



PAGING DR. FRISCHER
Talking herbal supplements

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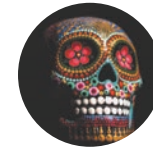
RESTAURANTS
Frisco's opening in Whittier

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MILITARY
Naval school student

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NEWS
Dia de los Muertos postponed

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Newsom signs law capping rent hikes

SACRAMENTO - California will limit rent increases for some people over the next decade after Democratic Gov. Gavin Newsom signed a law Tuesday aimed at combating a housing crisis in the nation's most populous state.

Newsom signed the bill at an event in Oakland, an area where a recent report documented a 43% increase in homelessness over two years. Sudden rent increases are a contributing cause of the state's homeless problem, which has drawn national attention and the ire of Republican President Donald Trump.

"He wasn't wrong to highlight a vulnerability," Newsom said of Trump's criticisms to an audience of housing advocates in Oakland. "He's exploiting it. You're trying to solve it. That's the difference between you and the president of the United States."

The law limits rent increases to 5% each year plus inflation until Jan. 1, 2030. It bans landlords from evicting people for no reason, meaning they could not kick people out so they can raise the rent for a new tenant. And while the law doesn't take effect until Jan. 1, it would apply to rent increases on or after March 15, 2019, to prevent landlords from raising rents just before the caps go into place.

California and Oregon are now the only places that cap rent increases statewide. Oregon capped rents at 7% plus inflation earlier this year.

California's rent cap is noteworthy because of its scale. The state has 17 million renters, and more than half of them spend at least 30% of their income on rent, according to a legislative analysis of the proposal.

But California's new law has so many exceptions that it is estimated it will apply to 8 million of those 17 million renters, according to the office of Democratic Assemblyman David Chiu, who authored the bill Newsom signed.

It would not apply to housing built within the last 15 years, a provision advocates hope will encourage developers to build more in a state that desperately needs it. It does not apply to single family homes, except those owned by corporations or real estate investment trusts. It does not cover duplexes where the owner lives in one of the units.

And it does not cover the 2 million people in California who already have rent control, which is a more restrictive set of limitations for landlords. Most of the state's largest cities, including Los Angeles, Oakland, and San Francisco, have some form of rent control. But a state law passed in 1995 bans any new rent control policies since that year.

Last year, voters rejected a statewide ballot initiative that would have expanded rent control statewide. For most places in California, landlords can raise rent at any time and or any reason if they give notice in advance.

But Russell Lowery, executive director of the California Rental Housing Association, says the law adds an expensive eviction process that did not previously exist. He said that will encourage landlords to increase rents when they otherwise wouldn't.

"It adds unnecessary expenses to all rental home providers and makes it more difficult to sever a relationship with a problem tenant," he said.

Downey considers raising hotel tax to generate revenue

Next year, Downey voters will consider a 13% tax on local hotel rooms, potentially raising \$2.38 million annually.

By Alex Dominguez
Staff Writer

DOWNEY - Downey's voters next year will get to decide whether they want to implement a 13 percent tax on travelers staying in local hotels.

A Transient Occupancy Tax (TOT) - also known as a hotel bed tax - is charged to travelers when they rent accommodations in a hotel, inn, motel, or lodging for a period of less than 30 days. It is calculated as a percentage of the rent for the occupancy of a structure or any portion of a structure.

Currently, Downey's TOT stands at 9 percent, receiving approximately \$1.7 million in annual revenues. However, this is at the lower end of the rate spectrum when compared to several surrounding communities of similar scope.

According to staff reports, monies gained from an increase to a 13 percent rate would aid in covering overrun costs related to Measure S, which is funding park and infrastructure repairs. Staff also addressed a greater need for funding for residential road and right-of-way rehabilitation.

However, any new added revenue would not be tied to any particular project, and could be delegated during annual budget discussions.

City staff determined that increasing the TOT would increase revenue without affecting Downey's residents, who will not have to worry about paying this tax unless they decide to stay in a hotel within the city.

Initially, staff recommended that the council consider upping the rate to 12 percent. This number fluctuated between 12 and 14 percent as council continued to discuss, before eventually settling on 13 percent.

At 13 percent, it is projected that the city will receive \$2.38 million in annual revenue, amounting to a \$680,000 and 40 percent increase. At an average room rate of \$136, the approximate cost to a transient staying in the city would be \$17.62, a \$5.42 increase.



PHOTO BY ALEX DOMINGUEZ
The Embassy Suites is Downey's only large hotel.

Councilman Alex Saab said that 13 percent was "fair."

"I don't think 13 percent is unreasonable, frankly," said Saab. "We certainly don't want to chill people from staying in our city, but I don't think this is one of those things; I don't think 13 is that big a difference."

It is uncertain how Downey will choose to enforce this tax on Airbnb-type establishments, but City Attorney Yvette Garcia alluded that this would be taken care of as the item was prepared for next year's ballot.

"Part of the process in developing the ballot measure itself is to look at our current

ordinance and to modernize it," said Garcia. "Back in 1998, Airbnb wasn't even on the radar; now it is. That is going to be part of the process of developing the ballot measure, is to look at our current ordinance and to modernize it."

Downey's TOT hasn't been updated since 1998.

The TOT will now be left to be decided by Downey's constituents when they go to the polls in November 2020. It will require a majority vote - that is 50 percent plus one - to pass.

Downey currently has two major hotels in development.

Cuban bandleader Willy Chirino to play Downey Theatre

DOWNEY - Willy Chirino, a Cuban-born vocalist and bandleader credited with creating the "Miami sound" of salsa music, will perform at the Downey Theatre next year, show organizers announced Tuesday.

Chirino, 72, is scheduled to play here Saturday, April 4.

Tickets start at \$45 and are on sale now at the Downey Theatre box office.

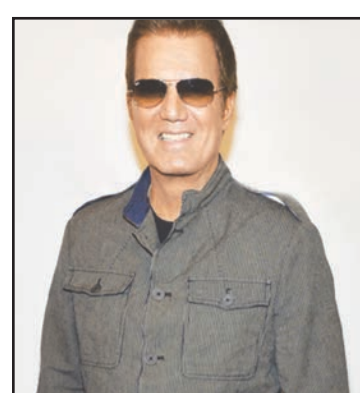
The composer of more than 100 songs, Chirino's material has been covered by a lengthy list of artists including Raphael, Ricardo Montaner, Rocio Jurado, Celia Cruz, Oscar D'Leon, Angela Carrasco, Jorge Muniz, and Nydia Caro.

Chirino's song "Soy" has been recorded by more than 60 artists, including the Gipsy Kings, whose interpretation sold more than four million copies.

Chirino also composed and performed the theme songs for Spanish-language television soap operas "La Zulianita" and "Pobre Diabla."

Chirino has received numerous awards throughout his career. He was named King of Miami's Calle Ocho Festival in 1993. Two years later, a section of NW 17th Avenue in Miami was christened Willy Chirino Way.

Chirino received a UNICEF award for his work for children



via the Willy Chirino Foundation.

In May 1989, Chirino opened a restaurant and night club, Zarabanda, in Coral Gables, Florida.

Downey restaurant grades

Class 302 Cafe
8855 Apollo Way
Date Inspected: 10/8/19
Grade: **A**

Pronto Pizza
8304 Imperial Hwy.
Date Inspected: 10/8/19
Grade: **A**

7 Leaves Cafe
8901 Apollo Way.
Date Inspected: 10/8/19
Grade: **A**

Michaels
12100 Lakewood Blvd.
Date Inspected: 10/7/19
Grade: **A**

Benihana
8801 Apollo Way
Date Inspected: 10/7/19
Grade: **A**

Los Amigos Golf Course Restaurant
7295 Quill Dr.
Date Inspected: 10/7/19
Grade: **A**

U-Swirl
8855 Apollo Way
Date Inspected: 10/7/19
Grade: **A**

Jack in the Box
10037 Lakewood Blvd.
Date Inspected: 10/4/19
Grade: **A**

Acapulco
9021 E Firestone Blvd.
Date Inspected: 10/3/19
Grade: **A**

Old River Restaurant
7395 Stewart & Gray Rd.
Date Inspected: 10/3/19
Grade: **A**

Ponce Bakery
7368 Stewart & Gray Rd.
Date Inspected: 10/3/19
Grade: **A**

Mambo Grill
11018 Downey Ave.
Date Inspected: 10/3/19
Grade: **A**

Sunland Donuts
7375 Stewart & Gray Rd.
Date Inspected: 10/3/19
Grade: **A**

Dunkin Donuts
9070 Firestone Blvd.
Date Inspected: 10/3/19
Grade: **A**

IHOP
11414 Paramount Blvd.
Date Inspected: 10/3/19
Grade: **A**

Raising Canes
9265 Firestone Blvd.
Date Inspected: 10/2/19
Grade: **A**

Mangos Frozen Yogurt
130 Stonewood St.
Date Inspected: 10/2/19
Grade: **A**

Denny's
8350 Firestone Blvd.
Date Inspected: 10/2/19
Grade: **A**

Sbarro
131 Stonewood St.
Date Inspected: 10/2/19
Grade: **A**

Carl's Jr.
9002 Firestone Blvd.
Date Inspected: 10/2/19
Grade: **A**

The Vitamin Shoppe
12136 Lakewood Blvd.
Date Inspected: 9/30/19
Grade: **A**

Weekend at a Glance

Friday 88°

Saturday 85°

Sunday 81°

THINGS TO DO



Little Willie G
Saturday - First Baptist Church of Downey, 6:30 pm
Little Willie G, former lead singer of Thee Midneters, performs live at this benefit concert for Easter Seals. Purchase tickets from Century 21 Peak.



Montebello 99th Anniversary Festival
Saturday - Montebello City Park, 10 am to 4 pm
Join Montebello as it celebrates its anniversary with a festival and parade. Performances by Bumptown (11:30 am) and the Wise Guys (2 pm).



Dia de los Muertos Art & Music Festival
Sunday - Uptown Whittier, 10 am to 4 pm
A Day of the Dead celebration with vendors, altars, live music, food trucks, arts and crafts, costume contest, and altar car show.



Fall Fiesta
Saturday - Rosemead Park, 4-9 pm
Rosemead's annual fall festival with family-friendly activities, video game truck, rock climbing wall, food and craft vendors, and live music.

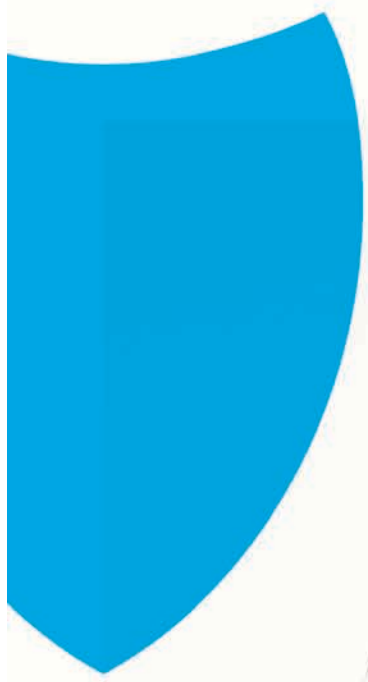


L.A. Comic Con
All Weekend - L.A. Convention Center
800-plus diverse artists and vendors selling comics, collectibles, art, toys and everything in between. Plus panel discussions and meet-and-greets.

TWEET OF THE WEEK

@CityOfDowney: Construction at Apollo Park & Dennis the Menace Park is almost done & will be fully open to the public next month.

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Saturday, November 9th, 2019
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PIH Health Hospital - Downey
11500 Brookshire Ave.
Downey, CA 90241

Tuesday, December 3rd, 2019
9:00am - 11:00am
PIH Health Hospital - Downey
11500 Brookshire Ave.
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Paging Dr. Frischer...

By Dr. Alan Frischer

How many of us remember our grandmothers using their own garden to treat what ailed us? Herbs and flowers are the earliest drugs, and have been a part of healing for thousands of years. Some have withstood the test of time, and are clinically and scientifically supported.

What is the difference between prescription medicines and herbal supplements? Products that are used to treat diseases or to maintain health that are made from plants are referred to as herbal products, botanical products, or phytomedicines. Many prescription drugs and over-the-counter medicines may also be made from plant products, but contain only purified ingredients and are regulated by the FDA. The FDA does not regulate herbal supplements.

Let's look at those old remedies that have some modern science behind them:

Chili peppers are originally from Mexico, and are recognized for treating muscle and joint pain and for boosting the immune system. They are high in antioxidants, which help repair damaged tissue. Capsaicin is their active ingredient, and can be found in many over-the-counter pain patches.

When patients come in with arthritic pain, and want to avoid a prescription medication, I find myself recommending **turmeric**. It's bright orange and easy to spot on the spice shelf. In India, it has been used for 4,000 years as an anti-inflammatory, and can be taken orally or applied directly to the skin.

Flaxseed has been used as a traditional food and remedy in Mediterranean cultures for thousands of years. Flaxseed contains alpha-linolenic acid, one of the essential omega-3 fatty acids. Flaxseed is a great source of healthy fat, antioxidants, and fiber. It has been approved by the FDA in prescription form for lowering triglyceride levels. Studies are underway to investigate how it might benefit heart health.

About one million cups of **Chamomile** tea are consumed

every day around the world. A relative of the daisy, chamomile is rich in terpenoids and flavonoids, which possess antioxidant and anti-inflammatory properties. It has been used for thousands of years, and has been shown to treat anxiety and insomnia. Unproven uses include using it as a mouth rinse for oral pain, taking it orally for diarrhea, and applying it topically for skin irritation.

The name of **St. John's Wort** came about because it flowers in late June, around the feast of St. John. It has been used since the time of the ancient Greeks. It contains two active ingredients, hypericin and hyperforin, which act as antidepressants and to reduce anxiety. Hyperforin is also an anti-bacterial agent.

Ginger has long been used as a remedy for nausea from motion sickness and pregnancy. It contains gingerols, which help to prevent vomiting. If you are unsure about that, just check with our Air Force, Marines, and Navy, and with NATO, who all recommend it routinely for this purpose. Ginger has antioxidant and anti-inflammatory properties as well.

Sage is a member of the mint family, and is rich in essential oils and flavonol glycosides. It acts as an anti-inflammatory and anti-bacterial agent, and can reduce sugar levels. It is a popular treatment for stomach pains

and sore throats.

Caraway seeds contain essential oils and flavonoids that aid digestion, work as an antispasmodic, reduce gas, and reduce abdominal cramps and bloating. (Did you know that 28% of all caraway seeds come from Finland?)

Dried **peppermint** leaves have been found in ancient Egyptian pyramids. They are rich in essential oils, including menthol and menthone, and help with indigestion, irritable bowel syndrome, cramps, and headaches.

Black cohosh was used by Native Americans and is considered helpful for symptoms of menopause, painful menstruation, uterine spasms, and vaginitis.

Ginkgo biloba is one of the oldest tree species and one of the oldest homeopathic herbs used in Chinese medicine. Studies show that ginkgo can slow cognitive decline in patients with mild to moderate dementia.

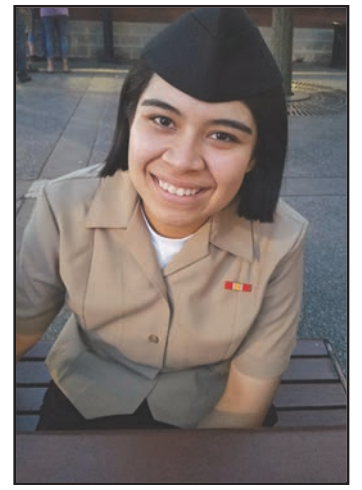
Lavender is an aromatic purple flower that was brought to France by the Romans 2,000 years ago. Its anti-anxiety effects have been studied for use

by dental, insomnia, and post-operative patients.

I would be negligent if I didn't mention the herb **CBD**, and I have very recently written about it in some detail. Needless to say, this product of the hemp plant has a huge and rapidly growing market for many ailments. It has FDA approval for childhood epilepsy, and a number of promising (but unproven) other uses, so let's all stay tuned.

I urge you to consider herbs to be drugs, like prescription medications. However, the FDA and other governing agencies treat herbal supplements as foods, and they are not subject to the same close scrutiny as are prescription medications. Please realize that herbs may have unexpected interactions with your current medications, as well as side effects. Taking an herbal remedy may delay a proper diagnosis. Please consult with your physician when considering their use.

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.



Seaman Recruit Yunuen Montes de Oca, a 2019 graduate of Warren High School, graduated from U.S. Navy boot camp last month.

Yunuen did four years of construction at Warren High with a speciality in plumbing, winning gold at the state championships at L.A. Trade Tech. She is currently the only female plumber at her naval school in Great Lakes, Ill. She credits her Warren High teacher, Mr. Kiess, for her success.

Yunuen is training to become a hull technician.



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Vikings win league opener with 47-10 romp over Gahr

By Mark Fetter
Sportswriter

DOWNEY - The Downey High School football team improved to 2-4 last Thursday night with their 47-10 win at Gahr.

The Vikings are now 1-0 in San Gabriel Valley League and will host Paramount at Downey later today. Paramount (5-1, 1-0) defeated Lynwood (2-4, 0-1) at Lynwood 68-0 last Friday night in their league opener.

In the Downey/Gahr game the Vikings jumped out to a 20-0 lead in the first quarter. The quarter ended that way with Gahr unable to score. The Vikings scored six more points and Gahr kicked a field goal in the second quarter and Downey took a 26-3 lead into the locker room at halftime.

Downey outscored Gahr 7-0 in the third quarter and took that 33-3 lead into the fourth quarter. Downey scored two more touchdowns and extra

points in the fourth quarter as Gahr managed to score their only touchdown and extra point of the game. It was too little too late as the Vikings claimed the impressive, 47-10 win.

Viking quarterback Chris Hernandez completed 12/28 pass attempts for 202 yards and one touchdown. Pedro De anda completed 2/2 pass attempts for 33 yards. Downey quarterbacks combined to complete 14/30 pass attempts for 235 yards and one touchdown.

The Viking ground game was led by Jayden Hollis' eight carries for 142 yards and two touchdowns, Antonio Ruiz's nine carries for 101 yards, Lawrence Joseph's three carries for 62 yards and two touchdowns, Jacob Skobis' three carries for 34 yards and one touchdown, Chris Hernandez's four carries for eight yards and one touchdown and Pedro De anda's two carries for 31 yards.

The Viking rushing attack

had 29 carries for 378 yards and six touchdowns. The Downey receiving corps were led by Xander Orozco's two catches for 31 yards and one touchdown.

The Vikings are currently tied with Paramount and Warren at 1-0 in S.G.V.L. play. Coach Williams, his staff and players are all looking to go 2-0 tonight when they host Paramount at Downey.

WARREN FOOTBALL: The Warren High School football team improved to 4-2 on Friday night with their 19-6 win against Dominguez (3-3, 0-1) at Dominguez.

The Bears are now 1-0 in San Gabriel Valley League and will host Lynwood at Warren later today. Lynwood (2-4, 0-1) was defeated by Paramount (5-1, 0-1) at Lynwood 68-0 last Friday night in their league opener.

In the Warren/Dominguez game the Bears jumped out to a 13-0 lead in the first quarter. The quarter ended that way with Dominguez unable to score. The

Bears scored six more points in the second quarter and took a 19-0 lead into the locker room at halftime.

Neither team scored in the third quarter and the score remained 19-0. Dominguez scored six points in the fourth quarter but it was too late as Warren came away with the 19-6 win. There were no offensive or defensive statistics available for Warren at press time.

The Bears are currently tied with Paramount and Downey at 1-0 in S.G.V.L. play. Coach Pearson, his staff and players are all looking to go 2-0 tonight when they host Lynwood at Warren.

WARREN GIRLS TENNIS: The Warren High School girls' tennis team currently has an overall record of 8-4 and is 5-1 in San Gabriel Valley League play. The Bears defeated Paramount at Warren 11-7 on September 24th, defeated Gahr at Gahr 12-6 on September 26th and defeated cross-town rival Downey at Warren 14-4 on September 27th.

Warren defeated Paramount at Paramount 10-8 on September 30th, defeated Lynwood at Warren 12-6 on October 3rd and was defeated by Gahr at Warren 12-6 on October 8th in their second-round match. Warren traveled to Downey for their second-round match yesterday (score unavailable at press time).

The Bears are scheduled to play at Lynwood next Tuesday and will host Paramount at Warren next Thursday. Warren will travel to Gahr for their third match against the Gladiators on October 18, will host Downey on October 22 and will host Lynwood in their league and regular season finale on October 25. The third round match against Gahr at Gahr on October 18th may very well determine the S.G.V.L. champion.

The C.I.F. postseason will start the week after brackets are released. Coach Starksen, her staff and players are all looking forward to finishing league play on a strong note, competing for a league title, qualifying for postseason play and making a deep run in the playoffs.

MIDDLE SCHOOLS: The first rotation of the 2019-20 middle school sport's competition is now complete and several teams claimed city-championships.

Stauffer claimed the 8th grade football city championship with a record of 5-1. Doty finished second with a record of 4-2, Griffiths finished third with a record of 3-3 and Sussman with a record of 3-3 and Sussman

finished fourth with a record of 0-6.

Doty claimed the 7th grade football city championship with a record of 6-0. Sussman finished second with a record of 4-2, Stauffer finished third with a record of 2-4 and Griffiths finished fourth with a record of 0-6. Doty and Sussman split the 6th grade football championship with records of 5-1. Griffiths and Stauffer both finished with records of 1-5.

Doty claimed the 8th grade girl volleyball city championship with a record of 6-0. Griffiths finished second with a record of 3-3, Sussman finished third with a record of 2-4 and Stauffer finished fourth with a record of 1-5.

Stauffer claimed the 7th grade girl volleyball city championship with a record of 5-1. Griffiths finished second with a record of 4-2, Doty finished third with a record of 2-4 and Sussman finished fourth with a record of 1-5.

Griffiths claimed the 6th grade girl volleyball city championship with a record of 5-1. Doty finished second with a record of 4-2, Sussman finished third with a record of 3-3 and Stauffer finished fourth with a record of 0-6.

As it stands now, Doty has 2.5 city championships, Stauffer has 2 city championships, Griffiths has 1 city championship and Sussman has .5 city championship(s). Boys' volleyball and girls' soccer will be the next rotation of competition.

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Opinion

Politicians sell out patients

BY BETSY MCCAUGHEY

Whether you live in New York, California or the heartland in between, you depend on state government to ensure your hospital is safe. After all, when you're a patient, your life is on the line. But state health departments have become captives of the health care industry because of huge campaign contributions and lobbying. What's happening in New York state is one outrageous example.

Year after year, New Yorkers endure hospitals with infection rates worse than the national average. Why? Because the Greater New York Hospital Association and other trade groups for the industry write huge checks to Albany politicians.

Overall, hospitals in New York are among the worst in the nation, according to Medicare data. Forty-eight hospitals get a rock-bottom, one-star rating.

State health bureaucrats and their boss, Gov. Andrew Cuomo, sell out to the highest bidder. Patient advocates pushing for cleaner hospitals and better care don't stand a chance when the hospital industry greases the palms of state officials.

Greater New York has given more than \$5 million to state political parties since 2014 and millions more to political action committees for specific candidates. Call it what it is: bribery. Not to mention the staggering \$48 million a year the health care industry in New York spends on lobbying to get politicians' attention.

The politicians constantly up the ante. In August 2018, as Cuomo battled a primary challenger, his campaign literally called on the Greater New York Hospital Association to give more. In response, the association donated over \$1 million to a Democratic party account controlled by the governor. The quid pro quo? For starters, hiking the state's Medicaid reimbursement rate to \$140 million for hospitals.

Hospitals make out like bandits, and so does the Greater New York Hospital Association's president, Kenneth Raske, who's paid an obscene \$8 million a year. For what? Not inventing a cure or treating patients. Just twisting politicians' arms. Raske's often seated at the governor's table at fundraisers.

No wonder state officials do the hospital industry's bidding. The

latest offense is the health department's refusal to disclose which hospitals have been invaded by *Candida auris*, a new killer superbug. All hospitals struggle with infections, but this is the deadliest. A staggering 45% of hospital patients who contract it die within 90 days.

Once *Candida auris* enters a hospital, it spreads invisibly, contaminating floors, curtains, beds, doorknobs and medical equipment. It gets on other patients' skin, making them carriers. New research unveiled last week by the Infectious Disease Society of America documents how one infected patient at a Southern California facility led to 180 other patients becoming carriers of the germ.

You don't want to be in a hospital room where a previous patient had it. Patients choosing a hospital would want to avoid it.

Yet despite requests from patient advocates and media, state officials refuse to reveal which hospitals are affected. The nonprofit Committee to Reduce Infection Deaths filed a Freedom of Information Law request in May and got nowhere.

The same is true in the other states most affected: Illinois, New Jersey, Florida, Massachusetts, Maryland and Texas. States release data annually on which hospitals have staph and other routine infections. But not for *Candida auris*. State health officials seem more worried about *Candida auris* killing hospital business than killing you.

In May, staff from 60 New York and greater New York area hospitals met with state health officials about the alarming spread. Brad Hutton, Department of Health deputy commissioner, warned, "We're at a point where our response strategy needs to change." Then came foot-dragging. The Greater New York Hospital Association's Zeynep Sumer King said hospitals raised concerns at the meeting about changes they're being asked to make. Months later, they're still dithering over the strategy and whether it will be mandated or voluntary.

Meanwhile, patients die, the superbug spreads, and the public is kept in the dark. In state capitols all across the nation, money talks.

Betsy McCaughey is a former lieutenant governor of New York state.

Muddled message about vaping ignores key points

BY JACOB SULLUM

When there's an outbreak of food poisoning, the federal government does not issue general advisories about the hazards of eating. It tells people which products have been implicated so they can adjust their behavior to reduce the risks they face.

Yet for months now, even as evidence mounted that vaping-related lung diseases overwhelmingly involved black-market cannabis products, state and federal officials have been vaguely and unhelpfully warning us about the hazards of vaping and e-cigarettes. That approach has endangered public health by failing to give cannabis consumers a clear heads-up and by implying that legal nicotine-delivering e-cigarettes, which can save smokers' lives by dramatically reducing their exposure to toxins and carcinogens, might instead kill them.

A recent study by the Centers for Disease Control and Prevention (CDC), based on interviews with 86 vapers treated for respiratory symptoms in Wisconsin and Illinois, found that 87 percent "reported using e-cigarette products containing THC." Since people may be reluctant to admit illegal drug use, the researchers noted, the actual prevalence of THC vaping among patients may be even higher.

In another CDC study, based on 514 cases where the information was available, just 16% of patients said they had vaped only nicotine. Even assuming that all of those patients were completely candid, it's not clear where they got the pods, cartridges or e-liquids they used — an important piece of information, since bootleg products of unknown provenance and composition may pose special hazards.

The CDC's findings make sense, since legal e-cigarettes have been used by millions of Americans for years without reports of lung illnesses like these. The cases — which totaled more than 1,000, including 18 deaths, as of Oct. 1 — emerged only in recent months, which suggests the problem is relatively new additives or contaminants in THC vapes, and perhaps also in black-market nicotine products.

"(I)t seems there's too much conflating these tragic lung injuries with store bought brands of regulated, legal e-cigs like Juul and NJOY," former Food and Drug Administration (FDA) Commissioner Scott Gottlieb observes, "and far too little blaming THC, CBD, and bootleg nicotine vapes — where so far, the only available hard evidence points." Boston University public health professor Michael Siegel notes that "there are no cases that have been shown to be associated with the use of store-purchased nicotine e-liquids and it seems extremely unlikely that these products have any involvement in the outbreak."

The CDC and the FDA nevertheless continue to recommend that people refrain from vaping in general, although both agencies recently revised their warnings to note the prominence of THC products in the lung disease cases. Both also caution that former smokers who have switched to vaping should not return to their former habits.

The reason for the latter recommendation is plain: E-cigarettes, which do not contain tobacco and do not burn anything, are indisputably much less dangerous than the conventional, combustible kind. That point has been lost in muddled messaging that implies all vaping products are potentially deadly.

A Morning Consult poll conducted last month found that 58% of respondents, based on what they had "seen, read or heard on the news lately," believed people had "died from lung disease" caused by "E-cigs, such as Juul," compared with 34% who said the cases involved "marijuana or THC e-cigs." Only 22% of respondents understood that e-cigarettes are less hazardous than the conventional kind.

"E-cigarettes are way less harmful than cigarettes, and they can and do help smokers switch if they can't quit," noted David Abrams, a professor of social and behavioral sciences at New York University, in a recent interview with CBS News. If misinformation about the relative hazards of smoking and vaping impedes that shift, it could have deadly consequences.

"There's no question public health would benefit dramatically if everybody switched completely to e-cigarettes," Abrams said. "If we lose this opportunity, I think we will have blown the single biggest public health opportunity we've ever had in 120 years."

Jacob Sullum is a senior editor at Reason magazine.

Buying puppies

Dear Editor:

I am writing this in regards to Ana Berardini's proposal of using extreme caution when buying a puppy online. (9/26/19)

The article focuses on being scammed out of money and how people sell unhealthy dogs for large sums of money. I would like to voice a few of my concerns regarding the inaccuracies of this article and how we can take caution.

To begin, as a pet owner myself, I can say that I purchased both of my dogs online and I was not scammed. Both of my dogs are very happy and healthy and I never had any trouble with them. I can assure you this is not made up and I can provide further details on this.

To be cautious, you have to make sure background details are provided on the animal you are purchasing. Information on vaccines and shots should be required from the seller to give to those who want to purchase the puppy. The puppy should also be dewormed and be old enough to even give away.

In the article, Berrdini says "We can't buy puppies and kittens from a pet store." One of the best ways to purchase a puppy is by going to an animal shelter. You can choose whether you would like to adopt or buy the puppy. The animal shelter has several varieties of animals to choose from and it is a good way to see the animals in person and choose from there. Also, Petco and Petsmart have adoption services where you can adopt puppies or kittens in their stores. This is another great alternative instead of buying online.

Additionally, I feel that the comments in this article do not accurately portray how to take caution or what steps to take in order to make sure you are not being scammed. A great way is by contacting the seller and checking their credentials. If the seller has experience and has good feedback and can provide details, it may be a better chance. This does not necessarily mean it is going to be 100% guaranteed. No online order is always guaranteed because you are not getting it in person. You are basically just waiting for another person to send you something.

I am hoping that you re-publish this article with the correct ways to proceed with caution. The examples were great but it would be best to have given the examples and then say how it could have been avoided. For example, the author writes, "I myself was cheated by the Mexican puppy trade." She did not say how she was cheated and I would like to know what she did and how it could have been different.

Trust is very hard to give to those who we do not know, but it has to be given at some point. Just make sure the person you are buying a puppy from can let you know and show you that the puppy is in great condition, make sure the seller has documents and that the website can be trusted. Everyone wants a puppy and that is what makes people try to take advantage of the situation by selling illegally and unhealthy puppies. I feel that everyone has common sense and we should all be smarter about the way we get a puppy that will be a great fit into or families.

I hope these steps could be used to help out everyone.

Luis Rodriguez Rialto

Save Furman Park's tennis court

Dear Editor:

The current Measure S plans for the reconstruction of Furman Park in the Orange Estates neighborhood of Downey call for the demolition of one of only four tennis courts in the park, to replace it with an "all sports" court, which in essence is a basketball court.

The existing basketball court near the recreation building is heavily used, and according to Pam Passow, Director of Parks and Recreation in her presentation to City Council, the noise from players of pick up basketball on the court is a nuisance during programs held in the adjacent facility, when explaining the rationale for relocating basketball to the proposed all-sports court.

The report, however, did not include the fact that the new basketball court would replace a tennis court.

Under the current plan, the nuisance of pick up basketball will be relocated front and center to the proposed main entrance to the park, right next to the few remaining tennis courts.

While I'm not a fan particularly of basketball or tennis, obviously, the raucous pickup games which typically take place on the existing basketball court, are as incompatible with tennis as they are with programs in the park recreation rooms.

Furman Park is a true neighborhood park, in that it is surrounded by the homes in Orange Estates.

I live in Orange Estates and use Furman Park daily. While it is a wonderful park in general, living so close to it can be a problem with noise from the various activities in the park, especially in the evening, when the basketball players can be heard yelling, sometimes past 10:00 p.m. when the park is supposed to be closed.

I never hear tennis players, even though the courts are heavily used until the lights go out at 10 p.m.

Furthermore, there are many other outdoor and indoor courts on which to play basketball in Downey, including a full gym at Apollo Park and on DUSD campuses.

Measure S was intended to improve our parks by adding facilities — not eliminating them.

Save the tennis court by putting the proposed basketball court someplace else.

Brian Heyman Downey

Rives Mansion

Dear Editor:

Alex Dominguez's article "Rives Mansion gets OK for Controversial Renovation" published on Sept. 5 dove into whether the mansion of Downey that is seen as a historical monument should be tampered with or not.

I felt strongly against what was said in regards to the proposition of the cafe being "an eyesore" and felt I needed to voice my opinion on the matter. I think we should consider the opportunities this cafe would create for Downey and the mansion itself.

Not only is this cafe going to make money but it is also going to give other people who haven't seen the mansion themselves a chance to do so. The cafe is something that will bring people in; a cafe next to a mansion that is a historical building is different and definitely stands out more as opposed to your everyday normal cafe. So needless to say, I am also in favor of the proposed commercial use of the historic building and feel it is an innovative idea that should be seen as an inspiration to others.

Additionally, Mr. Dominguez wrote down the time when the cafe was going to be open from 6 am to 9 pm, but what he failed to also add was the days they would be opened. Not listing the days of when the cafe will be opened on will most certainly create a burden to anyone who read the article and planned to visit, only for it to be closed on that day of the week. This lack of information could potentially push away anyone who was planning to go see the cafe for themselves, and could lead to an unsettling opening day.

If I dare say, Knott's comes to mind when seeing historical things adjacent to a food place. Their old western log rides and such do very well next to a food court where people can feed while taking in the view of their surroundings.

I hope you reconsider editing and providing the days of when the cafe will be open in order to make everyone's lives who are trying to go to the cafe but are unsure of when it'll be open, a little more easier.

Jose Juarez Downey

Trump is a patriot

Dear Editor:

What is so wrong with a person achieving the American dream, as is with President Trump becoming a billionaire legitimately, giving up his comforts of luxury to offer his expertise in making our economy thrive by slashing unnecessary federal regulations and bureaucratic red tape, saving American businesses billions of dollars with which to grow and provide more job opportunities?

What is so wrong with tax cuts for individuals and businesses?

What is so wrong with the United States becoming energy independent?

What is so wrong with saving Americans trillions of dollars by withdrawing from the Paris climate accord? What is wrong with growing the economy 3% in one year?

What is wrong with President Trump's attempt to improve our healthcare system and build a wall on our southern border? What is wrong is the House of Representatives denying money for the wall and ignoring Trump's ideas for improving our healthcare system.

What is so wrong with ridding our country of thousands of MS-13 gang members?

What is so wrong with allowing America's generals to decide how to destroy ISIS and thereby reducing the ISIS caliphate in Syria and Iraq?

What is wrong with Trump's attempt to negotiate with our enemies to reduce the threat of wars?

What is wrong with a President having a private conversation with Ukraine as long as he is doing so without the intent to commit treason or bribery? He spoke with the President of Ukraine to discuss corruption in his country and ours with no quid-pro-quo.

In conclusion, what is wrong with a great patriot with great ideas for making America great preside over our country and not even take a salary for this arduous job in a hate-filled arena filled with the radical left, the Trump-hating media, and Trump-haters in the government?

Martha Morrissy Downey

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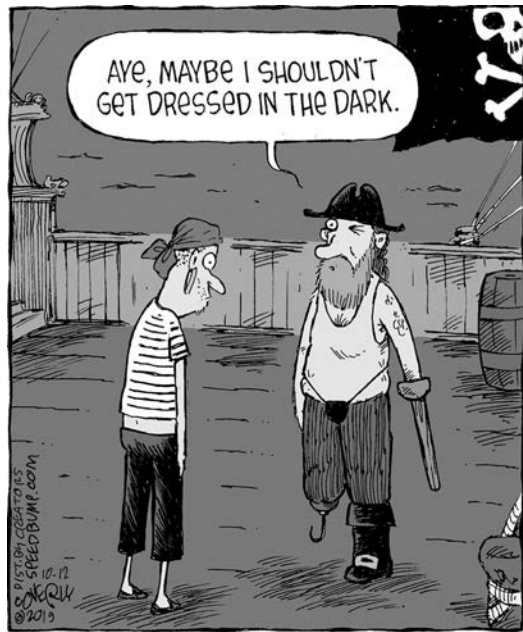
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SPEED BUMP



DAVE COVERLY



Downey Community Calendar

CITY MEETINGS

1st & 3rd Wednesday, 6:30pm: Planning Commission, Council Chamber at City Hall.
 1st Tue., 4:00pm: Recreation and Community Services Commission, Council Chamber, City Hall.
 1st Tue., 6:00pm: Emergency Preparedness Committee, at Fire Station No. 1, 12222 Paramount Blvd.
 2nd & 4th Tue., 6:30pm: City Council, Council Chamber.
 3rd Tue., 6:30pm: Library Advisory Board, at Downey City Library.
 4th Mon., 5 pm: Green Task Force, at City Hall.

Regularly Scheduled Meetings

MONDAYS

7 pm: Boy Scout Troop 2, at Downey United Methodist Church, call 869-6478.
 4:30 pm: Courage Forward Meeting, at 10829 New St, 2nd Floor, call 213-545-6810.
 2nd Mon., 11 am: American Legion Auxiliary #270, at United Methodist Church, call 304-3439.
 3rd Mon., 11:30 am: Downey Newcomers Club, call Marilyn 928-2623.
 4th Mon., 7:30 pm: Downey Numismatists, at Downey Retirement Center, call 862-6666.

TUESDAYS

9 am: Quilters group, at Good Shepherd Lutheran Church, call 803-4459.
 9:30 am: Downey Seniors Club, at Apollo Park, call Irene Vallini at 328-7039.
 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza at 652-4399.
 12 pm: Rotary Club, at Rio Hondo Events Center, call Nate Mahoney 416-1826.
 6 pm: Toastmasters Club 587, at First Baptist Church, contact Salvador Cervantes: tmsalcpuede@gmail.com.
 7 pm: Downey Knights of Columbus Bingo, at 11231 Rives Ave., call 923-1932.
 7 pm: Healing Room and Prayer, at Desert Reign Church 11610 Lakewood Blvd, call 861-6011.
 7:30 pm: Downey Master Chorale, at Cornerstone Church, contact info@downeymasterchorale.org.
 1st Tues., 7:30 am: Gangs Out of Downey, at City Hall training room.
 2nd Tues., 6 pm: Downey Fly Fishers, at Apollo Park, call 425-7936.
 3rd Tues., 6:30 pm: Community Emergency Response Team meeting, Fire station 1, 12222 Paramount.
 3rd Tues., 6 pm: American Legion #270, at Sizzler Restaurant, call 544-0372.
 Tues., Thurs. & Sat., 10 am: Downey Bocce Club, at 7850 Quill Drive, call John Fiorenza 652-4399

WEDNESDAYS

7 am: Kiwanis Club, at Rio Hondo Events Center, call Steve Roberson at 927-2626.
 1 pm: Women's Bocce Club, at 7850 Quill Drive, call Marie Puch at 869-4366.
 7 pm: Out Post 132 Royal Rangers, at Desert Reign Church, call 928-8000.
 1st Wed., 11 am: Woman's Club of Downey, call Cheryl Olson 833-8954.
 1st Wed., 11:30 am: Downey Coordinating Council, Community Center, call Bobbi Bruce 440-5416.
 1st Wed., 7:30 pm: Downey Stamp Club, at Maude Price School cafeteria, call 928-3028.
 2nd Wed., 11:30 am: Christian Women's Club, call Marilyn 928-2623.
 2nd Wed., 3:30 pm: Keep Downey Beautiful, at City Hall, call 904-7102.
 2nd Wed., 7:30 pm: Downey Model A Club, at Gallatin School Cafeteria, call 928-4132.
 3rd Wed., Downey Dog Obedience Club, for information please call Gina 869-5213 or Valerie 420-2972.
 3rd Wed., 10 am: Los Angeles County Quilters Guild, at Women's Club, call 860-8821 or 927-3635.
 3rd Wed., 10 am: OLPH Women's Guild, at OLPH School Auditorium, contact Melodie Santana, (562) 806 3102.
 3rd Wed., 6 pm: Sister Cites of Downey, at Downey City Library, call Gloria Nezahualcoyotl (562) 776-6136.
 4th Wed., 7:30 pm: US Coast Guard Aux. Flotilla 5-10, First Presbyterian Church, call Brian 419-5420.
 Wed. & Fri., 10:15 am: Senior Bingo, at Apollo Park, call 904-7223

THURSDAYS

7:30 am: Connections Networking, at Bob's Big Boy, for info., call Nick Smith, 861-5222.
 7:30 am: Soroptimist Int'l of Downey, for information, call Mia Vasquez, 806-3217.
 9 am: Crafters group, at Good Shepherd Lutheran Church, call 803-4459.
 9:30 am: Take off Pounds Sensibly, at Barbara Riley Senior Center, call (800) 932-8677.
 12 pm: Kiwanis Club of Downey, at Rio Hondo Events Center, call Roy Jimenez 923-0971.
 12 pm: Optimist Club of Downey, at Rio Hondo Events Center.
 6:30 pm: Downey United Masonic Lodge # 220, 8244 3rd St., call 862-4176.
 7 pm: Troop 351, Boy Scouts of America, at First Baptist Church, call 776-3388.
 7:30 pm: Downey Elks Lodge #2020, call 803-3557.
 1st Thurs., 12:00 pm: Downey Christian & Professional Luncheon, Sizzler's Restaurant, call James 310-1335.
 1st Thurs., 7:30 pm: The Downey Amateur Radio Club, at First Baptist Church room 120.
 2nd Thurs., 7:30 pm: Beaming Rebel Foxes Collectors Club, call Carl D. Jones at 923-2400.
 2nd & 4th Thurs., 6:30 pm: Downey Lions Club, at Mimi's, call Lenora (310) 283-9825.
 3rd Thurs., 4 pm: Public Works Committee, at City Hall Training Room.
 3rd Thurs., 6 pm: Downey CIPAC, at Sizzler's Restaurant, call Rich Tuttle 413-6045.
 4th Thurs., 10 am: Assistance League, at Casa De Parley Johnson, call 869-0232.
 4th Thurs., 7:30 pm: Downey Historical Society programs, at Community Center, call 862-2777.

FRIDAYS

7:30 am: Pro Networkers, at Mimi's Cafe, call Barbara Briley Beard at 869-7618.
 3rd Fri., 8:30 am: Women's "In His Glory" Ministry at Los Amigos C. C. 622-3785.

SATURDAYS

9 am: Farmers Market, Downey Avenue at 3rd Street, call 904-7246.
 4th Sat., 12:00 pm: Downey Arts Coalition, email contact@downeyarts.org.

On This Day...

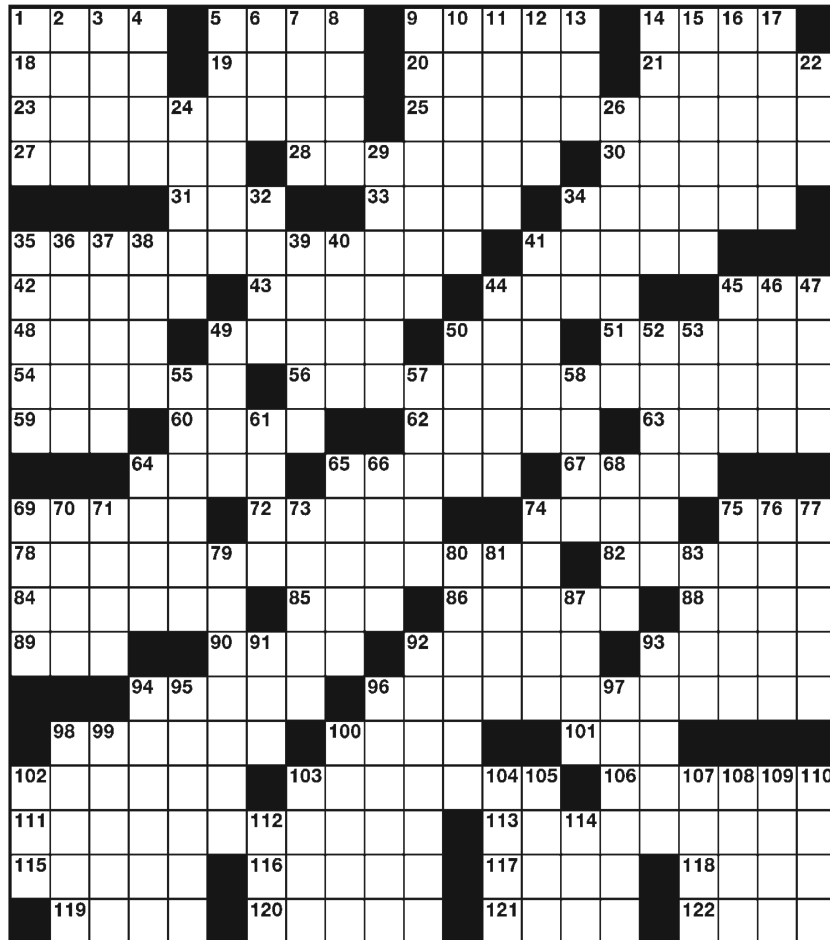
Oct. 10, 1886: The tuxedo dinner jacket made its U.S. debut in New York City.
1913: U.S. President Woodrow Wilson triggered the explosion of the Gamboa Dike that ended the construction of the Panama Canal.
1965: The Red Baron made his first appearance in the "Peanuts" comic strip.
2010: In China, Canton Tower opened to the public.

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
HIT YOUR STRIDE: In various ways
 by Mark McClain

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You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

the southeastern United States. considered an invasive species in many regions of the world, it is an important food source in "crandie," and is thus related to ultimately derived from the Latin unrelated to the footwear; it is SANBALOOD (56 Across) is Corazon Aquino. The word from 1992 to 1998, succeeding Fidel RAMOS (20 Across) served as President of the Philippines



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My memories of the Meralta and Avenue theaters

By Jim Stecklein
Downey Historical Society

In a recent edition of the Downey Patriot, an article appeared, written by Jim McMahon, who spent summers in Downey. Mr. McMahon related his experience in attending the two theaters in Downey during those summers, and in general, presented the theaters in a very negative manner.

My family lived in Downey from 1934 to 1999. During the period 1934-50, I attended the two theaters an average of once or twice each week. In rebuttal to Mr. McMahon's negative comments, I wish to present some positive aspects of these two centers of recreation for Downey residents.

Downey was fortunate to have two theaters while other small towns only had one -- or none. The Downey Theater (later renamed the Victory Theatre during World War II, and then renamed again as the Avenue Theater) located on Downey Avenue, between 2nd and 3rd streets, was the largest of the two theaters, and the admission cost 10 cents until the end of World War II.

The other theater, the Meralta, was a block further north, between 3rd and 4th streets, and was newer, better decorated, and had large lodge seats. Admission was 15 cents.

For the small price of admission you would see a full-length class "A" movie, plus a full-length class "B" movie, plus a 15-minute news film, plus a 10-minute cartoon, plus previews of coming movies. Often there would also be a 10-minute "specialty film."

If you wanted, you could stay in the theater to watch it all again a second time. A far cry from today's theaters which cost from \$8 to \$12 to watch one movie, and then you must leave the theater.

Both the Avenue and Meralta theaters were clean and the concession stands were well stocked with all the goodies like popcorn, ice cream, candy and beverages. The restrooms were clean. Each theater employed high school girls as usherettes who ushered people to their seats with flashlights. The girls dressed nicely in satin and silk pant suits.

The 1930s and 1940s were without television, which was not available in stores until about 1946. Even then, few people had television sets and programming was only on three channels, and later, seven channels, which ran only from 6 a.m. to midnight. So television did not originally cause people to stop attending the theaters, although the movie industry considered television a threat. Television programming in the early days featured only live wrestling and old movies.

Until television came around, Downey recreation was pretty much limited to radio, men's softball, one bowling alley, one miniature golf course, school tennis courts, and the two movie theaters. The theaters were the main recreation for everyone from 6 to 80 years old. The theaters would attract many families on Wednesday nights, when the theaters held drawings for bags of groceries, appliances, dishes, linens, etc.

The theaters were a source of employment for young people who worked in the concession stands, worked as usherettes, ticket sellers and takers, custodians, and marquee programmers. The theaters were clean and well maintained. All litter, food spills and lost items were removed from the audience area every night.

The Downey theater even provided a special soundproof viewing room in the balcony for mothers with crying babies so that mothers and fathers could watch films without disturbing other theater patrons. The soundproof room had small speakers similar to the drive-in movie theater speakers in later years.

The movie theaters continued as the main source of recreation in Downey and most communities until television programming expanded beyond the basic seven channels. There were only a few old movies on TV in those early days.

Seasoned actors and actresses, and other entertainers, initially avoided performing on TV and were skeptical of the longevity expected of TV.

Because television did not offer much variety, and certainly no first-run pictures, the movie theaters continued to be the most popular form of recreation for many people until the 1950s and 60s. Few, if any, of the cities of Southern California at that time had recreation departments that provided the wide array of recreational activities that are now provided by nearly every city.

Downey's two theaters provided a valuable recreation service for many years and were a positive factor in why people chose to live in Downey. Contrary to Mr. McMahon's recollection, from 1935 the films in the Downey theaters included

actors and actresses of various nationalities, not just white people. The names of just some were Leo Carrillo, Cesar Romero, Turham Bey, Jay Silverheels, Hattie McDaniels, Lena Horne, Rita Moreno, Anthony Quinn, Carmen Miranda, Jose Iturbi, Iron Eyes Cody and Sidney Poitier.

Theater patrons were not only white people. A large number of Mexican families attended the theaters every week. Downey's main industry prior to 1960 was orange groves. The oranges were shipped to other states as far away as Florida. A large number of Mexican men harvested the oranges and he Mexican women processed and packed them for shipping in railroad boxcars.

The work of these people was invaluable to the financial success of the Downey orange

ranchers.

I have no doubt about what Mr. McMahon was recounting in his personal experiences with the theaters, as those years were years of decline and closure for movie theaters. But my personal experience with these theaters, while living in Downey many prior years, was drastically different.

The long history of these theaters reveals that they were clean, well attended and an important part of the recreation life enjoyed by the citizens of Downey.

Jim Stecklein is a board member with the Downey Historical Society.

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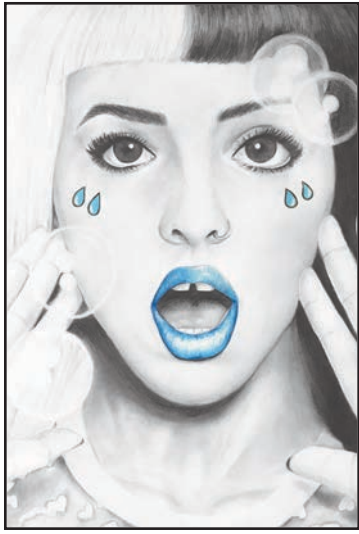
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SOUTH DOWNEY ARTIST OF THE WEEK



ARTIST: Marissa Ortiz
SCHOOL: Downey High
GRADE: 11

ARTWORK: "Blue Tears" is a drawing created using graphite and colored pencil.

Frisco's opening restaurant in Whittier

By Eric Pierce
Editor

WHITTIER - Frisco's Car Hop, a 1950s-style diner that previously operated a restaurant in Downey, is opening a new location in East Whittier.

The family-owned restaurant received approval from the Planning Commission on Monday to open at 16460 Whittier Blvd.

The 1,885 sq. ft. building is currently vacant, with a smog check facility operating in a rear building.

Frisco's Car Hop serves traditional American fare such as hamburgers, fries and milkshakes, delivered by servers dressed in poodle skirts and rollerskates. The restaurant currently has one location in City of Industry and previously operated a Downey location for more than 25 years.

"We're really excited to come here to Whittier," said restaurant owner Joanne Frisco Stathoulis. "I've lived here now for over 30 years, so I love the city here. And we're really excited about coming in."

Stathoulis said the new restaurant will be decorated in nostalgic American design, including 1950s gas pumps and real classic cars in the patio.

The restaurant has enough parking for 21 vehicles, including three spaces used by the smog facility. Restaurant staff will be equipped with portable tablets to take orders to help the drive-thru lane move efficiently.

The restaurant's planned hours of operation are 6 a.m. to 11 p.m. daily.

Planning commissioners approved the restaurant's conditional use permit on a 4-0 vote.

"Best of luck, congratulations, I'm looking forward to gaining a few pounds there," joked commission chair Charles Claver. "It's great to have Whittier residents opening businesses too, so that's awesome"



Frisco's is opening a restaurant at 16460 Whittier Blvd. in East Whittier. The restaurant previously operated a Downey location for 25 years.

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DOWNEY HAPPENINGS

FRIDAY, OCTOBER 11
OLPH School Fall Carnival, 6-10:30 pm. Join us for a weekend of fun. Carnival rides, tasty food booths, games and live entertainment for the whole family (Mr. Hermosillo's Trio and Adelaide). OLPH School, 10441 S. Downey Ave.

SATURDAY, OCTOBER 12
OLPH School Fall Carnival, 12-11 pm. Have fun with the family. Carnival rides, delicious food booths, games and live entertainment (Timba Timbao, Elemento 6, Playground Rejects and L.A. Vation). OLPH School, 10441 S. Downey Ave.

"Life" Screening, 1:30 pm. Part of the Glennfest Film Festival. Epic Lounge, 8239 2nd St.

"Trickster" Screening, 3:30 pm. Part of the Glennfest Film Festival. Epic Lounge, 8239 2nd St.

DHS Class of 1979 40th Reunion, 6 pm. Downey High's class of 1979 is celebrating its 40th anniversary. Cocktail reception starts at 6 p.m., followed by dinner and program at 7. Tickets are \$79 and can be purchased at downey1979reunions.org. The class also has a Facebook page. Embassy Suites, 8425 Firestone Blvd.

Little Willie G, 6:30 pm. Singer Little Willie G, best known as the voice of Thee Midnites, performs live. Plus comedy by Brian Swinehart and friends. Purchase tickets by calling Rowena at (562) 319-9883. First Baptist Church of Downey, 8348 3rd St.

SUNDAY, OCTOBER 13
OLPH School Fall Carnival, 12-8:30 pm. Carnival rides, variety of food booths, games and live entertainment (Mariachi Gallos de Oro, Charanga Cubana and Ghost Riders Band). Plus a car raffle or \$20,000 grand prize. OLPH School, 10441 S. Downey Ave.

MONDAY, OCTOBER 14
LivingHelp Center Golf Tournament, 11 am. 31st annual golf tournament in support of the LivingHelp Center. Cost is \$140 per golfer. Los Amigos Golf Course, 7295 Quill Dr.

THURSDAY, OCTOBER 17
Pink Patch Fundraiser, 5-9 pm. Downey police officers will be working as servers with all tips donated to cancer research organizations. Lazy Dog, 8800 Apollo Way

SATURDAY, OCTOBER 19
150th Anniversary Celebration, 3 pm. Join Downey First Christian Church as they celebrate their 150th year with festivities all weekend long. Downey First Christian Church, 10909 New St.

Spooky Science Night, 5-9 pm. Food trucks, games, a costume parade, and children's activities. Columbia Memorial Space Center, 12400 Columbia Way

Downey Symphony Concert, 8 pm. Titled "Passport to Passion," this concert features a solo by violinist Strauss Shi. Downey Theatre, 8435 Firestone Blvd.

SUNDAY, OCTOBER 20
Parade of Winners, 1 pm. The Downey Rose Float Association presents its 42nd annual Parade of Winners fundraiser, where one person is guaranteed to win \$10,000. Tickets are \$120. Rio Hondo Event Center, 10627 Old River School Rd.

Princess Trunk or Treat, 1-4 pm. Pumpkin carving, a spooky dance party, costume contest, vendors, and trick-or-treat with princesses. \$5-\$25. Belle's Enchantment Princess Parties, 12830 Paramount Blvd.

MONDAY, OCTOBER 21
Art of Rancho Exhibit, 6-9 pm. The 22nd Art of Rancho Exhibit features artwork created by nearly 40 patients of Rancho Los Amigos National Rehabilitation Center. Rancho Los Amigos, 7601 Imperial Hwy.

FRIDAY, OCTOBER 25
Latina Empowerment Day, 8:30 am to 3 pm. A one day intensive workshop series created to empower Latinas to increase their community impact and strengthen their skills and knowledge on a variety of issues. So Cal Gas Energy Resource Center, 9240 Firestone Blvd.

SATURDAY, OCTOBER 26
Wheelchair Seminar, 7:30 am to 5 pm. This two day course provides participants with basic concepts of seating and positioning, wheelchair mobility, and assistive technology for every day use. Rancho Los Amigos National Rehabilitation Center, 7601 Imperial Hwy.

One Day of Service, 9 am. Join Downey residents, businesses and service clubs in volunteer projects across Downey. The event begins with a kick-off celebration at Rancho Los Amigos National Rehabilitation Center, 7601 Imperial Hwy.

Drug Take-Back, 10 am to 2 pm. Drop off your unused, expired or unwanted prescription medication for proper disposal. Downey Police Department, 10911 Brookshire Ave.

Fiesta De Las Calaveras, 2-10 pm. Musical entertainment, beer garden, food trucks, facepainting, vendors, and more. Presented by Downey Rotary and Courage Forward. Stonewood Center, 251 Stonewood St.

SUNDAY, OCTOBER 27
Dia de los Muertos Taco Festival, 12-6 pm. 30+ vegan taco vendors, plus live music, costume contests, and more. \$20 admission includes one taco from each vendor. Los Amigos Golf Club, 7295 Quill Dr.

THURSDAY, OCTOBER 31
Halloween Pumpkin Patch, 5 pm. A family-friendly night full of tricks, treats and costume fun. Costume contests, free refreshments, and more. Downey Adult School, 12340 Woodruff Ave.

FRIDAY, NOVEMBER 1
Rotary/Arc Golf Tournament, 10:30 am. Annual golf tournament benefiting The Arc - Los Angeles & Orange Counties. \$175 per player includes 18 rounds of golf, cart, brunch, dinner, gifts and super mulligan package. Rio Hondo Golf Club, 10627 Old River School Rd.

SUNDAY, NOVEMBER 3
Nani in Concert, 6 pm. International singer, composer, pianist and trombonist Nani performs live. Temple Ner Tamid, 10629 Lakewood Blvd.

SATURDAY, NOVEMBER 9
Father-Con, 9:30 am to 3 pm. Father-cCn is the place for fathers to get on board with understanding the unique challenges we face and to get equipped to better protect our families, children and our communities. Warren High School, 8141 De Palma St.

Elf the Musical, 12 pm and 3 pm. Get in the Christmas spirit early this year with the beloved TV classic "Rudolph the Red-Nosed Reindeer: The Musical" as it soars off the screen and onto the Downey Theatre stage. Come see all your favorite characters from the special including Santa and Mrs. Claus, Hermey the Elf, the Abominable Show Monster, Clarice, Yukon Cornelius and, of course, Rudolph, as they come to life.

SUNDAY, NOVEMBER 10
Elf the Musical, 12 pm and 3 pm. Get in the Christmas spirit early this year with the beloved TV classic "Rudolph the Red-Nosed Reindeer: The Musical" as it soars off the screen and onto the Downey Theatre stage. Come see all your favorite characters from the special including Santa and Mrs. Claus, Hermey the Elf, the Abominable Show Monster, Clarice, Yukon Cornelius and, of course, Rudolph, as they come to life.

MONDAY, NOVEMBER 11
Veterans Day Ceremony, 10 am. A public ceremony paying tribute to those who have served our country. Columbia Memorial Space Center, 12400 Columbia Way.

FRIDAY, NOVEMBER 15
Live Rock, 8 pm. Progressive rock bands Queen Tusk, Trujillo Company and Love Blind perform live. Stardust Club, 7643 Firestone Blvd.

SATURDAY, NOVEMBER 16
Citizenship Clinic, 10 am. Free help with the N400 citizenship application, plus free eligibility consultations with immigration lawyers. Barbara J. Riley Center, 7810 Quill Dr.

SUNDAY, NOVEMBER 17
5K for 5 King, 7 am. The fourth annual 5K run honoring fallen Downey police officer Ricky Galvez. Pre-registration is \$30 until Nov. 7. Register online at racewire.com (5K for 5 KING). Columbia Sports Complex, 12400 Columbia Way

SUNDAY, NOVEMBER 24
Christmas Tree Brunch, 10 am. Join the Assistance League of Downey at their annual Christmas Tree Brunch, featuring live holiday entertainment.

Rio Hondo Event Center, 10627 Old River School Rd.

SUNDAY, DECEMBER 1
5K Elf Run, 9 am. Dress in your favorite elf attire for this fun 5K run/walk through Downey. Civic Center, 11111 Brookshire Ave.

Christmas Parade, 1 pm. Downey's annual Christmas Parade, put on by the Downey Chamber of Commerce. Downey Avenue, between Florence and 5th Street.

MONDAY, DECEMBER 2
Tree Lighting Ceremony, 6 pm. The City of Downey hosts its annual "tree-lighting" event. Downey Civic Center, 11111 Brookshire Ave.

SATURDAY, DECEMBER 7
Christmas Boutique, 10 am to 4 pm. Shop from a large selection of vendors selling candles, handmade gifts, vintage items, homemade slime, Lipsease, Scentsy, and more. Knights of Columbus, 11231 Rives Ave.

Medicare 101, 2:30 pm. Medicare can be complicated. This seminar will help clarify the different parts of Medicare to help you make the right decision between multiple plans. AppleCare partners with 12 different plans. AppleCare Medical Group, 11525 Brookshire Ave., Suite 300.

Pokemon Tournament, 2:30 pm. Standard format tournament with a \$5 buy-in. All ages welcome, maximum 30 players. Prize payout is based on attendance. Psycho Turtle Collectibles, 8428 Telegraph Rd.

THURSDAY, DECEMBER 12
Rock en Vivo, 8 pm. An art and music festival featuring live rock music. Ages 21 and older, \$10 cover. The Palms Steak & Seafood, 8060 Florence Ave.

SATURDAY, DECEMBER 14
Vendo-Rama Pop-up Shop, 11 am to 4 pm. Thirty-plus vendors selling food, clothing, home furnishings, toys, and one-of-a-kind items. St. Mark's Episcopal School, 10354 Downey Ave.

SATURDAY, DECEMBER 21
KidsCreate: Family Paint Day, 10:30 am to noon. Enjoy a fun-filled day of painting and creativity with your little one(s). Make lasting memories & take home your works of art. One ticket includes: Child-friendly paint theme, guided workshop, two take-home canvases (for you and your child), paint brushes & paint supplies, snacks & refreshments. Each additional child or parent is \$15. Stay Gallery, 11140 Downey Ave.

TUESDAY, DECEMBER 31
Shake, Rattle & Rock, 9 pm to 12 am. Ring in the New Year with entertainer Dean Z and music from Elvis Presley, The Beatles, Buddy Holly, Michael Jackson, and others. Downey Civic Theatre, 8435 Firestone Blvd.

WEDNESDAY, JANUARY 8
State of the City, 12 pm. Listen as Councilman Rick Rodriguez presents Downey's State of the City address. RSVP with the Downey Chamber of Commerce. Rio Hondo Event Center, 10627 Old River School Rd.

SATURDAY, JANUARY 18
Downey Symphony Concert, 8 pm. Titled "Happy 250th, Beethoven!," this concert features a solo by pianist Sung Chang. Downey Theatre, 8435 Firestone Blvd.

SATURDAY, FEBRUARY 29
Downey TLC 5K, 9 am. A 5K run/walk to benefit the TLC Family Resource Center. Apollo Park, 12544 Rives Ave.

OuteRimCon, 10 am. A oneday mini con presented by the Aerospace Legacy Foundation's speakers bureau. Columbia Memorial Space Center, 12400 Columbia Way

SATURDAY, MARCH 7
Walk for Water, 9 am to 1 pm. Join Downey High School's Thirst Project Club as they raise money and awareness regarding the global water crisis. Downey High football stadium, 11040 Brookshire Ave.

SATURDAY, APRIL 4
Willy Chirino in Concert, 8 pm. Cuban-born vocalist and bandleader Willy Chirino helped create the "Miami sound" of salsa music. He's performing live in Downey. Downey Theatre, 8435 Firestone Blvd.

SATURDAY, APRIL 11
Downey Symphony Concert, 8 pm. Titled "Sounds of America," this concert features a solo by percussionist Eric Guinivan. Downey Theatre, 8435 Firestone Blvd.

SATURDAY, MAY 9
Relay for Life, 10 am. Downey Relay for Life celebrates the 20th anniversary of its fight against cancer. This 24-hour event raises money for the American Cancer Society. Warren High School, 8141 De Palma St.

Compiled by Eric Pierce. Some events may charge admission fees. Email calendar listings to eric@thedownypatriot.com

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George Redfox, left, with Martha Sodevani and Gabriel Enamorado.

Historical society taps George Redfox as speaker

DOWNEY - Downey resident, historian and teacher George Redfox will be the guest speaker at the Downey Historical Society's Oct. 24 meeting.

Redfox's talk begins at 7:30 p.m. at the Barbara J. Riley Community Center.

A lifelong Downey resident, Redfox is a photography teacher at Warren High School, teaching both digital and black and white photography to our local youth.

Growing up in Downey during the 1970s and 80s, Redfox grew to love Downey's history. He formed the Downey Conservancy in 2010 as a nonprofit, which helped to save the original Taco Bell in Downey. The conservancy also organized the 65th anniversary celebration of the Speedy McDonald's.

In his spare time, Redfox enjoys being with his family and taking morning walks through Downey's classic ranch style neighborhoods.

Rudy Moreno performing here

DOWNEY - Veteran actor and comedian Rudy Moreno will headline a comedy night at Del Rio Lanes this Saturday, Oct. 12.

In addition to Moreno, also scheduled to perform is Lamont Bonman, Perry Kurtz, Joey Cruz and Donna Maine. Enrique Hernandez is the host.

Showtime is at 8 p.m. Tickets are \$15 and includes choice of well drink or beer.

City extends moratorium on subdivisions

DOWNEY - City staff has been given another year to try and answer the issue of large lot subdivision.

After initially being set and receiving a 10-month, 15-day extension in November of last year, the moratorium on the subdivision of single-family residential lots of 20,000 square feet and higher was set to expire on Nov. 27.

According to staff reports, a majority of the city is dedicated for single-family residential use, including approximately 51 percent of the net acreage and 83 percent of the total parcels within the city zoned R-1.

In recent years, the city has received several requests to divide several of the larger R-1 lots and divide them into several smaller sublots.

With several concerns still lingering on what potential impacts large-lot subdivision may have on the city's infrastructure, staff requested an additional 12-months to conduct further review.

Staff can bring the issue back to council for action early if a conclusion is made before the moratorium has expired.

Alex Dominguez, staff writer

Woman's Guild seeks new members

DOWNEY - The Woman's Guild of Our Lady of Perpetual Help Church is inviting women of Downey parishes to join their fellowship.

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Shirlee was born in Elyria, Ohio on June 31, 1928. She spent her early childhood in Cleveland and moved with her mother to join her grandparents in Los Angeles in the early 1930s, when she was in Kindergarten. There, she grew up in East Los Angeles. Shirlee was raised by a single mother, Marie Jaczko, a first-generation Hungarian-American, and her Hungarian grandparents Arpad and Katherine. Shirlee attended Garfield High School, graduated from Woodrow Wilson High and attended Los Angeles City College for a semester.

Raised in the proud Hungarian community of Los Angeles, she went with her mother and grandparents to Hungarian-American cultural events, celebrating the music, language, and food of their immigrant culture, and meeting Hungarian-American celebrities, like Bela Lugosi.

As an only child of a single mother raised during the Great Depression, Shirlee developed a strong sense of self-reliance, a gentle tenacity, and a desire to keep things orderly (what today we would call strong organizational skills).

As a child, Shirlee loved to read (Black Beauty, Lad A Dog) and play the violin. She was profoundly touched when her grandfather gave her his own personal violin once she grew to a proficiency that he deemed appropriate. She played that violin in her school orchestras in junior high and high school and it remained one of her most important possessions. A lifelong animal lover, Shirlee enjoyed childhood homes full of cats and dogs.

Shirlee met her husband, John (Jack), when they were both working at the Pillsbury Grain Mills, where Shirlee was an office manager. Once married and having 2 children, Shirlee applied her gentle persistence and sense of organization in building a loving nurturing and orderly home for husband Jack, son John, and son Stephen. Of course, their house was still full of dogs, cats, a parrot, a parakeet, and more. During the great social struggles of the 1960's, both Shirlee and her husband Jack raised their boys in a spirit that celebrated tolerance and diversity, and they were active in politics. Shirlee and Jack bought their home in Downey in 1967 and she lived there the rest of her life.

Her quiet demeanor sometimes hid her determination. Shirlee didn't hesitate to make her views known even when they challenged conventional wisdom. She had little tolerance for the self-important, on the national stage or in one of the organizations she so valued. She was a realist and didn't romanticize. Still, having nice things (like a nice house in a nice town) meant a lot to Shirlee.

Shirlee remained close to her own mother and cared for her as she aged with love, patience, and some bemusement. She had a lifelong friendship with her uncle Al Jaczko and his wife, Renate. Shirlee and Jack, Al and Renate, had season tickets to the Los Angeles Civic Light Opera for decades, and some of the best seats in the Dorothy Chandler Pavilion.

When her husband Jack passed, Shirlee never hesitated. She just moved on to new possibilities, taking computer classes at the adult school, travelling with friends to Thailand, Japan, China, and Europe.

Mastering the intricacies of parliamentary procedure, she became a Registered Parliamentarian, a skill she put to good work while participating in her club work. Shirlee was an active member of the Downey Woman's Club, the friends of the Downey Library, and the Southeast District Lawyers Wives/Auxiliary. However, with Jack's passing, the Downey Women's Club became her increasing focus.

Shirlee was a 30 plus year, member of the Downey Woman's Club Scholarship Committee. The scholarship for Music given out by the DWC has been named in her honor.

Shirlee helped to found the Downey Woman's Club weekly Thursday bingo game, which over its 25-plus year tenure has raised over \$500,000 for Rancho Los Amigos hospital.

She also chaired the Woman's Club Rental committee until she was 89 years old, an arduous job that required her running to the club at odd hours and negotiating with different caterers and renters—but she had a system in place and always had her tenacity to keep her going.

Over the years, Shirlee developed many long-lasting friendships through her club work. And, while being 91, she has seen many of her friends pass on, many remain.

It is these friendships that have helped ease her burdens in the last 6 months as her health declined. Her friends visited regularly to check on her, to keep her posted on the latest happenings at Club and Bingo, and sometimes just to sit with her.

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OP-ED: Speakers questioning mayor's health should be ashamed

By Alex Dominguez
Staff Writer

I was absolutely appalled with what I witnessed at Tuesday's City Council meeting.

I knew it was going to be an active meeting when I walked in about 15 minutes before Mayor Pro Tem Blanca Pacheco opened proceedings; one side of the chamber's seats was practically filled with people who I could tell

weren't just there to see their kid get an award.

I recognized one of the individuals in the crowd as Catherine Alvarez, a woman I had just recently interviewed about the rent situation at Eden Roc Apartments. Judging by the like-dressed people she was sitting with, I (accurately) figured that she and her peers were there to speak about rent control.

I knew that the issue was almost completely out of the

Council's hands, but I will always support when community members approach council to speak their mind on an issue; it takes courage, and it's a refreshing departure from the usual instigators and trouble makers who tend to speak.

But the first sign of the trouble to follow came when the roll was called. After it was announced that Mayor Rick Rodriguez was excused, someone from the mostly blue-clad audience shouted, "Why?"

Calmly, Mayor Pro Tem Pacheco explained that Rodriguez was out for medical reasons. That should have been the end of it.

Alvarez was the first to approach the podium when the non-agenda public comment period arrived.

As expected, she spent most of her time speaking on rent control and AB 1482, a rent capping law that had been signed by Governor Gavin Newsom earlier that very day.

But then she said something that gained a collective groan from a handful of people in the audience, myself included: The mayor should have shown up to the meeting, regardless of his health issue.

Pacheco stepped in again, reiterating that Rodriguez was very ill.

Alvarez doubled down. She was at the meeting, and she has a broken foot.

Alvarez wasn't the only person to question Rodriguez's absence. There were several who followed, all with the similar narratives of, "I'd still have to work if I were sick," and "He needs to step down if he can't do his job."

City Manager Gilbert Livas eventually stepped back into the conversation, and with what seemed to be a sigh of exasperation (or maybe resignation), he offered up a piece of information that had been kept on a relatively need-to-know basis: Mayor Rodriguez is currently hospitalized.

If anything, I thought that would have put a stop to the nonsense.

Yet even the most private of information wasn't enough to stop one of the final speakers of the night to almost gleefully call for constituents to consider a recall of the mayor over his health, which was met with thunderous applause and cheers.

Let's get one thing out in the open: The mayor is very sick. He's not a little sick. He's not kind of sick. He doesn't have a broken foot.

I had the responsibility of interviewing Rodriguez a couple of weeks ago when questions first started to arise concerning his recent absence and the postponement of his State of the City address.

He was very open and honest with me about his situation, although he did ask me to keep details vague and private; it's a request that I feel honored.

The details concerning Rodriguez's health is not my business to tell anyways, and quite frankly, isn't yours to know either.

The one thing I will disclose from that conversation is that what has been going on has been going on for a long time, and Rodriguez has continually put on a brave face and a smile as he continued to fulfil his mayoral duties.

If that is inappropriate for me to share, then Rick, I apologize and hope you'll forgive me for it.

But for a speaker to approach the council and take jabs at the mayor over a personal matter they know nothing about is not only disrespectful and inappropriate, it is a complete misuse of the dais.

I'm not going to pretend that I have always agreed with Mayor Rodriguez; although indirectly, he and I have butted heads on occasion and have had to have a few of those awkward conversations that journalists and politicians so often do.

However, if there is anything



Mayor Rick Rodriguez receives a visit in the hospital by members of the Downey Police Department.

Photo courtesy Rick Rodriguez



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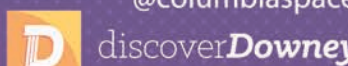
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I do know about Rick, it's that he loves Downey almost to a fault. He believes in Downey. He fights for Downey.

Our current Mayor has a passion for his city that is reflected in, among many things, his work ethic. If he were physically able to be there, he would be.

If you believe or suggest otherwise, you simply do not know Rick.

In the meantime, Downey's government is operating the way it is designed to operate. With Rodriguez currently incapacitated, Pacheco has stepped in and taken over in his stead as the Mayor Pro Tem. To this point, she has done a fine job, and I gained immense amounts of respect for her at

this last meeting.

Her cool, calm, and collected head in the face of the recent adversity provides great confidence in her continued, future role as a Downey Council member, and, quite possibly, as our next mayor.

Those speakers who chose to use Rodriguez's health as a tool to try and elevate their own agenda should really take a good, hard look at themselves in the mirror.

Not only were your actions on Tuesday disgusting, they were a total disgrace of how a public forum should operate.

Shame on you.

Construction forces cancellation of Dia de los Muertos event

DOWNEY - One of Downey's signature events, the annual Dia de Los Muertos Art Festival, has been postponed for one year because the festival's staging area at the Civic Center, which includes the library and the Downey Theatre's patio and courtyard, are all being modernized and renovated as part of the city's Measure S initiative.

Since 2013, the City of Downey and the Downey Theatre have presented the Downey Dia de Los Muertos Art Festival, attracting upwards of 35,000 area residents and families to the downtown civic area for the all-day, family-friendly event.

Attractions included ballet folklorico, music, film, fine art, street art, car art, food trucks, altars and much more.

Measure S is a \$50 million voter approved initiative to improve and upgrade facilities throughout Downey, such as parks and fire stations.

Next year's 7th annual Downey Dia de Los Muertos Art Festival is scheduled for Nov 1, 2020.



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Traveling from Afar



Short Stories

By Gail Earl Contributor

I'd like to tell you about the fun I've been having lately.

My sisters and I have done a lot of traveling together. Lately, I just haven't felt like traveling abroad. My husband and I have been spending a lot of time at our house on the Colorado River, which we always love, so Jan booked a 15-country adventure for herself.

Jan and I figured out that we can call each other on Messenger and have face to face calls for free anywhere in the world. This way, Jan can call me and turn her phone around and show me everything she is seeing in all these different countries. We have been doing it every day and she has shared all the sites with me.

Today she is in Amsterdam and I so look forward to seeing the homeland of our grandparents. I've watched her touch the remains of the Berlin Wall, cruise down the canals in Norway and Denmark. I strolled along with her down the waterfront in Poland, Lithuania and Finland. She shared St. Petersburg, Russia and Stockholm, Sweden.

Every call we share makes me wish I had actually gone with

her. We are best friends and we are at least glad to see each other's face every day and talk about the amazing places she's seeing. I'm sure we will travel again in the future but for now I'm very content at home.

I thought I'd share some of the lessons I've learned while traveling with my sister.

Don't ever just hold out your hand full of change and expect the shopkeeper to take only what is really necessary.

Don't ever forget the name of your hotel. Bus drivers don't enjoy the game of you just explaining that the hotel had a swan on the front of the building.

Don't ever leave your mom unattended so that she might jump on the wrong bus and end up "who knows where" in Europe.

In Italy, don't ever piss off a policeman. Enough said.

In Mexico, don't hit men over the head with big paper flowers, even if you do perceive them as leering, dirty old men.

In London, don't panic when they come to the door and say your luggage was not on the plane. It usually catches up with you in a day or two.

Don't take bar glasses in your suitcase and expect customs not to notice.

Don't steal gold crayons

from Westminster Abbey after completing your brass-rubbing picture. It horrifies your sister when she sees it in your photo and souvenir album.

In Switzerland, don't sit laughing hysterically as the hand-held shower nozzle falls off and the hose whips around violently and floods the room.

In Rome, don't ever soak your hot, tired, achy feet in the bidet. Your sisters will never let you live it down.

In Venice, don't ever sing louder than the gondolier. They take their jobs very seriously.

Don't forget your surroundings. When the phone rings and you go to jump out of bed, only to plow your head into the wall, sisters find it very amusing.

Remember, alcohol hits you harder because of the altitude. Ordering a double Bloody Mary equals an eight-hour nap.

Time your sleeping pills carefully. Never take them 5 minutes before the captain announces, "We will be landing momentarily."

In Switzerland, never and I do mean never, use a tweezer to pull out an adapter from a wall socket.

Once you get home, even though you enjoyed your adventure, remember there's no place like home. And last but not least, be flexible. In traveling as well as in everyday life, unexpected things happen. Remember, it's all about the journey.

Gail Earl is a member of the writing class offered through the Cerritos College Adult Education Program. It is held off-campus at the Norwalk Senior Center.

Short Stories

By Anthony Caldwell Contributor

I had heard that Jimmy and a movie actress (possibly Donna Reed) had visited a neighbor and were dropped off by a big limousine, but I guess I was in school and missed it. So, I kept up my interest, and this is one of my most complete stories.

James Maitland Stewart was born in a small town and helped out in the family's general store. James plotted the flight of Lucky Lindberg's sold to Paris, France, and got hooked on aviation, after a flight with a barnstormer. He kept up with it until the end of his life.

He took an acting part to round out his studies, and a talent scout picked him out for an audition at the group's performance for Warner Brothers' Studios.

He played several heavy (villain) parts and it helped pay for flying lessons at local fields, like Burbank.

The studios became worried when he was learning multi-engine air training, and passed!

He joined the Air Force just before WWII, barely passing the height restriction of 6-feet,

4-inches.

When the war began, he was pulling guard duty and went through the military flight schools.

Now the studios were really worried and tried to get him stationed stateside as an instructor. He became very proficient as a bomber pilot of B-17's and B-24's.

"Jimmy" pulled strings and went on to deliver a bomber to England. The studio management and all government agencies tried to keep him out of combat, but the need for pilots was so great that he advanced up the ranks to become squadron leader, then to a very dangerous command of a "Pathfinder Group."

He was credited with saving several missions with his navigational skills and "coolness" in combat situations. No one accurately counted his missions because he went along on so many flights that no one really knows.

As newer planes and well-trained pilots came along and made up for the losses, he finally became a flight commander on the ground insuring that all was being done correctly, except for unexpected ride along flights.

When the war was over, he was on a troop ship arriving in

New York Harbor and on troop trains headed for home. He said he shook every hand he was with.

The studio wanted him to make war movies like Audie Murphy, and he refused. He told them, "The real heroes are all buried or missing over there, I won't make a penny on their lost lives." And he never did.

He played in aviation films like Lindberg's famous flight "Strategic Air Command," and I saw "Flight of the Phoenix" at the Avenue Theater in Downey (more on this subject in another story).

He was the Six Shooter on the radio and other films, and I always admired him as a hero.

His wife said he was always a perfect husband, father, and gentleman. He went to England to visit Old Buck, U.S. Air Base (now an historical English landmark). He met a lot of his old flying friends for the last time in his life.

His statue and bronze bust is in his hometown...their hero and mine.

Anthony Caldwell is a member of the writing class offered through the Cerritos College Adult Education Program. It is held off-campus at the Norwalk Senior Center.

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 <p>Business For Sale! Well established Restaurant in Santa Fe Springs. Family owned & operated, seats 65 with beer and wine license. \$80,000.</p>	 <p>EXCLUSIVE! Immaculate Downey Home! Move in ready home! Large living room w/ fireplace, 3 BD, updated kitchen, large pool & RV parking! \$699,999.</p>	 <p>CALL NOW! 3901 GLENBROOK DOWNEY</p>	 <p>Fall is here! YOU CAN BE IN YOUR NEW HOME BY THE HOLIDAYS!</p>	 <p>IN ESCROW! North Downey Home You won't want to miss this recently updated 2 BD, 2 BA home in prestigious N. Downey. Huge family room, living room & lush backyard. Must see! Mario Did It Again!!</p>
 <p>IN ESCROW! Priced to Sell Charming Pico Rivera home with 3 BD, 2 BA, living room, dining room, huge family room w/ fireplace & spacious kitchen. \$599,900.</p>	 <p>IN ESCROW! Didn't Last! Starter home in Bell Gardens. 2 BD, 1 BA, large lot with a 2 car garage. \$399,999. We can sell yours, too!</p>	 <p>Just Listed in Downey Come and enjoy this 3 bedroom, 3 bath Condo in a great North Downey location. New paint and carpet, new doors, large master bedroom with vaulted ceilings and attached bath. Two car garage with washer/dryer hookups and patio area. Call Jimmy to view today! 562-400-2148</p>	 <p>VICKI CAN HELP! Give Vicki a call today! 562-367-9520</p>	 <p>SOLD! Anaheim Hills Home 4 bedrooms 3 bathrooms 2,303 sq. ft. I can help you sell your home, too! SOLD! SOLD! SOLD! Mario Did It Again!!</p>
 <p>DOWNEY! Unique Charm 3 BD, 2 BA Downey home w/ spacious dining room, family room w/ fireplace & rumpus room. Must see this home! \$678,900.</p>	 <p>IN ESCROW! Sold in One Day! 3 bedroom, 1 bath on a 9,100 sq. ft. lot! Call us to get your property SOLD! 562-618-0033</p>	 <p>JOIN OUR EXCITING 24 HOUR TEAM!</p>	 <p>Pam Lee REALTOR® 562-537-1134 PamLeeRealtor@gmail.com DRE #01750256</p>	 <p>SOLD! Condo in Anaheim Hills 3 BD 3 BA nearly 1,200 sq. ft. Association pool, BBQ area & gym. SOLD! SOLD! SOLD! Mario Did It Again!!</p>
<p>FALL SPECIAL Prepare your Living Trust! Package includes: Will, Trust, Advance Health Directive, Financial Power of Attorney, & One Grant DEED. \$50 Discount New Clients Only! Expires 10-30-19</p>	<p>PREMIERAGENT ★★★★★ The power of <i>Blue</i> and <i>Itella</i> "Marie & Angelo found us the ideal house & helped w/ every single step of what ended up being a very long, drawn out process on the sellers side. She was helpful & quick to take care of every little detail. I highly recommend working with this team. They know how to do their jobs well." We can help you too! 562-618-0033.</p>	<p>WHY JOIN WITH US?</p> <ul style="list-style-type: none"> ✔ FREE Super Star Marketing Support ✔ 24/7 Office Access and Support ✔ FREE Smart Start Training ✔ FREE Marketing Makeover ✔ *Earn Your Real Estate License for FREE 	<p>SOLD! Bungalow Duplex! This charming California bungalow duplex has 2 houses on a lot. Each house includes 2 bedrooms & 1 bath. Call Pam for a FREE market analysis of your home at 562-537-1134. PamLeeRealtor@gmail.com</p>	<p>YOUR HOME COULD BE HERE LET MARIO DO IT FOR YOU, TOO! Call him at 562-533-7433</p>
<p>CARRIE UVA Downey Born, Raised & Educated! Selling Downey Homes for 27 Years! EXPERIENCE YOU CAN TRUST!</p>	<p>CHECK OUT our 89 REVIEWS on www.Zillow.com PICARELLI ANGELO & MARIE</p>	<p>CALL US TODAY! 562-233-5200</p>	<p>MARIO PERSICO BORN EDUCATED LIVES WORSHIPS SELLS IN DOWNEY 562-533-7433 #MarioDidItAgain #ItsNeverJustBusinessItsAlwaysPersonal</p>	



MICHAEL BERDELIS
"THE 24 HOUR AGENT!"
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24 HOUR Real Estate
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 <p>Great Starter Home!</p>  <ul style="list-style-type: none"> • 2 bedrooms • 1 bathroom • 806 sq. ft. • 5,107 sq. ft. lot • Freshly painted interior • New flooring <p>LIST PRICE \$525,000</p>	 <p>Great North Downey Location!</p>  <ul style="list-style-type: none"> • 3 bedrooms 2 bathrooms • 1,708 sq ft living space • 7,487 sq ft lot • Remodeled kitchen • Master bedroom with private bath • Family room with fireplace <p>LIST PRICE \$699,950</p>	 <p>Everyday Can Be A Staycation!</p>  <ul style="list-style-type: none"> • 5 bedrooms 4 bathrooms • 4,280 sq. ft 8,619 sq. ft. lot • Remodeled kitchen • Spacious master bedroom • Resort-like backyard with rock pool/spa <p>LIST PRICE \$1,649,000</p>
 <p>Tri-Level Townhome</p>  <ul style="list-style-type: none"> • 4 bedrooms 4 bathrooms • 1,980 sq. ft. living space • Living room with dining area • Electric car charger in garage • Association pool & spa <p>LIST PRICE: \$619,950</p>	 <p>Don't Miss Out!</p>  <ul style="list-style-type: none"> • 3 bedrooms 1 bathroom • 1,070 sq ft • 4,641 sq ft lot • Updated kitchen and bathroom • Central air and heat 2 car detached garage <p>LIST PRICE: \$479,950</p>	 <p>A Grand Estate</p>  <ul style="list-style-type: none"> • 7 bedrooms & 7.5 bathrooms • 6,734 sq. ft. 11,392 sq. ft. lot • Extra large 3 car garage • Built in 2010 • 2 BD, 1 BA guest quarters <p>LIST PRICE: \$1,799,000</p>

Halloween

DOOR DECORATING CONTEST!

Is your home BOO-tiful enough to win?

Email MichaelBerdelis@gmail.com to enter today!



JUDGING WILL BE OCT. 23RD & 24TH
DEADLINE TO ENTER OCTOBER 21, 2019

PRIZES:

- 1st Place: 4 tickets to Knott's Scary Farm*
- 2nd Place: Halloween basket full of treats
- 3rd Place: Halloween basket full of treats

*1st Place prize will be 4 tickets or the equivalent amount given as a gift card to Knott's Berry's Farm.

For Downey Residents Only