is being sold "as is - where is". TAX PARCEL NO. 6287-025-007 From information which the Trustee deems reliable, but for which Trustee makes no representation or warranty, the street address or other common designation of the above described property is purported to be 10215 PICO VISTA RD., DOWNEY, CA 90241. Said property is being sold for the purpose of paying the obligations secured by said Deed of Trust, including fees and expenses of sale. The total amount of the unpaid principal balance, interest thereon, together with reasonably estimated costs, expenses and advances at the time of the initial publication of the Notice of Trustee's Sale is \$1,489,981.16. NOTICE TO POTENTIAL BIDDERS: If you

are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. WE ARE ATTEMPTING TO COLLECT A DEBT, AND ANY INFORMATION WE OBTAIN WILL BE USED FOR THAT PURPOSE. SALE INFORMATION LINE: 714-730-2727 or www.lpsasap.com Dated: 9/30/2016 PEAK FORECLOSURE SERVICES, INC., AS TRUSTEE By Georgina Rodriguez, Trustee Sales Officer A-4594287 10/13/2016, 10/20/2016, 10/27/2016

The Downey Patriot  
10/13/16, 10/20/16, 10/27/16

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## Need to run a Legal Notice?

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# COUNSEL'S CORNER: Suing someone? Look before you leap

By Steve Lopez  
Law Offices of Steve Lopez

Determining the best way to solve a conflict and whether to proceed with filing a lawsuit is a business decision that must be made with the big picture in mind. It is very important to evaluate your goals and assess any potential personal impacts as litigation is serious business. In the midst of high emotions when you have been wronged, it is important to take a deep breath and carefully weigh what I believe are four key factors.

You should first evaluate the merits of a case. This seems like an obvious first step, but it must be more than just letting your emotions guide you. You must take a close and careful look at the law and the surrounding facts. Be sure to look at important documents and see if they support your position. Often, cases are decided based on a simple distinguishing fact or subtle exception to the law. In addition to helping you decide whether to pursue an action you should consult an experienced litigation lawyer. Doing so early on will allow you to frame your claim carefully and may avert any early challenges to your lawsuit.

Secondly, you should discuss with your lawyer the litigation expenses. Litigation expenses vary depending on case complexity, number of parties, witnesses, consultants and experts involved, potential for early resolution, the risk of protracted litigation and appeals. Litigation expenses can be managed in various ways, including developing case budgets, using outside litigation services for various matters or working out alternative fee arrangements. Also, consider whether there is a provision in a written contract or a statute that gives the prevailing party the right to recover attorneys' fees. However, keep in mind this may or may not work in your favor and is usually limited to what a judge considers "reasonable."

Third, you and your lawyer should carefully assess your priorities. If you are looking for monetary recovery, consider the amount of damages at issue, including potential punitive or treble damages. Equally important is the opposing party's solvency or whether the recovery is covered by insurance. A case may still be worth pursuing if you are seeking injunctive or equitable relief, ordering the opposing side either to refrain from doing something or to take some affirmative action that is equally or sometimes more important than monetary damages. Injunctive relief can often be obtained

early on in the form of a temporary restraining order or preliminary injunction. Such orders not only provide immediate, although temporary relief, but give you the court's preliminary assessment of the merits of your claim. Understanding your ultimate goal first will help you assess the best method to resolve a particular conflict. If litigation is not feasible, there may be alternative methods to pursue.

Lastly, determine if your case can be resolved early on without litigation. Discuss with your lawyer how this can be done without compromising the case. Rather than sending angry emails or making threats, a simple phone call may get the parties talking. The matter may be able to be resolved informally through early mediation or another form of alternative dispute resolution. Sometimes, opposing parties are even able to preserve their relationship.

The decisions about how to resolve conflict and whether to pursue litigation cannot be done in a vacuum. You must consider certain factors and remember that far greater than the conflict at issue is the ultimate need for you to avoid the aggravation and expense of protracted litigation.

# Calderon admits to taking brides from Long Beach hospital

Continued from page 12

In another part of the bribery scheme, Ron Calderon accepted bribes from people he thought were associated with an independent film studio, but who were in fact undercover FBI agents. In exchange for the payments — including \$30,000 in payments to Ron Calderon's daughter for services she never provided — Ron Calderon agreed to support an expansion of a state law that gave tax credits

to studios that produced independent films in California. The Film Tax Credit applied to productions of at least \$1 million, but, in exchange for bribes, Ron Calderon agreed to support new legislation to reduce this threshold to \$750,000, according to the plea agreement.

Ron Calderon took several official actions with respect to reducing the threshold for the Film Tax Credit. He signed a letter on his official Senate letterhead indicating that he would

propose legislation lowering the threshold, introduced a "spot bill" he told an undercover agent would be used to propose such legislation, and promised that he would vote in favor of that proposed legislation.

In addition to the payments to his daughter for work she did not do, Ron Calderon had one of the undercover agents make a \$5,000 payment toward his son's college tuition and a \$25,000 payment to Californians for Diversity, a non-profit entity

that Ron Calderon and his brother used to improperly pay themselves.

In a sentencing memorandum filed with the court, prosecutors write that Ron Calderon "sold his vote not just to help pay for the expenses of living beyond his means, but for the more banal and predictable aims of corruption — fancy luxuries, fancy parties, and fancy people."

The memorandum further argues that a significant term of imprisonment was necessary to send a message to other political officials and the electorate because, without such a sentence, "the trust already eroded by individual detections of corrupt politicians will spread like cancer and threaten the fundamentals of a trusted democracy. It is not hyperbole to insist that nothing less is at stake in defendant's sentencing."

As part of the agreement with the undercover agents, Ron

Calderon performed official acts that led to the hiring of another undercover agent as a staffer in his district office at an annual salary of \$45,105.

Ron Calderon "knowingly concealed his bribery scheme from the public by submitting a false Statement of Economic Interest, California Form 700, to the California Fair Political Practices Commission, which failed to disclose the money and other financial benefits defendant he had received from Drobot" and the undercover

agents, Ron Calderon admitted in his plea agreement.

Tom Calderon pleaded guilty to money laundering and admitted that he agreed to conceal bribe payments for his brother from the two undercover FBI agents by having the money go through his company, the Calderon Group. Tom Calderon allowed payments to be made to the Calderon Group "to conceal and disguise the fact that the money represented the proceeds of bribery," according to his plea agreement.

# Paramount seeks \$106M school bond

PARAMOUNT — The Paramount Unified School District community will vote in November on a \$106 million bond measure that would

fund updates, repairs and modernization of the District's 10 elementary schools, four middle schools, a K-8 school and two high schools.

**GATEWAY CITIES**

**Metro Proposes Measure M**  
On November 8, 2016, LA County voters will be asked to authorize a Los Angeles County Traffic Improvement Plan called Measure M. Angelenos spend an average of 81 hours a year stuck in traffic. Currently, there are 10.2 million people living in LA County, and we are projected to grow by 2.3 million people in the next 40 years. Traffic congestion and air pollution are expected to get worse with more growth, and the measure is intended to raise money to meet those needs. Get educated before you vote at [metro.net/theplan](http://metro.net/theplan).

**Metro Launches Off Peak Podcast**  
Off Peak celebrates the true tales and secret stories that happen between Point A and Point B in Southern California and beyond. Challenging the traditional car-centric narrative of Los Angeles, Off Peak explores the rich history and future of rail, bus, cycling, walking and all modes of getting around in LA. Listen to episodes of the podcast at [metro.net/offpeak](http://metro.net/offpeak).

**Go Metro to LA Football**  
The Bruins take over the Rose Bowl, and the Rams and Trojans share the Coliseum this fall — and Metro wants to get you there. Metro provides frequent bus and rail service to both stadiums, so you won't get caught in traffic or miss a minute of the action. To plan your trip and find the route that's best for you, visit [metro.net/gameday](http://metro.net/gameday).

**Union Station Patsaouras Plaza Upgrades Now Complete**  
Renovations to Patsaouras Bus Plaza on the east side of Union Station are now complete. Since opening, the plaza is restricted to buses and shuttles only. Private vehicles should use the new Union Station East Pick-up/Drop-off Facility, accessible on Vignes St. For more information, visit [metro.net/busplaza closure](http://metro.net/busplaza closure).

**Metro**  
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Bond measures, which must be supported by 55 percent of voters living within a school district, are an available mechanism used by California schools to fund major infrastructure improvements and construct new buildings.

Approximately 10 percent of the funds raised from the proposed Measure I school bond would go to upgrade technology capacity and help the District provide more students with digital tools.

The District has already started upgrading wireless connectivity at its primary comprehensive high school, Paramount High School. The District installed new Wi-Fi technology three months ago at the high school. Bond

funds would go toward other campuses that have not already received upgraded wireless connectivity. Bond funds would also provide more digital devices at the high school.

The terms of the school bond on the November ballot, Measure I, require strict accountability, establish an independent citizens' oversight committee and mandate annual audits. The bond money cannot be used for

administrator salaries or pensions. Measure I would, among other things, support facility upgrades like alarm systems and repairs that would enhance safety and security across campuses.

Taxpayers would pay about \$58 per \$100,000 in assessed property value for the bond measure. For example, the owner of a home assessed at \$300,000 would pay \$174 per year.





Don Marshal was on hand as the Vice President of the Downey Symphonic Society's Board of Directors, to present Peggy Dobreer at a Poetry Matters event at Stay Gallery recently.

Dobreer won a cash prize and two season tickets to the Downey Symphony's 2016-17 season, as winner of Poetry Matters contest, celebrating Downey's 60th anniversary and space-age legacy. The Symphony performed Holst's monumental The Planets at the Downey Theatre.



Gauldin Elementary School had a Character Counts BMX stunt show assembly Tuesday.

Incorporating the Pillar of Trust and tying in living a healthy lifestyle and working hard in school, these young Gauldin Dolphins had a blast while watching their teachers display their trust with the BMX riders.

Photos courtesy DUSD



This past September, Griffiths Middle School made huge strides in the promotion and advocacy of reading and literacy school wide. The Scholastic Book Fair was held in September in the Griffiths library, and parents, students, and teachers buzzed with anticipation of the event. It is no wonder.

"The Book Fair proved that the love of reading extends beyond the library and the classroom," said principal Rani Bertsch.

More than 1,100 books were distributed to the school community over the course of the week, and independent reading numbers sky rocketed, equating to more than 140 minutes per student; that is over 200,000 hours of independent reading time overall.

"The success of the Book Fair could not have happened without the staggering number of student and parent volunteers. It is clear all involved are eager to support our goal of making GMS students lifelong readers, learners, and well-rounded members of society," said Bertsch. "Thank you to the parents, students, and staff for making this Book Fair the most successful Griffiths has had yet."

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Boo weighs just over 10 lbs. and can be visited during normal animal viewing hours, which are Tuesday through Friday, 10 a.m. to 6 p.m., and Saturday 10 a.m. to 5 p.m.

For more information, call (562) 803-3301.



Make Eating Fun, a program aimed to incorporate healthy eating habits for children, visited Lewis Elementary School Monday.

Students followed along with an interactive book while tasting healthy fruits and vegetables with the characters in the story.

These lucky Lewis All Stars snacked on vegetables such as carrots, snap peas, cucumbers and even jicama.

Photo courtesy DUSD

**NEW AGENT - 24 HOUR REAL ESTATE**  
 24 Hour Real Estate is pleased to announce the addition of a new sales associate, Armando Nuñez to their growing team. Armando joined "The 24 Hour Team" and has recently completed the company's exclusive "Smart Start Success Course."  
 "We are very excited about having Armando join us," said Mel Berdelis, Broker/Owner of the office. "He possesses the type of enthusiasm and commitment we know is critical in this business. We believe he will be a positive addition to our office."  
 Armando was attracted to this office by the energy and cooperative attitude that existed. "The atmosphere at this office was different," he said. "I saw a high level of professionalism among the agents and staff. 24 Hour Real Estate's reputation was well known for its exceptional training, state of the art technology, and exceptional support. I realized that I would gain valuable experience from a company that had standards as high as my own."  
 If you would like to contact Armando for your real estate needs, please call him at (562) 774-8417.

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  - 9015 Parrot Ave. Downey. **IN ESCROW!**
  - 9229 Rives Ave. Downey. **IN ESCROW!**
  - 3149 Blanchard St. Los Angeles. **IN ESCROW!**
  - 7947 Kingbee St. Downey. **IN ESCROW!**
  - 3922 Carfax Ave. Long Beach. **IN ESCROW!**
  - 25282 Linda Vista Laguna Hills. **IN ESCROW!**
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  - 9631 Paramount Blvd. Downey. **SOLD!**
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  - 13571 Whemby Dr. North Tustin. **SOLD!**
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